

## 53rd NATIONAL OPEN ATHLETICS CHAMPIONSHIPS-2013

RANCHI { JHARKHAND} \* 07th TO 10th September 2013 \*

\*~\*~\* FINAL RESULTS \*~\*~\*

## Event # 1 MENS 100m

TIME:- 18:15 HRS

08/09/2013

# N.R.:ANIL KUMAR P. NEW DELHI 10.30 24.08.2005

% M.R.:ANIL KUMAR P. SSCB 10.37 OCT-2001

## FINAL

1	ANIRUDDHA GUJAR, .	LIC	-0.2m/s	10.46
2	S.SATHYA, .	TAMILNADU	-0.2m/s	10.66
3	ABDUL NAJEEB QURESHI, .	ONGC	-0.2m/s	10.67
4	AMIYA KUMAR MALLICK, .	ODISHA	-0.2m/s	10.69
5	MANIKANDA ARUMUGAM, .	RAILWAYS	-0.2m/s	10.69
6	GANESH SATPUTE, .	RAILWAYS	-0.2m/s	10.84
7	BALAMURUGAN, .	TAMILNADU	-0.2m/s	10.88
8	AL AMEEN, .	TAMILNADU	-0.2m/s	10.98

## Semi Final-1

1	S.SATHYA, .	TAMILNADU	-0.3m/s	10.61
2	MANIKANDA ARUMUGAM, .	RAILWAYS	-0.3m/s	10.63
3	HUSANDEEP SINGH, .	CHANDIGARH	-0.3m/s	10.92
4	VIDYA SAGAR, .	SERVICES	-0.3m/s	10.95
5	VAISHAK N., .	ALL INDIA UNIVERSITY	-0.3m/s	10.95
6	ARIVANANDAN, .	MANIPUR	-0.3m/s	11.00
7	RAHUL G PILLAI, .	AIPSCB	-0.3m/s	11.23
8	SONU, .	HARYANA	-0.3m/s	11.80

## Semi Final-2

1	AMIYA KUMAR MALLICK, .	ODISHA	-0.7m/s	10.70
2	GANESH SATPUTE, .	RAILWAYS	-0.7m/s	10.80
3	AL AMEEN, .	TAMILNADU	-0.7m/s	10.88
4	BOPANNA G.N., .	KARNATAKA	-0.7m/s	10.89
5	K.SIVA SENTHIL, .	JHARKHAND	-0.7m/s	10.96
6	RAHAMATULLA MOLLAH, .	WEST BENGAL	-0.7m/s	10.98
7	AKASHDEEP SINGH, .	CHANDIGARH	-0.7m/s	11.15
8	MUKESH PATHAK, .	RAJASTHAN	-0.7m/s	11.36

## Semi Final-3

1	ANIRUDDHA GUJAR, .	LIC	+0.0m/s	10.61
2	ABDUL NAJEEB QURESHI, .	ONGC	+0.0m/s	10.66
3	BALAMURUGAN, .	TAMILNADU	+0.0m/s	10.87
4	S.VELAYUDAM, .	PONDICHERRY	+0.0m/s	10.94
5	YESU RAJ, .	SERVICES	+0.0m/s	10.97
6	RITESH ANAND, .	RAILWAYS	+0.0m/s	10.97
7	ASHISH LOHAN, .	CHANDIGARH	+0.0m/s	11.04
8	KARANDEEP SINGH, .	PUNJAB	+0.0m/s	11.31

## Heat-1

1	BALAMURUGAN, .	TAMILNADU	+0.1m/s	11.06
2	VAISHAK N., .	ALL INDIA UNIVERSITY	+0.1m/s	11.16
3	SUKHWINDER SINGH, .	RAJASTHAN	+0.1m/s	11.23
4	SOMOKANT SETHI, .	MANIPUR	+0.1m/s	11.46
5	AMANDEEP SINGH, .	PUNJAB	+0.1m/s	11.64
6	TARIT SINGHA ROY, .	OFSPB	+0.1m/s	12.27
7	JAGJIT, .	HIMACHAL PRADESH	+0.1m/s	12.43
	S.SATHYASEELAN, .	ASSAM		DNS

## Heat-2

1	SONU, .	HARYANA	+0.1m/s	10.89
2	VIDYA SAGAR, .	SERVICES	+0.1m/s	10.93
3	JAYA PRAKASH SHETTY, .	MADHYA PRADESH	+0.1m/s	11.11
4	B.LEELA VARA PRASAD, .	ALL INDIA UNIVERSITY	+0.1m/s	11.39
5	UDAI KUMAR, .	UTTARAKHAND	+0.1m/s	11.50
6	RAJENDER SETHI, .	COAL INDIA	+0.1m/s	13.19
	ANAKIT TOMER, .	BIHAR		DNS
	SALIM SHAIKH, .	GUJRAT		DNS

## Heat-3

1	AMIYA KUMAR MALLICK, .	ODISHA	+0.0m/s	10.89
2	AKASHDEEP SINGH, .	CHANDIGARH	+0.0m/s	11.09
3	S. SATHASEELAN, .	MANIPUR	+0.0m/s	11.10
4	GURKARAN SINGH, .	DELHI	+0.0m/s	11.53
5	MONU, .	HARYANA	+0.0m/s	11.54
6	PRAVIN, .	CHHATISGARH	+0.0m/s	12.50
	AJITH ITTY VARGHESE, .	KERALA		DNS
	GURJEET SINGH, .	JHARKHAND		DNS

## Heat-4

1	GANESH SATPUTE, .	RAILWAYS	+0.0m/s	11.00
2	RAHAMATULLA MOLLAH, .	WEST BENGAL	+0.0m/s	11.06
3	ASHWANI SHARMA, .	DELHI	+0.0m/s	11.10
4	ANOOP P K, .	KERALA	+0.0m/s	11.11
5	D.ZERO, .	PONDICHERRY	+0.0m/s	11.12
6	PANKAJ RAI, .	MADHYA PRADESH	+0.0m/s	11.77
	MASGUL RASOOL, .	1 GUJRAT		DNS

	ANDY FERNANDES, .	GOA		DNS
<b>Heat-5</b>				
1	S.SATHYA, .	TAMILNADU	+0.2m/s	10.71
2	HUSANDEEP SINGH, .	CHANDIGARH	+0.2m/s	10.96
3	ARUN KUMAR V., .	KARNATAKA	+0.2m/s	11.32
4	C. SANJEEV, .	ANDHRA PRADESH	+0.2m/s	11.37
5	ANKUR SHARMA, .	HIMACHAL PRADESH	+0.2m/s	12.35
6	CHANDRASEKHAR, .	OFSPB	+0.2m/s	12.50
	IRFAN SHAIKH, .	GOA		DNS
<b>Heat-6</b>				
1	ANIRUDDHA GUJAR, .	LIC	+0.0m/s	10.85
2	RITESH ANAND, .	RAILWAYS	+0.0m/s	11.10
3	RANIJITH K. G, .	AIPSCB	+0.0m/s	11.14
4	GOURAV, .	HARYANA	+0.0m/s	11.26
5	SUNEESH BABU, .	KARNATAKA	+0.0m/s	11.61
6	ASHISH PRATAP SINGH, .	UTTAR PRADESH	+0.0m/s	11.70
	RENIL JOHN, .	MADHYA PRADESH		DNS
<b>Heat-7</b>				
1	KARANDEEP SINGH, .	PUNJAB	+0.0m/s	11.23
2	MUKESH PATHAK, .	RAJASTHAN	+0.0m/s	11.30
3	SATYAVAR SINGH, .	SERVICES	+0.0m/s	11.31
4	RAHUL PANWAR, .	DELHI	+0.0m/s	11.38
5	W.JOHN NY NIKELSON, .	PONDICHERRY	+0.0m/s	11.53
6	ROHIT, .	HIMACHAL PRADESH	+0.0m/s	12.08
	SATYAVEER SINGH, .	UTTAR PRADESH		DNS
<b>Heat-8</b>				
1	MANIKANDA ARUMUGAM, .	RAILWAYS	+0.1m/s	10.93
2	ASHISH LOHAN, .	CHANDIGARH	+0.1m/s	11.05
3	AMARVIR SINGH, .	PUNJAB	+0.1m/s	11.15
4	P.MEGHANT NAIDU, .	CHHATISGARH	+0.1m/s	11.81
5	JITANDER SINGH, .	JHARKHAND	+0.1m/s	11.94
	ANIK NAIK, .	GOA		DNS
	YUSUF KHANSAMA, .	BIHAR		DNS
<b>Heat-9</b>				
1	ABDUL NAJEEB QURESHI, .	ONGC	+0.0m/s	10.78
2	ARIVANANDAN, .	MANIPUR	+0.0m/s	10.94
3	K.SIVA SENTHIL, .	JHARKHAND	+0.0m/s	10.95
4	RAHUL G PILLAI, .	AIPSCB	+0.0m/s	10.96
	DEVENDER KUMAR, .	COAL INDIA		DNS
	G.ARIVAMANDAN, .	ASSAM		DNS
	BOPANNA GN, .	GUJRAT		DNS
<b>Heat-10</b>				
1	AL AMEEN, .	TAMILNADU	+0.2m/s	10.75
2	BOPANNA G.N., .	KARNATAKA	+0.2m/s	10.81
3	YESU RAJ, .	SERVICES	+0.2m/s	10.89
4	S.VELAYUDAM, .	PONDICHERRY	+0.2m/s	10.90
5	CH.ESWAR REDDY, .	ANDHRA PRADESH	+0.2m/s	11.13
6	GURVIR SINGH, .	RAJASTHAN	+0.2m/s	11.18
7	KOMMU GATAIAH, .	LIC	+0.2m/s	11.59
	DILIP TIWARI, .	BIHAR		DQ
<b>Event # 2 MENS 200m</b>				
<b>TIME:-16:15 HRS</b>				
<b>10/09/2013</b>				
<b># N.R.:ANIL KUMAR P. BANGLORE 20.73 17.07.2000</b>				
<b>% M.R.:AJITH S. RSPB 20.92 OCT-2007</b>				
<b>Final</b>				
1	AMIYA KUMAR MALLICK, .	ODISHA	+0.2m/s	21.22
2	MANIKANDA ARUMUGAM, .	RAILWAYS	+0.2m/s	21.47
3	ABDUL NAJEEB QURESHI, .	ONGC	+0.2m/s	21.56
4	V.SAJIN, .	SERVICES	+0.2m/s	21.90
5	BINO AQUTIOC, .	ONGC	+0.2m/s	21.97
6	YESU RAJ, .	SERVICES	+0.2m/s	21.98
7	S.VELAYUDAM, .	PONDICHERRY	+0.2m/s	22.29
	S.SATHYA, .	TAMILNADU		DQ
<b>Semi Final-1</b>				
1	MANIKANDA ARUMUGAM, .	RAILWAYS	+0.3m/s	21.29
2	ABDUL NAJEEB QURESHI, .	ONGC	+0.3m/s	21.63
3	YESU RAJ, .	SERVICES	+0.3m/s	21.99
4	GURKARAN SINGH, .	DELHI	+0.3m/s	22.20
5	RATHEESH M, .	KERALA	+0.3m/s	22.30
6	S. SATHASEELAN, .	MANIPUR	+0.3m/s	22.50
7	K.SIVA SENTHIL, .	JHARKHAND	+0.3m/s	22.65
	M.PRAKESH, .	TAMILNADU		DNF
<b>Semi Final-2</b>				
1	AMIYA KUMAR MALLICK, .	ODISHA	+0.1m/s	21.46
2	V.SAJIN, .	SERVICES	+0.1m/s	21.65
3	S.VELAYUDAM, .	PONDICHERRY	+0.1m/s	21.99
4	RITESH ANAND, .	RAILWAYS	+0.1m/s	22.00
5	JAYA PRAKASH SHETTY, .	MADHYA PRADESH	+0.1m/s	22.13

6	ARIVANANDAN, .	MANIPUR	+0.1m/s	22.21
7	ASHWANI SHARMA, .	DELHI	+0.1m/s	22.28
8	R.VEERAMANI, .	ANDHRA PRADESH	+0.1m/s	22.43
<b>Semi Final-3</b>				
1	S.SATHYA, .	TAMILNADU	+0.3m/s	21.62
2	BINO AQUTIOC, .	ONGC	+0.3m/s	21.76
3	NEERAJ PANWAR, .	RAILWAYS	+0.3m/s	22.05
4	ASHISH LOHAN, .	CHANDIGARH	+0.3m/s	22.20
5	MUKESH KUMAR, .	PUNJAB	+0.3m/s	22.48
6	NIRAJ KUMAR ROY, .	JHARKHAND	+0.3m/s	22.71
	SWAROOP RAJAN, .	SERVICES		DQ
	GOPI CHAND, .	AIPSCB		DNF
<b>Heat-1</b>				
1	MANIKANDA ARUMUGAM, .	RAILWAYS	-0.1m/s	21.75
2	RATHEESH M, .	KERALA	-0.1m/s	22.17
3	K.SIVA SENTHIL, .	JHARKHAND	-0.1m/s	22.28
4	S. SATHASEELAN, .	MANIPUR	-0.1m/s	22.32
5	SHANU CHOPRA, .	DELHI	-0.1m/s	22.66
6	MONU, .	HARYANA	-0.1m/s	22.84
7	ARUN KUMAR V., .	KARNATAKA	-0.1m/s	23.23
	RAHAMATULLA MOLLAH, .	WEST BENGAL		DNS
<b>Heat-2</b>				
1	ABDUL NAJEEB QURESHI, .	ONGC	-1.1m/s	22.36
2	ASHWANI SHARMA, .	DELHI	-1.1m/s	22.49
3	A YOGESH, .	LIC	-1.1m/s	22.73
4	MANPREET SINGH, .	PUNJAB	-1.1m/s	22.83
5	V.SANJAY, .	CHHATISGARH	-1.1m/s	22.84
6	B.LEELA VARA PRASAD, .	ALL INDIA UNIVERSITY	-1.1m/s	23.17
	AMISH P. POTHEN, .	OFSPB		DNF
	BOPANNA G.N., .	KARNATAKA		DNS
<b>Heat-3</b>				
1	RITESH ANAND, .	RAILWAYS	-1.5m/s	22.17
2	SWAROOP RAJAN, .	SERVICES	-1.5m/s	22.50
3	ANIRUDDHA GUJAR, .	LIC	-1.5m/s	23.03
4	W.JOHN NIKELSON, .	PONDICHERRY	-1.5m/s	23.63
5	ROHIT SINGH, .	GUJRAT	-1.5m/s	24.59
	SATYAJIT NANDY, .	OFSPB		DNF
	VIVEKANAND, .	MADHYA PRADESH		DNS
	A.DEEPANCHAKRAVATHY, .	TAMILNADU		DNS
<b>Heat-4</b>				
1	V.SAJIN, .	SERVICES	-0.7m/s	21.77
2	ASHISH LOHAN, .	CHANDIGARH	-0.7m/s	21.94
3	ARIVANANDAN, .	MANIPUR	-0.7m/s	22.14
4	GURKARAN SINGH, .	DELHI	-0.7m/s	22.57
5	C. SANJEEV, .	ANDHRA PRADESH	-0.7m/s	23.24
6	UDAI KUMAR, .	UTTARAKHAND	-0.7m/s	23.71
	ANAS C G, .	KERALA		DQ
	SUNNY PATIL, .	MAHARASTRA		DNS
<b>Heat-5</b>				
1	BINO AQUTIOC, .	ONGC	+0.0m/s	21.80
2	NEERAJ PANWAR, .	RAILWAYS	+0.0m/s	22.06
3	R.VEERAMANI, .	ANDHRA PRADESH	+0.0m/s	22.34
4	NIRAJ KUMAR ROY, .	JHARKHAND	+0.0m/s	22.42
5	MUKESH KUMAR, .	PUNJAB	+0.0m/s	22.46
	HUSANDEEP SINGH, .	CHANDIGARH		DNF
	RAHUL G PILLAI, .	AIPSCB		DNS
<b>Heat-6</b>				
1	S.SATHYA, .	TAMILNADU	-1.5m/s	21.87
2	S.VELAYUDAM, .	PONDICHERRY	-1.5m/s	22.04
3	JAYA PRAKASH SHETTY, .	MADHYA PRADESH	-1.5m/s	22.55
4	HABIB, .	HARYANA	-1.5m/s	22.99
5	MD.WASIM AKRAM, .	JHARKHAND	-1.5m/s	23.53
	SHIV DHANI YADAV, .	AIPSCB		DQ
	RAJENDER SETHI, .	COAL INDIA		DNS
<b>Heat-7</b>				
1	AMIYA KUMAR MALLICK, .	ODISHA	-0.4m/s	22.57
2	GOPI CHAND, .	AIPSCB	-0.4m/s	22.75
3	VAISHAK N., .	ALL INDIA UNIVERSITY	-0.4m/s	22.83
4	N. SARA VANANAN, .	MANIPUR	-0.4m/s	23.41
5	BHARTARI, .	HARYANA	-0.4m/s	23.99
	SUNEESH BABU, .	KARNATAKA		DNS
	BULBUL AHAMAD, GHARAMI	BIHAR		DNS
<b>Heat-8</b>				
1	YESU RAJ, .	SERVICES	-0.3m/s	22.51
2	M.PRAKESH, .	TAMILNADU	-0.3m/s	22.58
3	D.ZERO, .	PONDICHERRY	-0.3m/s	22.68
4	CH.ESWAR REDDY, .	ANDHRA PRADESH	-0.3m/s	22.94
5	G.RAJESH, .	ASSAM	-0.3m/s	23.61
6	P.MEGHANT NAIDU, .	CHHATISGARH	-0.3m/s	23.72

7	BAVAN, .	HIMACHAL PRADESH	-0.3m/s	25.52
<b>Event # 3 MENS 400m</b>				
<b>TIME:-16:25 HRS</b>				
<b>10/09/2013</b>				
<b># N.R.:K.M. BINU ATHENS 45.48 20.8.2004</b>				
<b>% M.R.:PARAMJIT SINGH POL 45.70 NOV-1998</b>				
<b>Final</b>				
1	KUNHU MOHAMMED, .	SSCB		46.51
2	AROAKYA RAJIV, .	SSCB		46.82
3	SACHIN ROBY, .	SSCB		46.91
4	SANDEEP LATHWAL, .	HAR		47.32
5	ARUN K J, .	KER		47.64
6	PARVEEN, .	HAR		48.83
7	JIBIN S, .	MP		50.23
	VIRENDRA KR PANKAJ, .	POL		DNS
<b>Semi Final-1</b>				
1	KUNHU MOHAMMED, .	SERVICES		47.35
2	SANDEEP LATHWAL, .	HARYANA		47.46
3	ARUN K J, .	KERALA		48.20
4	MANJU M R, .	LIC		49.43
5	MANU KUMAR, .	MADHYA PRADESH		49.73
6	SHINO P.C., .	DELHI		49.90
7	KAMBERDEEP SINGH, .	ONGC		50.70
	AJIT, .	MAHARASTRA		DNF
<b>Semi Final-2</b>				
1	SACHIN ROBY, .	SERVICES		47.80
2	VIRENDRA KR PANKAJ, .	AIPSCB		48.14
3	AMAN HANDA, .	CHANDIGARH		49.55
4	VIBHORE SINGH, .	UTTAR PRADESH		49.71
5	SUMIT MALIK, .	HARYANA		49.78
6	NOAH NIRMAL TOM, .	KERALA		50.97
7	ANEESH N.A., .	MAHARASTRA		51.33
	NEERAJ PANWAR, .	RAILWAYS		DNS
<b>Semi Final-3</b>				
1	AROAKYA RAJIV, .	SERVICES		48.23
2	JIBIN S, .	MADHYA PRADESH		48.36
3	PARVEEN, .	HARYANA		48.47
4	DAVINDER SINGH, .	ONGC		48.94
5	MAYUR MALVIYA, .	GUJRAT		50.30
6	PRADIP TAPE, .	JHARKHAND		52.02
	BIBIN MATHEW, .	RAILWAYS		DQ
	PRATEEK KRISHNAN, .	CHHATISGARH		DNS
<b>Heat-1</b>				
1	SACHIN ROBY, .	SERVICES		48.37
2	PARVEEN, .	HARYANA		49.20
3	VIBHORE SINGH, .	UTTAR PRADESH		49.66
4	AJIT, .	MAHARASTRA		49.76
5	MANISH, .	DELHI		50.54
6	JITHIN PAUL, .	RAILWAYS		51.44
7	H.M.MANI KANTHA, .	ASSAM		54.53
8	ARAVIND KR. PRASAD, .	OFSPB		58.51
<b>Heat-2</b>				
1	VIRENDRA KR PANKAJ, .	AIPSCB		49.00
2	SHINO P.C., .	DELHI		49.48
3	MANJU M R, .	LIC		49.67
4	AMAN HANDA, .	CHANDIGARH		49.73
5	MANEESH MISHRA, .	UTTAR PRADESH		51.26
6	JATIN JAIN, .	ONGC		51.53
7	VENKATESH, .	ASSAM		55.29
	SUNNY PATIL, .	MAHARASTRA		DNS
<b>Heat-3</b>				
1	ARUN K J, .	KERALA		49.28
2	KAMBERDEEP SINGH, .	ONGC		49.94
3	MANU KUMAR, .	MADHYA PRADESH		50.28
4	BASAPPA H.B., .	MAHARASTRA		51.03
	MD. MAHTAB KHAN, .	BIHAR		DQ
	CASSISUS FERNANDES, .	GOA		DNS
	S.K.MORTAZA, .	JHARKHAND		DNS
<b>Heat-4</b>				
1	KUNHU MOHAMMED, .	SERVICES		48.12
2	SUMIT MALIK, .	HARYANA		48.56
3	JIBIN S, .	MADHYA PRADESH		49.64
4	GURVINDERPAL SINGH, .	PUNJAB		50.09
5	AVINASH C., .	MAHARASTRA		52.15
6	ALKI MASGUL, .	GUJRAT		55.11
	ASHWANI KUMAR, .	HIMACHAL PRADESH		DNS
	RAJ KUMAR ORAN, .	COAL INDIA		DNS

<b>Heat-5</b>			
1	BIBIN MATHEW, .	RAILWAYS	48.70
2	NOAH NIRMAL TOM, .	KERALA	49.32
3	ANEESH N.A., .	MAHARASTRA	50.98
4	D L ZODGE, .	LIC	52.39
	ATANU DAS, .	OFSPB	DNF
	HARJINDER SINGH, .	PUNJAB	DNS
	VIVEKANAND, .	MADHYA PRADESH	DNS
<b>Heat-6</b>			
1	AROAKYA RAJIV, .	SERVICES	50.36
2	PRADIP TAPE, .	JHARKHAND	51.93
3	PRATEEK KRISHNAN, .	CHHATISGARH	54.09
	DAVINDER SINGH, .	PUNJAB	DNS
	THAKUR MAHIP SINGH, .	HIMACHAL PRADESH	DNS
	GODAPA RAJESH, .	MANIPUR	DNS
<b>Heat-7</b>			
1	MAYUR MALVIYA, .	GUJRAT	48.62
2	SANDEEP LATHWAL, .	HARYANA	48.71
3	NEERAJ PANWAR, .	RAILWAYS	48.93
4	DAVINDER SINGH, .	ONGC	49.10
5	PRASHANT KUMAR, .	KARNATAKA	50.06
6	RAHUL, .	DELHI	50.97
	RAJU CHOBEY, .	COAL INDIA	DNS
<b>Event # 4 MENS 800m</b>			
<b>TIME:- 18:00 HRS</b>			
<b>08/09/2013</b>			
<b># N.R.:SRI RAM SINGH MONTRIAL 1:45.77 27.7.1976</b>			
<b>% M.R.:GHAMNDA RAM SSCB 1:46.67 9.11.2005</b>			
<b>FINAL</b>			
1	SAJESH JOSEPH, .	RAILWAYS	1:49.50
2	MANJEET SINGH, .	ONGC	1:49.51
3	JINSON JOHNSON, .	SERVICES	1:50.26
4	GHAMANDA RAM, .	ONGC	1:50.54
5	RAVI KUMAR, .	ASSAM	1:53.15
6	MANDEEP GOYAT, .	MAHARASTRA	1:53.59
7	ANOOP T.K., .	SERVICES	1:54.10
8	PANKAJ DIMRI, .	UTTARAKHAND	1:54.21
<b>Semi Final-1</b>			
1	MANJEET SINGH, .	ONGC	1:51.53
2	PANKAJ DIMRI, .	UTTARAKHAND	1:51.91
3	JINSON JOHNSON, .	SERVICES	1:52.24
4	MANDEEP GOYAT, .	MAHARASTRA	1:52.72
<b>Semi Final-2</b>			
1	SAJESH JOSEPH, .	RAILWAYS	1:54.37
2	GHAMANDA RAM, .	ONGC	1:54.39
3	RAVI KUMAR, .	ASSAM	1:54.65
4	ANOOP T.K., .	SERVICES	1:54.93
<b>Heat-1</b>			
1	GHAMANDA RAM, .	ONGC	1:55.40
2	ANOOP T.K., .	SERVICES	1:55.49
3	R SUBHAS CHANDER, .	AIPSCB	1:55.84
4	PREM KUNJ, .	BIHAR	1:55.91
5	SONY SINGH, .	ASSAM	1:56.77
6	VIPUL RANA, .	RAILWAYS	1:58.10
7	P. KARTHIKEYAN, .	OFSPB	2:05.59
8	KRISHNA KUMAR YADAV, .	UTTAR PRADESH	2:06.17
9	DINESH KUMAR, .	HIMACHAL PRADESH	2:07.95
	AJIT KUMAR, .	JHARKHAND	DNS
<b>Heat-2</b>			
1	SAJESH JOSEPH, .	RAILWAYS	1:59.13
2	JINSON JOHNSON, .	SERVICES	1:59.21
3	VINOD KUMAR, .	HARYANA	1:59.67
4	SUMIT KUMAR, .	BIHAR	2:00.14
5	MANISH KUMAR VISNOI, .	UTTAR PRADESH	2:00.23
6	RAKESH KUMAR, .	HIMACHAL PRADESH	2:01.71
7	DOUNDKAR NATHU, .	MAHARASTRA	2:03.36
8	C.S. DHURVE, .	OFSPB	2:20.18
	SIDDHARTH GAD, .	GOA	DNS
	ARUN KUMAR U N, .	AIPSCB	DNS
	NITIN MALIK, .	PUNJAB	DNS
	SUDUSH MUNDA, .	JHARKHAND	DNS
<b>Heat-3</b>			
1	MANJEET SINGH, .	ONGC	1:54.80
2	MANDEEP GOYAT, .	MAHARASTRA	1:54.90
3	UMED SINGH, .	UTTARAKHAND	1:55.10
4	MITHILESH KUMAR, .	ASSAM	1:58.34
5	VIKASH LATHIYAN, .	RAILWAYS	1:58.68
6	ASHWANI KUMAR, .	HIMACHAL PRADESH	2:12.31
7	JITENDRASINGH YADAV, .	GUJRAT	2:27.02

	D L ZODGE, .	LIC	DNF
	FETAH LAL, .	COAL INDIA	DNS
	HIMANSHU VELINGKAR, .	GOA	DNS
	ISHWAR, .	DELHI	DNS
<b>Heat-4</b>			
1	PANKAJ DIMRI, .	UTTARAKHAND	1:55.49
2	LIJIN V R, .	MADHYA PRADESH	1:55.63
3	RAVI KUMAR, .	ASSAM	1:55.73
4	NARESH YADAV, .	SERVICES	1:55.90
5	GIRISH, RAMCHANDRAN	AIPSCB	1:55.94
6	MD SHAKIL, .	WEST BENGAL	1:56.49
7	SANJEEB MANDAL, .	BIHAR	1:58.04
8	MILAN KUMAR, .	UTTAR PRADESH	2:11.73
	SHANKY RAM, .	PUNJAB	DNS
	P.KARTHIK, .	TAMILNADU	DNS
	C.MANIKANDAN, .	DELHI	DNS
	RAMAN YADAV, .	KERALA	DNS
<b>Event # 5 MENS 1500m</b>			
<b>TIME:- 17:40 HRS</b>			
<b>10/09/2013</b>			
<b># N.R.:BAHADUR PRASAD CHENNAI 3:38.00 23.12.1995</b>			
<b>% M.R.:C. HAMZA RSPB 3:39.90 OCT-2007</b>			
<b>Final</b>			
1	SANDEEP KARAN SINGH, .	SERVICES	3:46.97
2	SAJESH JOSEPH, .	RAILWAYS	3:47.91
3	ANIL SINGH, .	MADHYA PRADESH	3:48.05
4	RANJAN K.K., .	SERVICES	3:48.56
5	PRANJAL GOGAI, .	SERVICES	3:50.00
6	C.MANIKANDAN, .	DELHI	3:50.92
7	RAVI KUMAR, .	ASSAM	3:51.54
8	NAVEEN NAIK, .	MANIPUR	3:54.08
9	VIKASH LATHIYAN, .	RAILWAYS	3:56.65
<b>Heat-1</b>			
1	SANDEEP KARAN SINGH, .	SERVICES	3:56.94
2	SAJESH JOSEPH, .	RAILWAYS	3:57.03
3	RAVI KUMAR, .	ASSAM	3:57.13
4	UMED SINGH, .	UTTARAKHAND	3:57.36
5	C.MANIKANDAN, .	DELHI	3:57.60
6	ALBIN SUNNY, .	ALL INDIA UNIVERSITY	3:57.82
7	PASHING BANDIA, .	JHARKHAND	4:11.37
8	RAMITH R SHINDIA, .	MADHYA PRADESH	4:16.25
9	DINESH KUMAR, .	HIMACHAL PRADESH	4:27.53
10	P. KARTHIKEYAN, .	OFSPB	4:32.15
	MUKESH KUMAR, .	BIHAR	DNS
	HARISH KORANGA, .	AIPSCB	DNS
	AMIT KUMAR, .	UTTAR PRADESH	DNS
	TINU JOSEPH, .	KERALA	DNS
<b>Heat-2</b>			
1	ANIL SINGH, .	MADHYA PRADESH	3:58.20
2	PRANJAL GOGAI, .	SERVICES	3:58.58
3	VIKASH LATHIYAN, .	RAILWAYS	4:00.65
4	RAKESH KUMAR, .	HIMACHAL PRADESH	4:01.67
5	GIRISH, RAMCHANDRAN	AIPSCB	4:02.17
6	AJEESH N.B., .	CHHATISGARH	4:02.60
7	SANDIP KUMAR, .	LIC	4:03.69
8	PREM KUNJ, .	BIHAR	4:05.24
9	DINESH KUMAR, .	ASSAM	4:05.85
10	DURG VIJAYCHAUHAN, .	MANIPUR	4:07.66
11	MD SHAKIL, .	WEST BENGAL	4:15.88
12	VIPIN KUMAR, .	DELHI	4:16.05
	AJIT KUMAR, .	JHARKHAND	DNF
	VIKAS VELIP, .	GOA	DNS
<b>Heat-3</b>			
1	RANJAN K.K., .	SERVICES	3:58.80
2	BIR SINGH, .	DELHI	3:59.27
3	NAVEEN NAIK, .	MANIPUR	3:59.63
4	ANEESH A., .	ASSAM	4:01.13
5	HARSHAD RAMCHANDRA, .	MADHYA PRADESH	4:02.02
6	VIPUL RANA, .	RAILWAYS	4:02.64
7	SATYANARYAN, .	HARYANA	4:05.48
8	AJAY KUMAR, .	ONGC	4:09.23
	SRIDHAR RANA BHAT, CHHETRY	JHARKHAND	DNF
	RAVINDRA RAUTELA, .	AIPSCB	DNF
	SHIV SUNDER KR., BALWANT	UTTAR PRADESH	DNS
	KULDEEP KUMAR, .	PUNJAB	DNS
	C.S. DHURVE, .	OFSPB	DNS
	SHAILENDRA SINGH, .	BIHAR	DNS

**Event # 6 MENS 5000m****TIME:- 6:40 Hrs****07/09/2013****#N.R.:B.PRASAD BIRMINGHAM :13:29.70 25.06.1992****% M.R.:BAHADUR PRASAD RSPB :13:54.72 FEB-1994**

1	G.LAKSHMANAN, .	SERVICES	13:58.53
2	SURESH KUMAR, .	ONGC	14:01.60
3	INDERJIT PATEL, .	ONGC	14:19.70
4	NITENDER SINGH RAWAT, .	SERVICES	14:31.33
5	MAN SINGH, .	SERVICES	14:31.35
6	SANTOSH KUMAR, .	MADHYA PRADESH	14:42.83
7	EZHIL NILAVAN, .	TAMILNADU	14:44.49
8	ARVIND KUMAR YADAV, .	RAILWAYS	14:49.55
9	ALBIN SUNNY, .	ALL INDIA UNIVERSITY	15:14.28
10	SANDIP KUMAR, .	LIC	15:14.78
11	SHIJU C.P., .	ALL INDIA UNIVERSITY	15:25.63
12	RAVINDRA KR. TIWARI, .	UTTAR PRADESH	15:26.66
13	KALIDAS L HIRAVE, .	LIC	15:39.47
14	AMIT KHANDURI, .	DELHI	15:54.19
15	KANDE RAM BANRA, .	JHARKHAND	15:57.49
16	RAMESH PRASAD, .	BIHAR	15:58.84
17	RAMESH KUMAR, .	CHANDIGARH	16:07.04
18	NANDA GOPAL, .	CHHATISGARH	16:08.42
	PEMA RAM SARAN, .	AIPSCB	DNF
	AJAY KUMAR, .	ONGC	DNF
	AJAY KUMAR, .	AIPSCB	DNF
	SANDEEP KUMAR, .	RAILWAYS	DNF
	SOJI MATHEW, .	RAILWAYS	DNF
	AMOL DUBRAJ, .	JHARKHAND	DNF
	PRAMOD PATNI, .	LIC	DNF
	JASVIR SINGH, .	PUNJAB	DNS
	ARJUN PRADHAN, .	UTTARAKHAND	DNS
	ARVIND SINGH, .	RAJASTHAN	DNS
	SURESH KUMAR, .	UTTAR PRADESH	DNS
	KRISHNA, .	COAL INDIA	DNS
	MUKESH RAWAT, .	AIPSCB	DNS
	DAYANAND, .	HARYANA	DNS
	FRANCISCO CLEMENT, .	GOA	DNS
	VASAWA ATISH, .	GUJRAT	DNS
	RATHOD PRAVIN, .	GUJRAT	DNS
	SUDHIR SHARMA, .	MADHYA PRADESH	DNS
	JEOVITO FERNANDES, .	GOA	DNS
	AJAY KUMAR, .	UTTAR PRADESH	DNS
	RANJIT KR PATEL, .	JHARKHAND	DNS

**Event # 7 MENS 10000m****TIME:- 6:45 HRS****10/09/2013****#N.R.:S.SINGH VIGO-SPAIN :28:02.89 12.07.2008****% M.R.:SHIVNATH SINGH SSCB :28:58.20 1978**

1	KHETA RAM, .	SERVICES	29:47.92
2	SURESH KUMAR, .	ONGC	29:48.10
3	RATI RAM SAINI, .	RAILWAYS	29:53.40
4	VISHRAM MEENA, .	RAJASTHAN	30:05.53
5	V.L.DANGI, .	SERVICES	30:19.57
6	SANTOSH KUMAR, .	MADHYA PRADESH	30:25.49
7	EZHIL NILAVAN, .	TAMILNADU	30:29.05
8	ATWA BHAGAT, .	SERVICES	30:53.19
9	AJAY KUMAR, .	AIPSCB	31:46.05
10	SHIJU C.P., .	ALL INDIA UNIVERSITY	32:00.27
11	SANJAY MANDAL, .	AIPSCB	33:16.30
12	HAZRAT ANSARI, .	JHARKHAND	33:33.85
13	RAMESH PRASAD, .	BIHAR	33:44.77
14	MUNA BURIULY, .	JHARKHAND	34:35.58
15	DEEPAK SINGH NEGI, .	DELHI	34:55.73
	VIKASH, .	DELHI	DNF
	KALIDAS L HIRAVE, .	LIC	DNF
	RAVINDRA KR. TIWARI, .	UTTAR PRADESH	DNF
	PRAMOD PATNI, .	LIC	DNF
	SOJI MATHEW, .	RAILWAYS	DNF
	AJAY VEER SINGH, .	RAILWAYS	DNF
	INDERJIT PATEL, .	ONGC	DNF
	SANTOSH KR. PATEL, .	UTTAR PRADESH	DNS

**Event # 8 MENS 106.7cms 110m Hurdles**

TIME:-16:00 HRS

09/09/2013

# N.R.:SIDHARTH T BRUSSELS 13.65 17-6-2012

% M.R.:SIDDHANTH THINGALIYA ONGC 13.77 13-9-2011

**FINAL**

1	A. SURESH, .	RAILWAYS	-0.2m/s	14.19
2	PREM KUMAR K., .	ANDHRA PRADESH	-0.2m/s	14.34
3	BALAMURUGAN, .	TAMILNADU	-0.2m/s	14.41
4	J. SURENDHAR, .	TAMILNADU	-0.2m/s	14.46
5	S.KANNAN, .	SERVICES	-0.2m/s	14.66
6	RONY LUKOSE, .	SERVICES	-0.2m/s	14.93
7	P.GOPINATHAN, .	SERVICES	-0.2m/s	15.21
8	RAGHVENDRA SINGH, .	AIPSCB	-0.2m/s	15.42

**Heat-1**

1	RONY LUKOSE, .	SERVICES	-0.2m/s	14.97
2	RAGHVENDRA SINGH, .	AIPSCB	-0.2m/s	15.01
3	P.GOPINATHAN, .	SERVICES	-0.2m/s	15.08
4	DHAYAN, .	MANIPUR	-0.2m/s	15.16
5	ARJUN H, .	KERALA	-0.2m/s	15.71
6	GURINDER SINGH, .	ONGC	-0.2m/s	15.94
7	C.YUVARAJ, .	TAMILNADU	-0.2m/s	16.52
	MUTHUSAMY, .	RAILWAYS		DQ

**Heat-2**

1	PREM KUMAR K., .	ANDHRA PRADESH	-0.1m/s	14.90
2	A. SURESH, .	RAILWAYS	-0.1m/s	15.07
3	JASHANJOT SINGH, .	ONGC	-0.1m/s	15.19
4	R.K VISHWAKARMA, .	AIPSCB	-0.1m/s	15.46
5	LOKENDRA PACHARA, .	DELHI	-0.1m/s	15.76
6	MAHENDRA RAO J, .	LIC	-0.1m/s	15.76
7	ASHISH PANDEY, .	MADHYA PRADESH	-0.1m/s	17.75
	VEDA MURUGAN, .	CHHATISGARH		DQ

**Heat-3**

1	J. SURENDHAR, .	TAMILNADU	-1.8m/s	14.72
2	BALAMURUGAN, .	TAMILNADU	-1.8m/s	14.82
3	S.KANNAN, .	SERVICES	-1.8m/s	14.94
4	SACHIN KUMAR, .	UTTAR PRADESH	-1.8m/s	15.44
5	D.PREM KUMAR, .	ALL INDIA UNIVERSITY	-1.8m/s	16.12
	PINTO MATHEW A., .	RAILWAYS		DQ
	ASHOK KUMAR, .	UTTAR PRADESH		DNF

**Event # 9 MENS 91.4cms 400m Hurdles**

TIME:- 16:15 HRS

07/09/2013

# N.R.:JOSEPH G.ABRAHAM OSAKA 49.51 26.08.2007

% M.R.:JOSEPH G.ABRAHAM RSPB 50.26 OCT-2009

**FINAL**

1	DURGESH KUMAR PAL, .	SERVICES		50.89
2	JITHIN PAUL, .	RAILWAYS		51.14
3	JOSEPH G. ABRAHAM, .	RAILWAYS		51.31
4	ARUN KRISHNAN, .	TAMILNADU		52.00
5	SHEJIL VARGHESE, .	SERVICES		52.23
6	M.RAMACHANDRAN, .	SERVICES		52.32
7	LUKMAL HAKKIM, .	MADHYA PRADESH		52.68
8	BINO AQUTIOC, .	ONGC		52.77

**Heat-1**

1	M.RAMACHANDRAN, .	SERVICES		51.92
2	JOSEPH G. ABRAHAM, .	RAILWAYS		52.16
3	BINO AQUTIOC, .	ONGC		52.26
4	ARUN KRISHNAN, .	TAMILNADU		52.39
5	S.MERVIN, .	TAMILNADU		52.60
6	A YOGESH, .	LIC		56.31
7	RINTU GAYAN, .	BIHAR		59.28
	PRASHANT KUMAR, .	KARNATAKA		DNF

**Heat-2**

1	DURGESH KUMAR PAL, .	SERVICES		53.46
2	LUKMAL HAKKIM, .	MADHYA PRADESH		54.37
3	SATINDER SINGH, .	PUNJAB		54.48
4	BONTHAPURI KANTHA, RAO	MANIPUR		55.70
5	D.PREM KUMAR, .	ALL INDIA UNIVERSITY		56.58
	DEEPAK MOR, .	LIC		DQ
	ASHOK KUMAR, .	UTTAR PRADESH		DNF

**Heat-3**

1	JITHIN PAUL, .	RAILWAYS		52.36
2	SHEJIL VARGHESE, .	SERVICES		52.44
3	AVIN A. THOMAS, .	RAILWAYS		53.97
4	VIJAY SINGH MALIK, .	HARYANA		55.40
5	JASHANJOT SINGH, .	ONGC		57.78
	BHAGIRATH YADAV, .	AIPSCB		DNF
	SAIKH ABDULKHALID, .	GUJRAT		DNF



**Event # 10 MENS 3000m Steeplechase**

TIME:- 17:45 HRS

09/09/2013

# N.R.:GOPAL SAINI TOKYA 8:30.88 05.06.1981

% M.R.:ELAM SINGH SSCB 8:39.18 17/5/2010

1	JAIVEER SINGH, .	SERVICES	9:00.41
2	SACHIN PATIL, .	RAILWAYS	9:09.12
3	KARAMVIR, .	SERVICES	9:14.15
4	JASVEER SINGH, .	SERVICES	9:16.57
5	MANJU, .	AIPSCB	9:17.36
6	PRITAM K BIND, .	ONGC	9:22.36
7	JIYA LAL BIND, .	RAILWAYS	9:22.72
8	MAHENDRA S, .	RAILWAYS	9:33.41
9	AWDESH KUMAR, .	MADHYA PRADESH	9:41.84
10	NANDA GOPAL, .	CHHATISGARH	10:07.12
11	MANTU YADAV, .	JHARKHAND	10:08.64
12	KHEMA RAM, .	AIPSCB	10:13.73
13	MANJIT SINGH, .	JHARKHAND	10:23.05
14	RAVI KUMAR, .	BIHAR	11:09.82
	VINIT MALIK, .	UTTARAKHAND	DNS
	SUBHAS CHANDER, .	AIPSCB	DNS
	RAMASHANKAR, BHARTI	MAHARAstra	DNS
	KULDEEP KUMAR, .	PUNJAB	DNS
	NAVEEN DAGAR, .	HARYANA	DNS
	SUNIL KUMAR, .	HARYANA	DNS

**Event # 11 MENS High Jump**

TIME:- 16:00 HRS

09/09/2013

PH-1.80;SH-1.90+5cm-2.05+3cm

# N.R.:HARI SHANKAR RAI SINGAPUR 2.25 28.09.2004

% M.R.:JITHIN C. THOMAS SSCB 2.22 13/9/2012

**FINAL**

1	JITHIN C.THOMAS, .	SERVICES	2.11m
2	SHAIJU A, .	SERVICES	2.08m
3	CHETAN, .	KARNATAKA	2.05m
4	SUPREETH RAJ, .	LIC	2.05m
5	SILVAR STAR, .	TAMILNADU	2.00m
5	DEEPENDRA SINGH, .	RAJASTHAN	2.00m
5	HARI SANKAR ROY, .	JHARKHAND	2.00m
8	P.SHANKAR, .	SERVICES	1.95m
9	HARSHITH S, .	ONGC	1.95m
10	NAVIN SINGH, .	MADHYA PRADESH	1.90m
	K GOWTHAM, .	LIC	NM
	NIKHIL CHITTRARASU, .	RAILWAYS	DNS

**Qualify Round**

1	SHAIJU A, .	SERVICES	2.00m
1	P.SHANKAR, .	SERVICES	2.00m
1	JITHIN C.THOMAS, .	SERVICES	2.00m
1	NIKHIL CHITTRARASU, .	RAILWAYS	2.00m
1	CHETAN, .	KARNATAKA	2.00m
6	HARI SANKAR ROY, .	JHARKHAND	2.00m
6	HARSHITH S, .	ONGC	2.00m
8	DEEPENDRA SINGH, .	RAJASTHAN	2.00m
9	SUPREETH RAJ, .	LIC	2.00m
9	NAVIN SINGH, .	MADHYA PRADESH	2.00m
9	SILVAR STAR, .	TAMILNADU	2.00m
12	K GOWTHAM, .	LIC	1.95m
13	L. YOGA RAJ, .	RAILWAYS	1.95m
14	SIKANDER, .	DELHI	1.95m
15	KUWAR SURJIT KR. SIN, .	RAILWAYS	1.95m
16	JAGDEEP SINGH, .	ONGC	1.90m
16	PAWAN PRAKASH, .	RAJASTHAN	1.90m
16	DURGA CHARAN, .	JHARKHAND	1.90m
	ANOOP P.K, .	AIPSCB	NM
	RAMINDER SINGH, .	AIPSCB	NM
	DHARMENDRA KUMAR, .	BIHAR	DNS
	YUGANT SHEKAR SINGH, .	UTTAR PRADESH	DNS
	SARVESH KUSHARE, .	MAHARAstra	DNS
	ANIL, .	RAJASTHAN	DNS
	GAURAV CHAUDHARY, .	UTTAR PRADESH	DNS
	G SARASAN, .	MADHYA PRADESH	DNS
	WASIM AMIN SHAIKH, .	MAHARAstra	DNS
	GURKITAN SINGH, .	PUNJAB	DNS
	RITESH KUMAR, .	LIC	DNS
	AJAY SINGH, .	COAL INDIA	DNS
	RUPENDER SANDHU, .	DELHI	DNS

## Event # 12 MENS Long Jump

TIME:- 16:30 HRS

08/09/2013

# N.R.:AMRIT PAL SINGH DELHI 8.08 16.03.2004

% M.R.:SANJAY KUMAR RAI RSPB 7.87 1998

## FINAL

1	ANKIT SHARMA, . 7.73, NM, NM, NM, NM, NM	LIC	+1.3m/s	7.73m
2	K. PREM KUMAR, . 7.62, 7.24, NM, NM, NM, NM	RAILWAYS	+0.1m/s	7.62m
3	RAJA OOMMAN, . 7.09, 6.79, 6.87, 7.29, 7.24, 7.37	KERALA	+0.3m/s	7.37m
4	TANMOY ADHIKARI, .	SERVICES	+0.0m/s	7.37m
5	R.S.BIJIL, .	SERVICES	+0.3m/s	7.28m
6	MANJEET SINGH, .	DELHI	+0.2m/s	7.26m
7	VIRENDAR, .	HARYANA	+0.5m/s	7.25m
8	NIKHIL CHITTRARASU, .	RAILWAYS	+0.0m/s	7.22m
9	CHANDAN KR YADAV, .	JHARKHAND	+0.3m/s	6.89m
10	UNAIS S, .	KERALA	+0.3m/s	6.87m
11	SOBIN GEORGE, .	LIC	+1.4m/s	6.79m
12	ROSITTO SAX, .	RAILWAYS	+1.6m/s	6.77m

## Qualify Round

1	ANKIT SHARMA, .	LIC	+0.0m/s	7.77m
2	K. PREM KUMAR, .	RAILWAYS	+0.0m/s	7.40m
3	TANMOY ADHIKARI, .	SERVICES	+0.0m/s	7.31m
4	R.S.BIJIL, .	SERVICES	+0.0m/s	7.30m
5	RAJA OOMMAN, .	KERALA	+0.0m/s	7.30m
6	NIKHIL CHITTRARASU, .	RAILWAYS	+0.0m/s	7.20m
7	ROSITTO SAX, .	RAILWAYS	+0.0m/s	7.20m
8	VIRENDAR, .	HARYANA	+0.0m/s	7.20m
9	MANJEET SINGH, .	DELHI	+0.0m/s	7.11m
10	CHANDAN KR YADAV, .	JHARKHAND	+0.0m/s	7.01m
11	SOBIN GEORGE, .	LIC	+0.0m/s	6.99m
12	UNAIS S, .	KERALA	+0.0m/s	6.95m
13	VIPENDER KUMAR, .	DELHI	+0.0m/s	6.94m
14	RABI DAS, .	ODISHA	+0.0m/s	6.92m
15	KULWANT SINGH, .	PUNJAB	+0.0m/s	6.92m
16	P.D.SRINIVASA, .	ALL INDIA UNIVERSITY	+0.0m/s	6.85m
17	YUSUF KHANSAMA, .	BIHAR	+0.0m/s	6.85m
18	SATISH ORAON, .	JHARKHAND	+0.0m/s	6.83m
19	VIKAS LAKRA, .	DELHI	+0.0m/s	6.82m
20	CHAUDHARY KALPESH, .	GUJRAT	+0.0m/s	6.79m
21	AKHIL DADWAL, .	PUNJAB	+0.0m/s	6.76m
22	SUMIT KUMAR, .	HARYANA	+0.0m/s	6.75m
23	SHAMSHER PRATAP, SINGH	ONGC	+0.0m/s	6.72m
24	NARINDER SINGH, .	CHANDIGARH	+0.0m/s	6.43m
25	ANBUSELVAM, .	PONDICHERRY	+0.0m/s	6.30m
26	SANDEEP DABAS, .	HARYANA	+0.0m/s	5.60m
	RANDEO TIGGA, .	JHARKHAND		NM
	MUKESH KUMAR SINGH, .	AIPSCB		NM
	SUDHIR KUMAR, .	LIC		NM
	A.R. PENDAM, .	OFSPB		NM
	GAURAV KUMAR, .	UTTAR PRADESH		DNS
	M.VIGNESHVAR, .	TAMILNADU		DNS
	MANJESH YADAV, .	UTTARAKHAND		DNS
	VIRESH KUMAR, .	UTTAR PRADESH		DNS
	MAHA SINGH, .	PUNJAB		DNS
	SHANKAR DHAMDHAY, .	GOA		DNS
	T.TOPPO, .	COAL INDIA		DNS
	MANJESH KR YADAV, .	UTTAR PRADESH		DNS
	BASIL GEORGE, .	AIPSCB		DNS

## Event # 13 MENS Triple Jump

TIME:- 16:00 HRS

10/09/2013

# N.R.:R.MAHESHWARI NEW DELHI 17.07 12/10/2010

% M.R.:RANJITH MAHESHWARI RSPB 16.97 15/5/2010

## FINAL

1	ARPINDER SINGH, . 15.85, 16.29, 16.62, 16.16, 16.70, 15.48	ONGC	+0.0m/s	16.70m
2	RANJITH MAHESHWARI, . 16.48, NM, 16.64, 16.45, 16.57, 16.63	RAILWAYS	+0.0m/s	16.64m
3	RAKESH BABU AV, . 15.84, 15.69, 16.12, NM, 15.88, NM	SERVICES	+0.0m/s	16.12m
4	BIRENDRA SINGH, .	SERVICES	+0.0m/s	15.70m
5	SREEJITHMON K, .	KERALA	+0.0m/s	15.69m
6	D ARIVU SELVAM, .	MANIPUR	+0.0m/s	15.45m
7	DHIRAJ MISHRA, .	LIC	+0.0m/s	15.23m
8	BASKAR, .	RAILWAYS	+0.0m/s	14.74m
9	PAVAN KUMAR, .	MAHARASTRA	+0.0m/s	14.71m

10	UTTKAL SINGHA, .	RAJASTHAN	+0.0m/s	14.54m
11	VIKAS LAKRA, .	DELHI	+0.0m/s	14.43m
	UNAIS S, .	KERALA		DNS
<b>Qualify Round</b>				
1	RAKESH BABU AV, .	SERVICES		15.86m
2	ARPINDER SINGH, .	ONGC		15.72m
3	BIRENDRA SINGH, .	SERVICES		15.66m
4	RANJITH MAHESWARI, .	RAILWAYS		15.43m
5	D ARIVU SELVAM, .	MANIPUR		15.38m
6	SREEJITHMON K, .	KERALA		15.36m
7	UNAIS S, .	KERALA		14.88m
8	VIKAS LAKRA, .	DELHI		14.81m
9	PAVAN KUMAR, .	MAHARASTRA		14.65m
10	BASKAR, .	RAILWAYS		14.57m
11	UTTKAL SINGHA, .	RAJASTHAN		14.55m
12	DHIRAJ MISHRA, .	LIC		14.54m
13	RAVINDER SINGH, .	AIPSCB		14.36m
14	SATISH ORAON, .	JHARKHAND		14.32m
15	J.VIGNESWARAN, .	ASSAM		14.26m
16	RANJIT SINGH, .	PUNJAB		14.25m
17	RAJEEV KUMAR PAL, .	JHARKHAND		14.08m
18	SOBIN GEORGE, .	LIC		13.82m
19	DHARMENDER KUMAR, .	DELHI		13.73m
	JASPAL SINGH, .	HIMACHAL PRADESH		NM
	UTPAL KUMAR THAKUR, .	JHARKHAND		NM
	M.SINGH, .	SERVICES		NM
	PRABHJOT SINGH, .	AIPSCB		DNS
	KISHOR HAPALIYA, .	GUJRAT		DNS
	K.B.BEHRA, .	COAL INDIA		DNS
	ABHISHEK KR. RATHAUR, .	BIHAR		DNS
	SAURAV, .	AIPSCB		DNS
	SOPWITER PAL SINGH, .	HARYANA		DNS
	AMARJEET SINGH, .	RAILWAYS		DNS
	J VIGNESWARAN, .	MANIPUR		DNS

**Event # 14 MENS Pole Vault**

**TIME:- 15:30 HRS**

**07/09/2013**

**PH4.00;SH-4.20+10cm**

**# N.R.:K.P. BIMIN NEW DELHI 5.13 2012**

**% M.R.:V.V.GEESH KUMAR POL 5.05 9-11-2005**

1	BIMIN K.P, .	RAILWAYS		5.00m
2	BALA KRISHNA, .	RAILWAYS		4.80m
3	KUNDAN, .	HARYANA		4.70m
4	PARVEEN KUMAR, .	PUNJAB		4.70m
5	DEVENDER, .	HARYANA		4.70m
6	SHIV KUMAR, .	SERVICES		4.60m
7	V.VIGNESH, .	TAMILNADU		4.60m
7	BINEESH JACAB, .	RAILWAYS		4.60m
9	DEEPCHAND, .	HARYANA		4.50m
10	SUNDER SINGH, .	AIPSCB		4.40m
11	MULAYAM SINGH, .	SERVICES		4.40m
12	LINESH KRISHNAN, .	MADHYA PRADESH		4.30m
13	JIBIN VARGHESE KR, .	SERVICES		4.30m
	PARMENDER PATEL, .	ONGC		NM
	RAJESH, .	RAJASTHAN		NM
	S.ELANGO, .	TAMILNADU		NM
	KULDEEP SINGH, .	UTTAR PRADESH		NM
	SUBHASH CH YADAV, .	AIPSCB		NM
	JITENDER, .	DELHI		NM
	RAJESH, .	RAJASTHAN		DNS
	PARVINDER KR. PATEL, .	UTTAR PRADESH		DNS
	SANJAY SINGH, .	UTTAR PRADESH		DNS

**Event # 15 MENS 7.26kg Shot Put**

**TIME:- 16:35 HRS**

**08/09/2013**

**#N.R.:O.PRAKASH Szombathely-Hungary 20.69 12-5-2012**

**% M.R.:BAHADUR SINGH POL 19.59 NOV-1998**

**FINAL**

1	OM PRAKASH SINGH, .	ONGC		18.67m
	17.92, 18.57, 18.67, 18.31, 18.48, NM			
2	INDERJEET SINGH, .	HARYANA		18.58m
	18.00, 17.87, 18.41, NM, 18.58, 18.55			
3	JASDEEP SINGH, .	ONGC		17.97m
	17.34, NM, 17.35, 17.85, 17.97, NM			
4	GURPREET SINGH, .	PUNJAB		17.66m
5	SATYENDRA KR. SINGH, .	RAILWAYS		17.56m
6	SUNIL KUMAR, .	RAILWAYS		16.26m
7	A.MALIK, .	SERVICES		16.13m
8	TAJINDER SINGH, .	AIPSCB		16.06m

9	NAVEEN KUMAR, .	DELHI	15.66m
10	ASHWANI SOLANKI, .	RAILWAYS	15.49m
11	UMESH KUMAR, .	HARYANA	15.26m
12	BALJINDER SINGH, .	SERVICES	14.78m
<b>Qualify Round</b>			
1	OM PRAKASH SINGH, .	ONGC	18.34m
2	INDERJEET SINGH, .	HARYANA	17.97m
3	JASDEEP SINGH, .	ONGC	17.43m
4	ASHWANI SOLANKI, .	RAILWAYS	16.37m
5	SATYENDRA KR. SINGH, .	RAILWAYS	16.35m
6	TAJINDER SINGH, .	AIPSCB	16.32m
7	UMESH KUMAR, .	HARYANA	15.87m
8	NAVEEN KUMAR, .	DELHI	15.85m
9	SUNIL KUMAR, .	RAILWAYS	15.82m
10	A.MALIK, .	SERVICES	15.78m
11	BALJINDER SINGH, .	SERVICES	15.68m
12	GURPREET SINGH, .	PUNJAB	15.38m
13	RAMESH KUMAR, .	HARYANA	15.22m
14	YUDHVIR SINGH, .	PUNJAB	15.12m
15	BEER BAHADUR, .	MAHARASTRA	15.10m
16	DHIRENDER PRATAP, .	MAHARASTRA	14.69m
17	MD ASGAR, .	SERVICES	14.08m
18	KAMAL SINGH, .	BIHAR	12.32m
	GOVIND RAI, .	MAHARASTRA	NM
	MOHD. UJAID, .	UTTAR PRADESH	NM
	RAVINDRA, .	MADHYA PRADESH	NM
	ASHUTOSH YADAV, .	CHHATISGARH	NM
	MILAN VYAS, .	GUJRAT	NM
	KASISH KHANNA, .	CHANDIGARH	NM
	YADUVEER SINGH, .	RAJASTHAN	DNS
	CHAITNYA DABBAS, .	DELHI	DNS
	NAVPREET SINGH, .	AIPSCB	DNS
	R.K.BALMIKI, .	COAL INDIA	DNS
	TARUN VEER WARAICH, .	ONGC	DNS
	RAVINDER, .	CHHATISGARH	DNS
	JAGROOP SINGH, .	AIPSCB	DNS
	HUBERT D COSTA, .	GOA	DNS

**Event # 16 MENS 2.00kg Discus Throw**

**TIME:- 9:30 HRS**

**08/09/2013**

**# N.R.:VIKAS GOWDA NORMAN 66.28 12-4-2012**

**% M.R.:ANIL KUMAR HAR 60.07 SEP-2003**

**FINAL**

1	ARJUN, .	HARYANA	54.10m
	<b>43.87, 52.39, 53.64, NM, NM, 54.10</b>		
2	DHARAM RAJ, .	SERVICES	50.99m
	<b>50.99, 49.00, NM, 46.57, 50.34, NM</b>		
3	KARAN SINGH, .	RAILWAYS	50.19m
	<b>46.28, 48.22, 47.70, 50.19, NM, 49.48</b>		
4	BALJINDER SINGH, .	AIPSCB	50.05m
5	KIRSHAN KUMAR, .	MAHARASTRA	50.04m
6	UDAY SINGH, CHAUDHARY	CHHATISGARH	49.22m
7	PARVEEN KUMAR, .	HARYANA	48.71m
8	VIKAS PUNIA, .	RAILWAYS	46.50m
9	VIPENDER SINGH, .	DELHI	46.08m
10	PRASHANT MALIK, .	CHANDIGARH	46.04m
11	BINOY C.G., .	SERVICES	45.95m
12	JAGTAR SINGH, .	ONGC	45.04m

**Qualify Round**

1	ARJUN, .	HARYANA	53.52m
2	DHARAM RAJ, .	SERVICES	51.04m
3	VIPENDER SINGH, .	DELHI	50.26m
4	PARVEEN KUMAR, .	HARYANA	49.62m
5	VIKAS PUNIA, .	RAILWAYS	48.31m
6	BALJINDER SINGH, .	AIPSCB	48.31m
7	JAGTAR SINGH, .	ONGC	48.19m
8	PRASHANT MALIK, .	CHANDIGARH	47.84m
9	UDAY SINGH, CHAUDHARY	CHHATISGARH	47.78m
10	KIRSHAN KUMAR, .	MAHARASTRA	47.74m
11	BINOY C.G., .	SERVICES	47.51m
12	KARAN SINGH, .	RAILWAYS	47.05m
13	PUNIT, .	DELHI	46.91m
14	ASHISH RATHI, .	UTTAR PRADESH	46.63m
15	RAM AVTAR, .	MADHYA PRADESH	46.56m
16	DEEPAK CHAUDHARY, .	ASSAM	45.13m
17	HARPREET SINGH, .	PUNJAB	44.62m
18	P.K.YADAV, .	SERVICES	44.49m
19	APOORV DUBEY, .	MADHYA PRADESH	44.22m
20	SHIVAM SINGH, .	LIC	43.95m

21	VIRENDER KUMAR, .	DELHI	43.81m
22	AMIT KUMAR SINGH, .	LIC	41.27m
23	GOVIND RAI, .	MAHARASTRA	41.06m
24	SUKHMINDER SINGH, .	ASSAM	41.03m
	KRISHNKUMAR SHARMA, .	AIPSCB	NM
	SUKHMINDER SINGH, .	RAJASTHAN	NM
	BANVIR SINGH, .	MAHARASTRA	NM
	SATISH, .	MADHYA PRADESH	NM
	ANIL POONIA, .	RAJASTHAN	NM
	G.BALAKRISHNA, .	COAL INDIA	NM
	CHANDRA B. SHUKLA, .	JHARKHAND	NM
	SUNIL KUMAR, .	RAILWAYS	NM
	SANTHOSH DEV, DAS	TAMILNADU	NM
	GURINDER PAL SINGH, .	UTTARAKHAND	DNS
	VIKASH KUMAR, .	BIHAR	DNS
	VIVEK KUMAR, .	RAJASTHAN	DNS
	SACHIN, .	HARYANA	DNS
	JAGJIT SINGH, .	ONGC	DNS

**Event # 17 MENS 7.26kg Hammer Throw**

**TIME:-15:30 HRS**

**09/09/2013**

**#N.R.:R.YADAV BANGLORE 70.16 17.07.2003**

**% M.R.:PRAMOD KUMAR TIWARI UP 70.05 OCT-2001**

**Final**

1	CHANDRODAYA N.SINGH, .	22	UTTAR PRADESH	67.75m
	<b>63.28, NM, 64.67, NM, 64.40, 67.75</b>			
2	NIRAJ KUMAR, .		SERVICES	66.19m
	<b>NM, 61.57, 62.77, NM, 65.39, 66.19</b>			
3	KAUSHAL SINGH, .		SERVICES	61.93m
	<b>61.93, 60.42, 61.27, NM, 59.67, NM</b>			
4	AMIT GILL, .		SERVICES	59.13m
5	TALVINDER SINGH, .		RAILWAYS	58.78m
6	RAMASHANKAR YADAV, .		MADHYA PRADESH	58.53m
7	DELER SINGH, .	29	RAJASTHAN	58.28m
8	HARMESH, .		MADHYA PRADESH	56.03m
9	SHIV KUMAR, .	27	AIPSCB	54.99m
10	SUKHDEV SINGH, .		RAILWAYS	54.69m
11	BALRAJ, .	22	HARYANA	54.15m
12	BHUPENDER, .	24	GUJRAT	52.39m

**Qualify Round**

1	CHANDRODAYA N.SINGH, .		UTTAR PRADESH	64.08m
2	KAUSHAL SINGH, .		SERVICES	61.65m
3	NIRAJ KUMAR, .		SERVICES	61.63m
4	RAMASHANKAR YADAV, .		MADHYA PRADESH	57.62m
5	AMIT GILL, .		SERVICES	57.53m
6	TALVINDER SINGH, .		RAILWAYS	57.23m
7	DELER SINGH, .		RAJASTHAN	57.04m
8	HARMESH, .		MADHYA PRADESH	55.96m
9	BALRAJ, .		HARYANA	55.58m
10	SUKHDEV SINGH, .		RAILWAYS	55.40m
11	SHIV KUMAR, .		AIPSCB	53.89m
12	BHUPENDER, .		GUJRAT	53.55m
13	N.SHANKAR, .		TAMILNADU	51.35m
14	VIJAY KUMAR, .		ASSAM	49.24m
15	GURJINDER SINGH, .		ONGC	48.94m
	ARUN KUMAR, .		JHARKHAND	NM
	GURJOHAR SINGH, .		AIPSCB	NM
	JANISAR AKHTAR, .		LIC	NM
	A.JAZ AHMED, .		RAILWAYS	NM
	ABHISHEK YADAV, .		UTTARAKHAND	NM
	SANDEEP YADAV, .		JHARKHAND	NM
	NIRBHAY SINGH, .		DELHI	DNS
	SACHIN DAHIYA, .		HARYANA	DNS
	R.K.PATHAK, .		COAL INDIA	DNS
	PARGAT SINGH, .		PUNJAB	DNS
	KAUSHAL SINGH, .		UTTAR PRADESH	DNS
	MINTU AHLAWAT, .		ODISHA	DNS
	SHIV KUMAR, .		UTTARAKHAND	DNS

**Event # 18 MENS 800gms Javelin Throw**

**TIME:- 17:15 HRS**

**08/09/2013**

**# N.R.:ANIL SINGH BHOPAL 80.72 2008**

**% M.R.:HARMINDER SINGH POL 77.39 SEP-2002**

**FINAL**

1	RAVINDER SINGH, .		CHANDIGARH	75.47m
	<b>69.48, 73.03, 75.47, 74.38, NM, 73.13</b>			
2	DINESH KR. RAO, .		RAJASTHAN	74.62m
	<b>NM, 70.44, 74.62, 70.58, 69.03, 65.70</b>			

3	RAJENDRA SINGH, . 67.53, NM, 69.62, 72.36, 70.71, 72.88	RAILWAYS	72.88m
4	K.N. TRIPATHI, .	RAILWAYS	70.95m
5	DHARMENDRA KUMAR, .	RAJASTHAN	69.69m
6	DAVINDER SINGH, .	SERVICES	68.13m
7	AMIT MAJUMDER, .	JHARKHAND	67.66m
8	VIRENDER KUMAR, .	SERVICES	67.11m
9	VIJAY DANGI, .	HARYANA	66.40m
10	GAURAV NEHRA, .	DELHI	66.16m
11	AMRNDRASINGH, .	GUJRAT	60.79m
12	SAMARJEET SINGH, . VIPIN PANWAR, .	ONGC DELHI	59.82m DNS

**Qualify Round**

1	RAJENDRA SINGH, .	RAILWAYS	73.14m
2	K.N. TRIPATHI, .	RAILWAYS	72.74m
3	VIJAY DANGI, .	HARYANA	71.47m
4	DINESH KR. RAO, .	RAJASTHAN	71.31m
5	DAVINDER SINGH, .	SERVICES	71.22m
6	AMRNDRASINGH, .	GUJRAT	69.81m
7	DHARMENDRA KUMAR, .	RAJASTHAN	69.04m
8	RAVINDER SINGH, .	CHANDIGARH	68.67m
9	AMIT MAJUMDER, .	JHARKHAND	68.58m
10	SAMARJEET SINGH, .	ONGC	68.32m
11	VIRENDER KUMAR, .	SERVICES	68.30m
12	VIPIN PANWAR, .	DELHI	66.21m
13	GAURAV NEHRA, .	DELHI	65.26m
14	MANOJ YADAV, .	UTTAR PRADESH	64.64m
15	SUNIL KUMAR, .	MADHYA PRADESH	64.62m
16	RAVINDER SINGH, .	MADHYA PRADESH	64.32m
17	JITENDER SINGH, .	DELHI	64.28m
18	VIKAS BISHNOI, .	PUNJAB	63.31m
19	DHARMENDRA KUMAR, PATEL	BIHAR	62.94m
20	HEMRAJ SINGH, .	UTTARAKHAND	62.46m
21	SACHIN PANWAR, .	AIPSCB	61.51m
22	JAG MOHAN SINGH, .	SERVICES	61.42m
23	KUNAR, .	AIPSCB	61.12m
24	DINESH KR PATEL, .	ASSAM	60.91m
25	SUNIL GOSWAMI, .	LIC	60.71m
26	SOVIR RANA, .	MADHYA PRADESH	59.71m
27	YASHJEET SINGH, .	UTTARAKHAND	56.76m
28	AMIT KUMAR, .	UTTARAKHAND	56.67m
29	ASHUTOSH KUMAR, .	BIHAR	55.48m
30	JAI CHODHARY, .	HARYANA	51.00m
	JITENDRA SINGH, .	LIC	DNS
	ABHILASH, .	HARYANA	DNS
	KRISHAN KUMAR PATEL, .	UTTAR PRADESH	DNS
	UMAKANT TRIPATHI, .	UTTAR PRADESH	DNS
	SAN DEEP YADAV, .	AIPSCB	DNS
	SALIM SHAIKH, .	GUJRAT	DNS
	A. MICHRAL JUSTIN, .	TAMILNADU	DNS
	S.K.RAI, .	COAL INDIA	DNS
	OM PRAKASH, .	RAJASTHAN	DNS
	SUHAS M BENKE, .	MAHARASTRA	DNS
	ARJUN SHANKAR, SHIRTODE	MAHARASTRA	DNS
	SHARATH RAJ, .	RAILWAYS	DNS

**Event # 19 MENS 4x100m Relay**

**TIME:- 17:00 HRS**

**10/09/2013**

**# N.R.:** (R.MOLLA, S.SURESH, SAMEER MON, ABDUL N.QURSH)

**% M.R.:** (VISHAL SAXENA, AMIT KUMAR SAHA, VILAS NEELGUND, A.ARVIND)

**FINAL**

1	<b>TAMILNADU</b> M.PRAKESH, . S.SATHYA, .	BALAMURUGAN, . AL AMEEN, .	41.02
2	<b>SERVICES</b> SATYAVAR SINGH, . A.ANEESH, .	YESU RAJ, . VIDYA SAGAR, .	41.15
3	<b>RAILWAYS</b> GANESH SATPUTE, . RITESH ANAND, .	A. SURESH, . MANIKANDA ARUMUGAM,	41.34
4	<b>RAJASTHAN</b> VINIT PANWAR, . GURVIR SINGH, .	SUKHWINDER SINGH, . MUKESH PATHAK, .	41.63
5	<b>LIC</b> A YOGESH, . ANKIT SHARMA, .	MAHENDRA RAO J, . ANIRUDDHA GUJAR, .	42.05
6	<b>CHANDIGARH</b> AMAN HANDA, . ASHISH LOHAN, .	AKASHDEEP SINGH, . HUSANDEEP SINGH, .	42.64

7	<b>UTTAR PRADESH</b> SITENDER SINGH, . ASHISH PRATAP SINGH	JEETENDER SINGH, . VIBHORE SINGH, .	49.55	
	<b>PUNJAB</b> AMARVIR SINGH, . KARANDEEP SINGH, .	AMANDEEP SINGH, . MUKESH KUMAR, .	DNF	
<b>Heat-1</b>				
1	<b>RAILWAYS</b> GANESH SATPUTE, . RITESH ANAND, .	A. SURESH, . MANIKANDA ARUMUGAM,	41.21	
2	<b>RAJASTHAN</b> VINIT PANWAR, . GURVIR SINGH, .	SUKHWINDER SINGH, SUNIL KUMAR, .	41.47	
3	<b>LIC</b> MAHENDRA RAO J, . A YOGESH, .	ANKIT SHARMA, . ANIRUDDHA GUJAR, .	41.91	
4	<b>KERALA</b> ANAS C G, . RAJA OOMMAN, .	ANOOP P K, . RATHEESH M, .	42.16	
5	<b>PONDICHERY</b> ANBUSELVAM, . W.JOHN Y NIKELSON,	D.ZERO, . S.VELAYUDAM, .	43.81	
6	<b>OFSPB</b> ARAVIND KR. PRASA AMISH P. POTHEN, <b>ANDHRA PRADESH</b> NAGARJUNA PALLA, . R.VEERAMANI, .	CHANDRASEKHAR, . SATYAJIT NANDY, .  C. SANJEEV, . CH.ESWAR REDDY, .	46.49  DNF	
<b>Heat-2</b>				
1	<b>SERVICES</b> YESU RAJ, . SATYAVAR SINGH, .	A.ANEESH, . VIDYA SAGAR, .	41.13	
2	<b>TAMILNADU</b> M.PRAKESH, . S.SATHYA, .	BALAMURUGAN, . AL AMEEN, .	41.37	
3	<b>PUNJAB</b> AMARVIR SINGH, . KARANDEEP SINGH, .	AMANDEEP SINGH, . MUKESH KUMAR, .	41.41	
4	<b>CHANDIGARH</b> AMAN HANDA, . ASHISH LOHAN, .	AKASHDEEP SINGH, HUSANDEEP SINGH,	41.49	
5	<b>UTTAR PRADESH</b> SITENDER SINGH, . ASHISH PRATAP SINGH	JEETENDER SINGH, VIBHORE SINGH, .	41.96	
6	<b>ALL INDIA UNIVERSITY</b> B.LEELA VARA PRASAD D.PREM KUMAR, .	P.D.SRINIVASA, . VAISHAK N., .	43.59	
7	<b>JHARKHAND</b> GURJEET SINGH, . CHANDAN KR YADAV, CHANDRA B. SHUKLA	K.SIVA SENTHIL, . NIRAJ KUMAR ROY,	43.99	
8	<b>MADHYA PRADESH</b> PANKAJ RAI, . RAMADHAR, .	SAMAY JAIN, . NARENDRA, .	47.43	
<b>Event # 20 MENS 4x400m Relay</b>				
<b>TIME:- 9:15 HRS</b>				
<b>10/09/2013</b>				
<b># N.R.:I (LIJO DAVID, P.RAMCHANDRAN, JATA SHANKAR, PARAMJIT SINGH)</b>				
<b>% M.R.:SERVICES TEAM SSCB 3:07.29 2002</b>				
1	<b>SERVICES</b> KUNHU MOHAMMED, . JITHU BABY, .	SACHIN ROBY, . AROAKYA RAJIV, .	3:07.27 *NMR	%
2	<b>HARYANA</b> ARUN KUMAR, . RAJIV, .	VIJAY SINGH MALIK, SUMIT MALIK, .	3:11.87	
3	<b>RAILWAYS</b> BIBIN MATHEW, . NEERAJ PANWAR, .	JITHIN PAUL, . BINISH V.B., .	3:12.16	
4	<b>MADHYA PRADESH</b> JAYA PRAKASH SHETTY MANU KUMAR, .	LUKMAL HAKKIM, . JIBIN S, .	3:13.84	
5	<b>ONGC</b> BINO AQUTI OC, . GHAMANDA RAM, .	MANJEET SINGH, . DAVINDER SINGH, .	3:13.94	

6	<b>LIC</b> D L ZODGE, . A YOGESH, .	KALIDAS L HIRAVE, . MANJU M R, .	3:26.70
7	<b>UTTAR PRADESH</b> MANEESH MISHRA, . ASHISH PRATAP SING	VIBHORE SINGH, . JEETENDER SINGH, .	3:28.96
8	<b>JHARKHAND</b> AJIT KUMAR, . MANTU YADAV, .	NIRAJ KUMAR ROY, . PRADIP TAPE, .	3:30.37

**Event # 21 MENS 20000m Walk**

**TIME:-6:00 HRS**

**09/09/2013**

**# N.R.:K.T. IRFAN LONDON 1:20:21.00 AUG-2012**

**% M.R.:BABU BHAI SSCB 1:23:40.00 OCT-2007**

1	GANPATI, .	SERVICES	1:27:18.15
2	GURMEET SINGH, .	RAILWAYS	1:28:19.30
3	BALJINDER SINGH, .	PUNJAB	1:29:09.08
4	CHANDAN SINGH, .	SERVICES	1:29:19.07
5	BABU BHAI, .	SERVICES	1:31:30.40
6	MANI RAM PATEL, .	RAILWAYS	1:31:59.99
7	MANISH RAWAT, .	AIPSCB	1:33:02.61
8	DEVENDAR SINGH, .	SERVICES	1:33:39.54
9	K. SOMENDRO SINGH, .	MANIPUR	1:34:16.61
10	ASHISH ROHILA, .	HARYANA	1:34:26.08
11	DAYA SHANKER, .	UTTAR PRADESH	1:35:09.34
12	JINTENDRA S. RATHORE, .	RAJASTHAN	1:35:54.08
13	RASHAM MIDHUN, .	ASSAM	1:36:45.43
14	SACHIN KUMAR, .	MANIPUR	1:39:06.38
15	JAGSHREE SINGH, .	CHHATISGARH	1:41:33.38
16	JEEBIN JOSE, .	MADHYA PRADESH	1:42:31.63
17	LAV KUMAR SINGH, .	JHARKHAND	1:49:19.00
	DEEPAK KUMAR, .	MADHYA PRADESH	DNF
	CH SANTA SINGH, .	AIPSCB	DNF
	SURINDER SINGH, .	PUNJAB	DNF
	IKRAR AHMED, .	ASSAM	DNF
	ANKIT KUMAR, .	CHHATISGARH	DNF
	KULDEEP, .	HARYANA	DNF
	ROMIT, .	RAILWAYS	DNF
	PRAVEEN NAIK, .	MADHYA PRADESH	DNF
	SANDEEP KUMAR, .	HARYANA	DNS
	PROMOD KUMAR, .	ASSAM	DNS
	HARMINDER SINGH, .	PUNJAB	DNS
	KRISHNA BIND, .	UTTAR PRADESH	DNS
	BINU VARGHESE, .	KERALA	DNS
	MANISH KUMAR, .	UTTARAKHAND	DNS
	ANTAR SINGH SIDHU, .	AIPSCB	DNS

**Event # 43 MENS Decathlon**

**TIME:-**

**# N.R.:BHARTINDER SINGH BANGLORE 7658 12-6-2011**

**% M.R.:KULWINDER SINGH SSCB 7257 7-8NOV05**

1	DAYA RAM, . 11.41,6.89,13.30,1.70,53.42,15.13,40.61,4.20,51.15,4:58.44	SERVICES	6812
2	RANEESH V.V., . 11.55,6.68,11.66,1.82,50.15,16.51,33.63,4.40,48.76,4:35.34	RAILWAYS	6742
3	AJAY YADAV, . 11.66,6.55,11.83,1.67,50.81,16.25,37.08,4.00,55.27,4:43.25	SERVICES	6576
4	AJIT SINGH, .	HARYANA	6415
5	ABHISHEK ROY, .	MADHYA PRADESH	6129
6	BINOY JOHN MATHEW, .	SERVICES	6117
7	ABHISHEK N.SHETTY, .	ALL INDIA UNIVERSITY	6080
8	RAMBIR SINGH, .	RAILWAYS	5526
9	A.M. ABDUL KADIR, .	RAJASTHAN	5483
	VINOD KUMAR, .	ASSAM	DNF
	SUKHDEV SINGH, .	JHARKHAND	DNF
	SAMPAT SINGH, .	CHANDIGARH	DNF
	AYYAPPAN, .	AIPSCB	DNF
	MUKESH BAJPAI, .	AIPSCB	DNF
	OMVEER SINGH, .	RAILWAYS	DNF

**Event # 22 WOMENS 100m**

**TIME:- 18:25 HRS**

**08/09/2013**

**# N.R.:RACHITA MISTRY TRIVENDRAM 11.38 12.08.2000**

**% M.R.:SARASWATI SAHA RSPB 11.43 SEP-2002**

**FINAL**

1	DUTEECHAND, .	ONGC	+0.0m/s	11.73
2	H.M.JYOTHI, .	KARNATAKA	+0.0m/s	11.87
3	MERLIN K. JOSEPH, .	RAILWAYS	+0.0m/s	11.95
4	SRABANI NANDA, .	ODISHA	+0.0m/s	12.06
5	NEETHU MATHEW, .	LIC	+0.0m/s	12.12



6	BHAGYSHREE SHIRKE, .	MAHARASTRA	+0.0m/s	12.21
7	SINI S., .	AIPSCB	+0.0m/s	12.21
8	SUNANDA SARKAR, .	ALL INDIA UNIVERSITY	+0.0m/s	12.75
<b>Semi Final-1</b>				
1	DUTEECHAND, .	ONGC	+0.0m/s	11.73
2	NEETHU MATHEW, .	LIC	+0.0m/s	12.21
3	SHARADA N., .	RAILWAYS	+0.0m/s	12.32
4	J.THARANYA, .	ANDHRA PRADESH	+0.0m/s	12.57
5	R.KOWSALYA, .	JHARKHAND	+0.0m/s	12.58
6	INDU PRASAD, .	MADHYA PRADESH	+0.0m/s	13.02
7	BISMAN KAUR, .	DELHI	+0.0m/s	13.49
8	SAVITA KUMARI, .	CHANDIGARH	+0.0m/s	13.86
<b>Semi Final-2</b>				
1	H.M.JYOTHI, .	KARNATAKA	+0.0m/s	11.81
2	SINI S., .	AIPSCB	+0.0m/s	12.13
3	BHAGYSHREE SHIRKE, .	MAHARASTRA	+0.0m/s	12.23
4	ASHA ROY, .	RAILWAYS	+0.0m/s	12.36
5	MANJINDER JYOTI, .	PUNJAB	+0.0m/s	12.72
6	VRESHA SHIVSHANKAR, .	CHHATISGARH	+0.0m/s	12.96
7	HASMEET KAUR, .	DELHI	+0.0m/s	13.10
8	VARA LAKSHMI J., .	ALL INDIA UNIVERSITY	+0.0m/s	13.74
<b>Semi Final-3</b>				
1	<b>MERLIN K. JOSEPH, .</b>	<b>RAILWAYS</b>	<b>+0.0m/s</b>	<b>11.35 *NR</b>
2	SRABANI NANDA, .	ODISHA	+0.0m/s	11.54
3	SUNANDA SARKAR, .	ALL INDIA UNIVERSITY	+0.0m/s	12.04
4	SHILPA CHAMBOLIN, .	LIC	+0.0m/s	12.25
5	POOJA PANDIT, .	DELHI	+0.0m/s	12.34
6	K.ACHYUTA KUMARI, .	ANDHRA PRADESH	+0.0m/s	12.63
7	KIRANPREET KAUR, .	CHANDIGARH	+0.0m/s	13.01
<b>Heat-1</b>				
1	MERLIN K. JOSEPH, .	RAILWAYS	+0.0m/s	12.07
2	NEETHU MATHEW, .	LIC	+0.0m/s	12.21
3	R.KOWSALYA, .	JHARKHAND	+0.0m/s	12.62
4	BISMAN KAUR, .	DELHI	+0.0m/s	13.35
	PRANITA SAVE, .	MAHARASTRA		DNS
	K.ARTHI, .	TAMILNADU		DNS
	MANJINDER JYOTI, .	RAJASTHAN		DNS
<b>Heat-2</b>				
1	SHARADA N., .	RAILWAYS	+0.0m/s	12.35
2	SUNANDA SARKAR, .	ALL INDIA UNIVERSITY	+0.0m/s	12.65
3	MANJINDER JYOTI, .	PUNJAB	+0.0m/s	12.75
4	SAVITA KUMARI, .	CHANDIGARH	+0.0m/s	13.75
	MANISHA KUMARI, .	JHARKHAND		DQ
	RADHA DWIVEDI, .	UTTAR PRADESH		DNS
	PUSHPANJLI SETHI, .	COAL INDIA		DNS
<b>Heat-3</b>				
1	SRABANI NANDA, .	ODISHA	+1.0m/s	11.98
2	SINI S., .	AIPSCB	+1.0m/s	12.00
3	BHAGYSHREE SHIRKE, .	MAHARASTRA	+1.0m/s	12.17
4	VRESHA SHIVSHANKAR, .	CHHATISGARH	+1.0m/s	12.93
5	HASMEET KAUR, .	DELHI	+1.0m/s	13.00
6	KIRANPREET KAUR, .	CHANDIGARH	+1.0m/s	13.52
	S.ARCHANA, .	TAMILNADU		DNS
	RITU RANI, .	HARYANA		DNS
<b>Heat-4</b>				
1	H.M.JYOTHI, .	KARNATAKA	+0.4m/s	11.98
2	ASHA ROY, .	RAILWAYS	+0.4m/s	12.34
3	J.THARANYA, .	ANDHRA PRADESH	+0.4m/s	12.65
4	SHILPA CHAMBOLIN, .	LIC	+0.4m/s	12.88
	AKICHA GAZI, .	MADHYA PRADESH		DNS
	SUNITHA KUMARI B.K, .	JHARKHAND		DNS
	MANISHA, .	HARYANA		DNS
<b>Heat-5</b>				
1	DUTEECHAND, .	ONGC	+0.2m/s	11.72
2	POOJA PANDIT, .	DELHI	+0.2m/s	12.91
3	K.ACHYUTA KUMARI, .	ANDHRA PRADESH	+0.2m/s	13.09
4	INDU PRASAD, .	MADHYA PRADESH	+0.2m/s	13.11
5	VARA LAKSHMI J., .	ALL INDIA UNIVERSITY	+0.2m/s	13.93
	MANDEEP KAUR, .	PUNJAB		DNS
	BABITA SINGH, .	HARYANA		DNS

**Event # 23 WOMENS 200m****TIME:- 16:00 HRS****10/09/2013****# N.R.:SARASWATI SAHA LUDHIANA 22.82 28.08.2002****% M.R.:SARASWATI SAHA RSPB 22.83 SEP-2002****Final**

1	DUTEECHAND, .	ONGC	+0.4m/s	24.02
2	CHAVI SHARAWAT, .	RSPB	+0.4m/s	24.05
3	V SANTHINI, .	LIC	+0.4m/s	24.30
4	SRABANI NANDA, .	ORI	+0.4m/s	24.49
5	M R POOVAMMA, .	ONGC	+0.4m/s	24.56
6	C ARYA, .	LIC	+0.4m/s	25.43
7	SANITHA SABU, .	LIC	+0.4m/s	25.62
	ASHA ROY, .	RSPB		DNS

**Heat-1**

1	DUTEECHAND, .	ONGC	+0.0m/s	23.74
2	CHAVI SHARAWAT, .	RAILWAYS	+0.0m/s	23.86
3	SANITHA SABU, .	LIC	+0.0m/s	25.41
4	VRESHA SHIVSHANKAR, .	CHHATISGARH	+0.0m/s	26.28
5	SONAL CHAWLA, .	DELHI	+0.0m/s	26.84
6	VARA LAKSHMI J, .	ALL INDIA UNIVERSITY	+0.0m/s	28.08

**Heat-2**

1	V SANTHINI, .	LIC	+0.1m/s	24.09
2	SRABANI NANDA, .	ODISHA	+0.1m/s	24.29
3	ASHA ROY, .	RAILWAYS	+0.1m/s	25.25
4	MERLIN K. JOSEPH, .	RAILWAYS	+0.1m/s	25.75
5	R.KOWSALYA, .	JHARKHAND	+0.1m/s	26.51
	SAVITA KUMARI, .	CHANDIGARH		DQ

**Heat-3**

1	M R POOVAMMA, .	ONGC	-0.3m/s	25.22
2	C ARYA, .	LIC	-0.3m/s	25.51
3	SUNANDA SARKAR, .	ALL INDIA UNIVERSITY	-0.3m/s	26.04
4	HASMEET KAUR, .	DELHI	-0.3m/s	26.47
5	DEEPIKA KOTIAN, .	MAHARASTRA	-0.3m/s	26.50

**Event # 24 WOMENS 400m****TIME:- 17:10 HRS****09/09/2013****# N.R.:MANJEET KAUR CHENNAI 51.05 16.06.2004****% M.R.:K.M. BEENAMOL RSPB 51.90 SEP-2002****FINAL**

1	M R POOVAMMA, .	ONGC		53.96
2	CHAVI SHARAWAT, .	RAILWAYS		54.44
3	ANU MARIAN JOSE, .	LIC		54.59
4	ASHWINI AKKUNJI, .	KARNATAKA		55.22
5	ANJU THOMAS, .	AIPSCB		56.04
6	ANILDA THOMAS, .	KERALA		56.08
7	C ARYA, .	LIC		56.12
	PRIYANKA MONDAL, .	RAILWAYS		DNS

**Heat-1**

1	M R POOVAMMA, .	ONGC		53.66
2	CHAVI SHARAWAT, .	RAILWAYS		53.85
3	C ARYA, .	LIC		56.12
4	RANJANA ROY, .	ASSAM		57.70
	NIMISHA JAYAPRAKASH, .	KERALA		DNF
	RAJNI, .	DELHI		DNS
	RATTANDEEP KAUR, .	AIPSCB		DNS

**Heat-2**

1	ASHWINI AKKUNJI, .	KARNATAKA		55.28
2	ANILDA THOMAS, .	KERALA		56.26
3	NIRMALA, .	HARYANA		56.78
4	SUNITHA KUMARI B.K, .	JHARKHAND		1:03.94
	SARITA, .	RAILWAYS		DQ
	HARPREET KAUR, .	UTTARAKHAND		DNS
	SARITA, .	UTTAR PRADESH		DNS
	KULI DASS, .	COAL INDIA		DNS

**Heat-3**

1	ANU MARIAN JOSE, .	LIC		54.25
2	ANJU THOMAS, .	AIPSCB		55.52
3	PRIYANKA MONDAL, .	RAILWAYS		56.13
4	DEBASHRI MAZUMDER, .	WEST BENGAL		56.31
5	VIJAY LAXMI, .	UTTAR PRADESH		1:05.09
	HARPREET KAUR, .	PUNJAB		DNF
	A. PAPATHI, .	AIPSCB		DNS
	SINSHA K, .	KERALA		DNS

**Event # 25 WOMENS 800m****TIME:- 17:45 HRS****08/09/2013****# N.R.:TINTU LUKA BRUSSLES 1:59.17 AUG 2010****% M.R.:ROSA KUTTY RSPB 2:01.06 1997****FINAL**

1	TINTU LUKA, .	RAILWAYS	2:01.87
2	SUSHMA DEVI, .	RAILWAYS	2:03.11
3	SINI A MARKOSE, .	ONGC	2:03.51
4	JESSY JOSEPH, .	KERALA	2:06.82
5	A.GOMATHI, .	TAMILNADU	2:11.48
6	PRATIMA TUDU, .	WEST BENGAL	2:15.89
7	ANUPAMA SRIVASTAVA, .	UTTAR PRADESH	2:20.83
8	FULAN KHATUN, .	WEST BENGAL	2:28.76

**Heat-1**

1	TINTU LUKA, .	RAILWAYS	2:13.52
2	A.GOMATHI, .	TAMILNADU	2:13.77
3	PRATIMA TUDU, .	WEST BENGAL	2:14.23
4	ANUPAMA SRIVASTAVA, .	UTTAR PRADESH	2:16.60
5	NAMITA KABAT, .	JHARKHAND	2:21.84
6	MAHALAKSHMI R., .	KARNATAKA	2:33.19
	RITU CHHIKARA, .	HARYANA	DNS
	CHINCHU JOSE, .	AIPSCB	DNS

**Heat-2**

1	JESSY JOSEPH, .	KERALA	2:12.25
2	SINI A MARKOSE, .	ONGC	2:13.47
3	ALISHKA AGARWAL, .	JHARKHAND	2:19.98
4	APARNA, .	CHHATISGARH	2:21.86
5	AMBIKA SREEDHARAN, .	AIPSCB	2:31.44
	ANU MARIAN JOSE, .	LIC	DNF
	JHUMA KHATUN, .	RAILWAYS	DNF
	PARUL CHAUDHARY, .	UTTAR PRADESH	DNS
	MAHALAKSHMI, .	GUJRAT	DNS

**Heat-3**

1	SUSHMA DEVI, .	RAILWAYS	2:17.38
2	FULAN KHATUN, .	WEST BENGAL	2:17.41
3	LAXMI KASHYAP, .	DELHI	2:21.17
4	SINSHA K, .	KERALA	2:27.84
5	SARITA, .	UTTAR PRADESH	2:30.74
6	UMABHAGYALAKSHMI, .	KARNATAKA	2:31.07
	NIRMALA, .	HARYANA	DNF
	K.MEENAKSHI, .	TAMILNADU	DNS

**Event # 26 WOMENS 1500m****TIME:- 17:30 HRS****10/09/2013****# N.R.:SUNITA RANI BUSAN 4:06.03 10.10.2002****% M.R.:O.P. JAISHA RSPB 4:11.83 5-10-2006**

1	SINI A MARKOSE, .	ONGC	4:29.72
2	O.P. JAISHA, .	RAILWAYS	4:30.52
3	JHUMA KHATUN, .	RAILWAYS	4:31.00
4	SUSHMA DEVI, .	RAILWAYS	4:31.97
5	KIRANJIT KAUR, .	AIPSCB	4:32.84
6	JYOTI RANI, .	ONGC	4:35.68
7	PRATIMA TUDU, .	WEST BENGAL	4:35.96
8	CHINTA YADAV, .	UTTAR PRADESH	4:38.65
9	ALISHKA AGARWAL, .	JHARKHAND	4:46.30
10	PRI A T V, .	KERALA	4:55.18
11	RITU DINKAR, .	JHARKHAND	4:59.98
12	SHARANJIT KAUR, .	PUNJAB	5:03.74
13	ARCHANA SHARMA, .	UTTAR PRADESH	5:38.95
	FULAN KHATUN, .	WEST BENGAL	DNF
	WAHIDA RAHMAN, .	AIPSCB	DNS

**Event # 27 WOMENS 5000m****TIME:- 6:00 AM****07/09/2013****#N.R.:P.SRIDHARAN GUANGZHOU :15:15.89 26/11/2010****% M.R.:PREEJA SREEDHARAN RSPB :15:45.96 OCT-2007**

1	L. SURYA, .	RAILWAYS	16:24.58
2	PREEJA SREEDHARAN, .	RAILWAYS	16:27.70
3	KAVITA RAUT, .	ONGC	16:33.50
4	O.P. JAISHA, .	RAILWAYS	16:57.91
5	SWATI GADHAVE, .	MAHARASTRA	17:46.71
6	KIRAN, .	UTTAR PRADESH	18:00.43
7	ROHINI FULCHAND RAUT, .	ALL INDIA UNIVERSITY	18:11.10
8	SEEMA, .	DELHI	18:18.84
9	ARPITA SAINI, .	DELHI	18:37.59
	MONIKA ATHARE, .	LIC	DNF
	RITU DINKAR, .	JHARKHAND	DNS
	S.THABATON CHANU, .	AIPSCB	DNS

GURVIR KAUR, .  
 NITISHA GAONK AR, .  
 L. CHAOBACHANU, .  
 SHYAMLI SINGH, .  
 SHERNIFA LOBO, .  
 POOJA R VARADE, .  
 RITU PAL, .

AIPSCB DNS  
 GOA DNS  
 AIPSCB DNS  
 JHARKHAND DNS  
 GOA DNS  
 ONGC DNS  
 UTTAR PRADESH DNS

**Event # 28 WOMENS 10000m**

**TIME:- 6:00 HRS**

**10/09/2013**

**#N.R.:P.SRIDHARAN GUANGZHOU :31:50.47 21/11/2010**

**% M.R.:KAVITA RAUT MAH :32:41.31 18/5/2010**

1	L. SURYA, .	RAILWAYS	34:07.45
2	KAVITA RAUT, .	ONGC	34:36.25
3	PREEJA SREEDHARAN, .	RAILWAYS	35:11.58
4	MONIKA ATHARE, .	LIC	35:43.44
5	ROHINI FULCHAND RAUT, .	ALL INDIA UNIVERSITY	36:38.41
6	SANAKKI THIPPAVA, .	RAILWAYS	37:22.95
7	KIRAN, .	UTTAR PRADESH	37:29.65
	SWATI GADHAVE, .	MAHARASTRA	DNF
	ANURADHA SINGH, .	AIPSCB	DNF
	ASHA AGGARWAL, .	DELHI	DNS
	REENA, .	DELHI	DNS

**Event # 29 WOMENS 84.0cm 100m Hurdles**

**TIME:- 16:15 HRS**

**09/09/2013**

**# N.R.:ANURADHA BISWAL NEW DELHI 13.38 08.09.2002**

**% M.R.:ANURADHAL BISWAL ORI 13.38 SEP-2002**

**FINAL**

1	G.GAYATHRY, .	TAMILNADU	-0.7m/s	13.70
2	J HEMASREE, .	LIC	-0.7m/s	14.19
3	ANCHU M.M, .	RAILWAYS	-0.7m/s	14.31
4	MEGHNA SHETTY, .	ONGC	-0.7m/s	14.58
5	AKICHA GAZI, .	MADHYA PRADESH	-0.7m/s	15.06
6	JOJIMOL JOSEPH, .	AIPSCB	-0.7m/s	15.09
7	MANJU P.M, .	RAILWAYS	-0.7m/s	15.13
8	TINU JACOB, .	ALL INDIA UNIVERSITY	-0.7m/s	15.23

**Heat-1**

1	G.GAYATHRY, .	TAMILNADU	-1.4m/s	13.93
2	ANCHU M.M, .	RAILWAYS	-1.4m/s	14.95
3	JOJIMOL JOSEPH, .	AIPSCB	-1.4m/s	15.39
4	TINU JACOB, .	ALL INDIA UNIVERSITY	-1.4m/s	15.43
5	ASWINI K S, .	KERALA	-1.4m/s	16.10
	SAJITHA K.V, .	RAILWAYS		DNS

**Heat-2**

1	J HEMASREE, .	LIC	-0.7m/s	14.64
2	MEGHNA SHETTY, .	ONGC	-0.7m/s	14.96
3	AKICHA GAZI, .	MADHYA PRADESH	-0.7m/s	15.24
4	MANJU P.M, .	RAILWAYS	-0.7m/s	15.27
5	MANPREET KAUR, .	AIPSCB	-0.7m/s	16.92
	ANISHA K VIJAYAN, .	AIPSCB		DNS

**Event # 30 WOMENS 76.2cm 400m Hurdles**

**TIME:- 16:45 HRS**

**07/09/2013**

**# N.R.:P.T. USHA LOS ANGELES 55.42 08.08.1984**

**% M.R.:P.T. USHA RSPB 56.80 1985**

**FINAL**

1	R.ELAVARASI, .	TAMILNADU		1:00.80
2	ANJU RANI, .	ONGC		1:01.55
3	A. PAPATHI, .	AIPSCB		1:01.88
4	M S DARSANA, .	LIC		1:03.03
5	ARPITHA M., .	KARNATAKA		1:03.84
6	TINU JACOB, .	ALL INDIA UNIVERSITY		1:04.69
7	MONIKA SINGH, .	UTTAR PRADESH		1:05.12
8	SONAL CHAWLA, .	DELHI		1:05.48

**Heat-1**

1	M S DARSANA, .	LIC		1:04.80
2	TINU JACOB, .	ALL INDIA UNIVERSITY		1:06.72
3	NEETHUMOL P MATHEW, .	AIPSCB		1:07.92
4	SANTI BARMAN, .	RAILWAYS		1:10.44
	ARPITA M, .	CHHATISGARH		DNS
	JASPREET KOUR, .	HARYANA		DNS

**Heat-2**

1	A. PAPATHI, .	AIPSCB		1:02.16
2	ANJU RANI, .	ONGC		1:02.67
3	ARPITHA M., .	KARNATAKA		1:05.57
4	ANITA NAGA REDDY, .	RAILWAYS		1:10.45
5	VIBHA YADAV, .	UTTAR PRADESH		1:15.84
	SARMISTHA MANDAL, .	BIHAR		DNS

**Heat-3**

1	R.ELAVARASI, .	TAMILNADU	1:03.50
2	MONIKA SINGH, .	UTTAR PRADESH	1:04.25
3	SONAL CHAWLA, .	DELHI	1:04.89
4	VIJAYA LAKSHMI, .	RAILWAYS	1:05.89
	SANDEEP GHUMAN, .	HARYANA	DNS
	ARPITHA M., .	MANIPUR	DNS
	T RENUKA, .	LIC	DNS

**Event # 31 WOMENS 3000m Steeplechase****TIME:- 17:30 HRS****09/09/2013****# N.R.:SUDHA SINGH Huelva-SPAIN 9:47.70 7-6-2012****% M.R.:SUDHA SINGH RSPB :10:09.56 17/5/2010**

1	<b>SUDHA SINGH, .</b>	<b>RAILWAYS</b>	<b>10:09.04 *NMR</b>
2	LALITA BABAR, .	RAILWAYS	10:33.40
3	KIRAN TIWARI, .	HARYANA	10:52.75
4	CHINTA YADAV, .	UTTAR PRADESH	11:09.93
5	JAYSHRI BORGE, .	AIPSCB	11:47.84
6	MEENU NIRWAL, .	UTTAR PRADESH	12:25.41
7	SEEMA AKHTAR, .	AIPSCB	13:01.82
	WAHIDA RAHMAN, .	AIPSCB	DNF
	PRIYANKA SINGH PATEL, .	RAILWAYS	DNF

**Event # 32 WOMENS High Jump****TIME:- 17:05 HRS****08/09/2013****# N.R.:SAHANA KUMARI HYDERABAD 1.92 23.06.2012****% M.R.:SAHANA KUMARI RSPB 1.84 11/9/2012**

1	REENA, .	AIPSCB	1.70m
2	SIJI N.K., .	RAILWAYS	1.65m
2	MALLIKA MANDAL, .	RAILWAYS	1.65m
4	SONU -I, .	HARYANA	1.65m
5	TINTU N.D, .	AIPSCB	1.60m
5	ANITTA MATHEW, .	KERALA	1.60m
7	G. MARY SHALANI, .	TAMILNADU	1.55m
7	HARSHINI NISHITH, .	LIC	1.55m
9	JINU MARIA MANUEL, .	KERALA	1.55m
	RENUKAMAL V G, .	MADHYA PRADESH	DNS
	AMARVIR KAUR, .	PUNJAB	DNS
	SAHANA KUMARI, .	RAILWAYS	DNS
	DEEPIKA GOYAL, .	MAHARASTRA	DNS
	NAVPREET KAUR, .	AIPSCB	DNS
	RESHMI TOPPO, .	COAL INDIA	DNS

**Event # 33 WOMENS Long Jump****TIME:- 16:00 HRS****07/09/2013****# N.R.:ANJU BOBBY GEORGE ATHENS 6.83 27.08.2004****% M.R.:ANJU BOBBY GEORGE TN 6.74 SEP-2002**

1	PRAJUSHA M.A, .	RAILWAYS	-0.2m/s	6.25m
	6.03, 6.13, 6.18, NM, 6.25, 6.24			
2	NEENA V., .	RAILWAYS	+0.0m/s	6.20m
	5.90, 5.99, 5.80, 6.02, 6.20, NM			
3	BHUMIKA THAKUR, .	PUNJAB	+0.0m/s	5.95m
	5.80, 5.80, 5.86, 5.95, NM, 5.89			
4	SHIPU MONDAL, .	WEST BENGAL	+0.0m/s	5.90m
5	M. PRIYA DEVI, .	AIPSCB	+0.0m/s	5.74m
6	G.KARTHIKA, .	ALL INDIA UNIVERSITY	+0.0m/s	5.72m
7	SUSAN K. JOY, .	RAILWAYS	+0.0m/s	5.70m
8	S DELPHINRANI, .	LIC	+0.0m/s	5.69m
9	RENUBALA MAHANTA, .	AIPSCB	+0.0m/s	5.57m
10	SHRADDHA BHASKAR, GHULE	ONGC	+0.0m/s	5.54m
11	K.ACHYUTA KUMARI, .	ANDHRA PRADESH	+0.0m/s	5.47m
12	REKHA, .	HARYANA	+0.0m/s	5.46m
13	RINTU MATHEW, .	KERALA	+0.1m/s	5.46m
14	JULIN CLETUS, .	KERALA	+0.0m/s	5.45m
15	AKICHA GAZI, .	MADHYA PRADESH	-0.1m/s	5.38m
16	NEETHUMOL BOSE, .	MADHYA PRADESH	+0.0m/s	5.33m
17	CHANDINI B.V., .	ALL INDIA UNIVERSITY	+0.0m/s	5.08m
18	SUJATA NAG, .	JHARKHAND	+0.0m/s	5.01m
19	RINI SIKDAR, .	DELHI	+0.0m/s	4.70m
	HARSHINI NISHITH, .	LIC		DNS
	MEREENA JOSEPH, .	AIPSCB		DNS
	RAJPUT BABITA, .	GUJRAT		DNS
	ARTI KUSHWAHA, .	UTTAR PRADESH		DNS
	JOLLY V.M., .	ALL INDIA UNIVERSITY		DNS

**Event # 34 WOMENS Triple Jump****TIME:- 17:05 HRS****09/09/2013****# N.R.:MAYOOKHA JOHNY INDIA 14.11 2011****% M.R.:MAYOOKHA JOHNY KERALA 13.71 12-9-2011**

1	PRAJUSHA M.A, . NM, 12.91, 12.89, NM, 12.52, NM	RAILWAYS	+0.0m/s	12.91m
2	NEENA V., . 12.14, 12.29, 12.32, 12.48, 12.41, 12.76	RAILWAYS	-0.5m/s	12.76m
3	MEREENA JOSEPH, . 12.35, NM, 12.50, NM, 12.07, NM	AIPSCB	-0.1m/s	12.50m
4	BHUMIKA THAKUR, .	PUNJAB	+0.0m/s	12.31m
5	JOYLINE MURAL LOBO, .	LIC	+0.0m/s	12.29m
6	JOLLY V.M., .	ALL INDIA UNIVERSITY	-0.3m/s	11.92m
7	B.VAISHNAVI, . SHRADDHA BHASKAR, GHULE AMITHA BABY, . ROCHELLE MARIA, MACFARLANE SIVAANBARASI, . SHIPU MONDAL, . ANISHA K VIJAYAN, . G.KARTHIKA, .	ALL INDIA UNIVERSITY ONGC RAILWAYS TAMILNADU TAMILNADU WEST BENGAL AIPSCB ALL INDIA UNIVERSITY	-0.5m/s	11.76m DNS DNS DNS DNS DNS DNS DNS

**Event # 35 WOMENS Pole Vault****TIME:- 16:00 HRS****09/09/2013****# N.R.:V.S. SUREKHA PATIALA 4.08 23.10.2006****% M.R.:V.S. SUREKHA RSPB 4.00 OCT-2009**

1	KHYATI S VAKHARIA, .	ONGC		3.70m
2	V.S.SUREKA, .	RAILWAYS		3.60m
3	KIRANBIR KAUR, .	AIPSCB		3.50m
4	ANUSHA K.P., . RAMYA R, . DIJA K.C., . MELB T MANUAL, . SANGEETA, . BARNALI RAI, . SANGEETA KUMARI, .	RAILWAYS MADHYA PRADESH RAILWAYS KERALA UTTAR PRADESH AIPSCB AIPSCB		3.40m NM NM DNS DNS DNS DNS

**Event # 36 WOMENS 4.00kg Shot Put****TIME:- 15:45 HRS****07/09/2013****# N.R.:HARBANS KAUR MUMBAI 17.43 24.11.1997****% M.R.:HARBANS KAUR LIC 17.04 NOV-1998**

1	MANPREET KAUR, . 14.92, NM, 14.63, NM, 15.03, NM	RAILWAYS		15.03m
2	NEHA SINGH, . 12.34, 12.87, 13.62, NM, 13.29, NM	AIPSCB		13.62m
3	U VASUMATHI, . 12.09, 13.12, 12.54, 12.38, 12.60, 12.24	LIC		13.12m
4	SMRITIKANA MANNA, .	AIPSCB		12.99m
5	HARKIRAT KAUR, .	PUNJAB		12.89m
6	PINKI DEY, .	RAILWAYS		12.73m
7	S. SARSWATHI, .	RAILWAYS		12.31m
8	RUPINDER KAUR, .	AIPSCB		12.19m
9	SONIA, .	DELHI		11.18m
10	RENU, .	HARYANA		11.15m
11	ANKITA JULKA, .	LIC		10.70m
12	SUMAN DEVI, .	HARYANA		10.36m
13	AMBE YADAV, .	LIC		9.25m
14	PRITI GUPTA, .	UTTAR PRADESH		6.85m

**Event # 37 WOMENS 1.00kg Discus Throw****TIME:- 16:45 Hrs****10/09/2013****#N.R.:K.POONIA Maui Island-Hawai 64.76 5-5-2012****% M.R.:NEELAM J.SINGH RSPB 61.17 SEP-2003**

1	PARMILA, . 46.99, 48.10, 45.54, 47.48, 47.24, 46.21	RAILWAYS		48.10m
2	MANISHA-I, . 36.64, 40.84, 39.51, 39.69, 40.16, 42.56	HARYANA		42.56m
3	ANKITA JULKA, . NM, 41.14, 40.62, NM, NM, 42.52	LIC		42.52m
4	SUSHILA, .	AIPSCB		41.83m
5	HIMANI, .	DELHI		41.19m
6	SANTOSH KUMARI, .	RAILWAYS		40.77m
7	K. ANITHA DEVI, .	ANDHRA PRADESH		40.30m
8	PARBATI SETHI, .	ODISHA		37.09m
9	SUMAN DEVI, . E.HEMAPRIYA, . KRISHNA POONIA, . MANPREET KAUR, .	HARYANA TAMILNADU RAILWAYS UTTARAKHAND		35.66m DNS DNS DNS

INDU BALA, .  
NEHA SINGH, .

COAL INDIA  
AIPSCB

DNS  
DNS

**Event # 38 WOMENS 4.00kg Hammer Throw**

**TIME:- 16:45 HRS**

**07/09/2013**

**# N.R.:HARDEEP KAUR NEW DELHI 61.67 08.09.2002**

**% M.R.:HARDEEP KAUR LIC 61.67 SEP-2002**

1	POONAM DEVI, . 51.00, 52.97, 53.32, 54.14, 50.38, 51.93	HARYANA	54.14m
2	SONAM, . 53.47, 38.30, 53.43, 50.80, 49.33, 51.59	LIC	53.47m
3	MANJU BALA, . 43.45, 50.64, 49.74, 53.16, 52.28, 53.40	RAILWAYS	53.40m
4	SARITA P. SINGH, .	RAILWAYS	52.68m
5	MEENAKSHI, .	AIPSCB	51.07m
6	GUNJAN SINGH, .	RAILWAYS	49.98m
7	ANITA, .	RAJASTHAN	48.36m
8	GURWINDER KAUR, .	AIPSCB	46.72m
9	ARCHNA BARA, .	AIPSCB	45.34m
10	R MUTHUSELVI, .	LIC	43.63m
11	MINAKSHI, .	DELHI	42.77m
12	REENA KUMARI, . INDU BALA, . JYOTI, . E.HEMAPRIYA, . RACHNA YADAV, . SONAM, . MINAKSHI, . JAN NISAR AKHTAR, .	DELHI COAL INDIA HARYANA TAMILNADU UTTAR PRADESH UTTAR PRADESH HARYANA UTTAR PRADESH	42.19m NM NM DNS DNS DNS DNS DNS

**Event # 39 WOMENS 600gms Javelin Throw**

**TIME:-16:00 HRS**

**09/09/2013**

**# N.R.:GURMEET KAUR BANGLORE 58.64 17.07.2000**

**% M.R.:GURMEET KAUR LIC 53.77 2005**

1	ANNURANI, . 51.47, 54.35, 49.50, NM, NM, NM	ONGC	54.35m *NMR
2	RUPINDER KAUR, . 47.24, 48.16, 43.80, NM, NM, NM	AIPSCB	48.16m
3	S. SARASWATHY, . 46.42, 45.68, 46.13, 46.51, 48.07, 46.86	RAILWAYS	48.07m
4	MUKESH KUMARI, .	RAILWAYS	45.87m
5	PROMILA, .	HARYANA	42.94m
6	CHUMKI CHOUDHRY, .	AIPSCB	41.57m
7	KARTI SAHANI, .	DELHI	38.84m
8	SHAHJEHANI, .	LIC	38.53m
9	BEAUTI DEORI, .	AIPSCB	38.23m
10	FULTUSI GHOSE, .	DELHI	38.02m
11	N.M.HEMALATHA, .	RAILWAYS	36.12m
12	ARTI MAURYA, . GURPREET KAUR, . PUSHPA MASIH, .	UTTAR PRADESH HARYANA COAL INDIA	30.08m NM DNS

**Event # 40 WOMENS 4x100m Relay**

**TIME:- 17:15 HRS**

**10/09/2013**

**# N.R.:INDIAN TEAM FUKUOKA 44.43 22.07.1998**

**% M.R.: (NIDHI K SINGH, POONAM TOMAR, , )**

1	RAILWAYS MANDEEP KAUR, . PRIYA P.K, .	MERLIN K. JOSEPH, . SHARADA N., .	46.35
2	LIC J HEMASREE, . SHILPA CHAMBOLIN, .	NEETHU MATHEW, . V SANTHINI, .	47.68
3	KERALA JULIN CLETUS, . MANJU K, .	LAVANNYA G, . RINTU MATHEW, .	48.75
4	ONGC PURNIMA HEMBRAM, JAUNA MURMU, .	MEGHNA SHETTY, DUTECHAND, .	49.27
5	ALL INDIA UNIVERSITY JOLLY V.M., . B.VAISHNAVI, .	G.KARTHIKA, . SUNANDA SARKAR, .	50.33
6	DELHI POOJA PANDIT, . BISMAN KAUR, .	SONAL CHAWLA, . HASMEET KAUR, .	50.46
7	UTTAR PRADESH MONIKA SINGH, . SUDHA GOSWAMI, .	KRISHNA SINGH, . SARITA, .	52.83

8	MADHYA PRADESH MITHEE RAI, . KRATIKA VERMA, .	SHEHNAZ KHAN, . MANU YADAV, .	1:07.70
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**Event # 41 WOMENS 4x400m Relay**

**TIME:- 9:30 HRS**

**10/09/2013**

**# N.R. (CHITRA K SOMAN, RAJWINDER KAUR, K.M.BINAMOL, MANJIT KAU)**

**% M.R.:RSPB TEAM RSPB 3:38.49 SEP-2002**

1	KERALA SINSHA K, . NIMISHA JAYAPRAKAS	JESSY JOSEPH, . ANILDA THOMAS, .	3:43.90
2	RAILWAYS PRIYANKA MONDAL, . SARITA, .	MANISHA DEVI, . CHAVI SHARAWAT, .	3:44.70
3	ONGC JAUNA MURMU, . JYOTI RANI, .	ANJU RANI, . M R POOVAMMA, .	3:45.79
4	LIC SANITHA SABU, . C ARYA, .	M S DARSANA, . ANU MARIAN JOSE, .	3:47.47
5	AIPSCB ANJU THOMAS, . A. PAPATHI, .	JOJIMOL JOSEPH, . MANPREET KAUR, .	4:02.00
	UTTAR PRADESH KRISHNA SINGH, . MONIKA SINGH, .	SUDHA GOSWAMI, . SARITA, .	DNF
	HARYANA JASPREET KOUR, . RITU CHHIKARA, . BABITA SINGH, .	SHIKSHA DAGAR, . NIRMALA, . SANDEEP GHUMAN, .	DNS

**Event # 42 WOMENS 20000m Walk**

**TIME:- 6:30 Hrs**

**08/09/2013**

**# N.R.:KHUSHBIR KAUR Moscow 1:34:28.00 2013**

**% M.R.:AMANDEEP KAUR PUNJAB 1:43:49.00 08.11.2005**

1	KUSHBIR KAUR, .	ONGC	1:45:21.47
2	RANJANA GUPTA, .	AIPSCB	1:48:00.10
3	RANI YADAV, .	RAILWAYS	1:52:36.37
4	SANDHYA K J, .	PUNJAB	1:53:17.31
5	SAPNA, .	RAJASTHAN	1:54:01.18
6	KARAMJIT KAUR, .	PUNJAB	1:56:26.59
7	ANITHA MAHALA, .	RAILWAYS	1:58:19.13
8	SHUSHMA GARI, .	JHARKHAND	2:12:00.29
9	MALA KUMARI RAJWAR, . GAURAV KUMARI, . SHANTI KUMARI, . L SARDA DEVI, . SUMEDHA YADAV, . DEEP MALA DEVI, . MEENU YADAV, .	JHARKHAND AIPSCB RAILWAYS AIPSCB UTTAR PRADESH JHARKHAND UTTAR PRADESH	2:12:09.44 DNF DNF DNF DNS DNS DNS

**Event # 54 WOMENS Heptathlon**

**TIME:-**

**# N.R.:J.J. SHOBHA DELHI 6211 1703.2004**

**% M.R.:SOMA BISWAS RSPB 5739 OCT-2001**

1	SUSHMITA SINGHA, ROY 14.48,1.69,11.48,26.07,5.61,34.39,2:27.92	RAILWAYS	5183
2	PURNIMA HEMBRAM, . 14.71,1.60,9.93,25.80,5.87,35.06,2:24.07	ONGC	5108
3	NAVPREET KAUR, . 14.89,1.66,10.98,25.57,5.57,30.78,2:25.52	PUNJAB	5052
4	LIKSY JOSEPH, .	RAILWAYS	4851
5	SINDU K D, .	KERALA	4764
6	NIKSY JOSEPH, .	RAILWAYS	4697
7	NATASHA CHACKO, .	KERALA	4427
8	MANJUSHREE R.A, .	DELHI	4087
9	GOLDI Y SHAHI, .	MAHARASTRA	3902
10	S.NEELAVENI, .	TAMILNADU	3772