

56th NATIONAL INTER STATE Sr ATHLETICS CHAMPIONSHIPS-2016

HYDRABAD * 28th June TO 02nd July 2016 *

~~* FINAL RESULTS *~*~*

Event # 1 MENS 100m						
TIME=19:15 HRS						
30.06.2016						
# N.R.:AMIYA KUMAR MALLICK NEW DELHI 10.26 2016						
% M.R.:KRISHNA KUMAR RANE MAH 10.32 2014						
FINAL						
1	SHAMEERMON NA	532	20/10/83	MANIPUR	+0.0m/s	10.60
2	M.D. ABDUL NAJEEB QURESHI	741	25/02/88	TELANGANA	+0.0m/s	10.63
3	ANIRUDHHA GUJAR	479	14/11/90	MAHARASTRA	+0.0m/s	10.66
4	TAMILVANAN .	713	28/08/91	TAMILNADU	+0.0m/s	10.67
5	MANIKANTA .	121		ANDHRA PRADESH	+0.0m/s	10.69
6	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	10.71
7	ANUROOP JOHN	425	15/02/91	KERALA	+0.0m/s	10.72
	MANISH .	284	17/09/93	HARYANA		DNS
Semi Final-1						
1	TAMILVANAN .	713	28/08/91	TAMILNADU	+0.0m/s	10.67
2	MANIKANTA .	121		ANDHRA PRADESH	+0.0m/s	10.68
3	MANISH .	284	17/09/93	HARYANA	+0.0m/s	10.76
4	SHALIN PATEL .	857	19/12/93	GUJRAT	+0.0m/s	10.98
5	M.VELLADURAI PANDIAN	742	06/02/91	TELANGANA	+0.0m/s	11.02
6	REJAUL MOLLA .	838	31/12/98	WEST BENGAL	+0.0m/s	11.22
	JITHESH KUMAR	525	03/11/91	MANIPUR		DNF
	ASWIN K P	430	16/09/96	KERALA		DNS
Semi Final-2						
1	ANIRUDHHA GUJAR	479	14/11/90	MAHARASTRA	+0.0m/s	10.71
2	M.D. ABDUL NAJEEB QURESHI	741	25/02/88	TELANGANA	+0.0m/s	10.73
3	ANUROOP JOHN	425	15/02/91	KERALA	+0.0m/s	10.74
4	PRAVEEN MUTHU KUMARAN	724	15/12/93	TAMILNADU	+0.0m/s	10.81
5	SHAFIKUL MONDAL	841	08/07/96	WEST BENGAL	+0.0m/s	10.94
6	RADESH.M.G. .	361		KARNATAKA	+0.0m/s	11.05
7	JATINDER SINGH .	595	24/08/91	PUNJAB	+0.0m/s	11.15
	ASHWANI SHARMA	262	08/07/92	GUJRAT		DNS
Semi Final-3						
1	SHAMEERMON NA	532	20/10/83	MANIPUR	+0.0m/s	10.73
2	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	10.75
3	ADITYAVARDHAN SINGH	648	24/02/96	RAJASTHAN	+0.0m/s	10.86
4	BHASKARYA BHARALI	225	18/11/94	DELHI	+0.0m/s	10.87
5	INDERJEET SINGH .	590	04/10/91	PUNJAB	+0.0m/s	10.91
6	C.H. SUDHAKAR .	737	18/05/97	TELANGANA	+0.0m/s	10.96
7	WAYNE PEPPIN .	717	02/09/83	TAMILNADU	+0.0m/s	11.24
	MAJGUL RASUL	260	20/12/93	GUJRAT		DNS
Heat-1						
1	INDERJEET SINGH .	590	04/10/91	PUNJAB	+0.0m/s	10.69
2	TAMILVANAN .	713	28/08/91	TAMILNADU	+0.0m/s	10.71
3	ASWIN K P	430	16/09/96	KERALA	+0.0m/s	10.92
4	SANDEEP KUMAR .	312	14/07/93	HIMACHAL PRADESH	+0.0m/s	11.15
5	SANJAY.V .	362		KARNATAKA	+0.0m/s	11.39
6	DILIP TIWARY TIWARI	180	14/10/93	BIHAR	+0.0m/s	11.66
7	RAVINDER KHASA	296	09/11/93	HARYANA	+0.0m/s	12.59
	DEEPAK .	204	31/08/92	DELHI		DNS
Heat-2						
1	M.D. ABDUL NAJEEB QURESHI	741	25/02/88	TELANGANA	+0.0m/s	10.70
2	SHAMEERMON NA	532	20/10/83	MANIPUR	+0.0m/s	10.74
3	ANIRUDHHA GUJAR	479	14/11/90	MAHARASTRA	+0.0m/s	10.76
4	ASHWANI SHARMA	262	08/07/92	GUJRAT	+0.0m/s	11.08
5	MOHNISH POOJARY	314	22/09/95	HIMACHAL PRADESH	+0.0m/s	11.17
6	MOHAMMED YASIN C H	453	01/04/94	KERALA	+0.0m/s	11.35
7	A.P. FAZLUL RAHMAN	108	12/07/95	ANDAMAN & NICOBAR	+0.0m/s	11.75
	CHAUDHARY PALENDRA KUMAR	791	01/12/00	UTTAR PRADESH		DNS
Heat-3						
1	MANIKANTA .	121		ANDHRA PRADESH	+0.0m/s	10.59
2	RADESH.M.G. .	361		KARNATAKA	+0.0m/s	10.73
3	C.H. SUDHAKAR .	737	18/05/97	TELANGANA	+0.0m/s	10.82
4	REJAUL MOLLA .	838	31/12/98	WEST BENGAL	+0.0m/s	11.15
5	AJAY KALMOO	186	20/10/95	CHHATTISGARH	+0.0m/s	11.55
6	K.P. MAMMU	107	25/12/73	ANDAMAN & NICOBAR	+0.0m/s	11.88
7	AVINASH SHAHI .	245	06/01/98	GUJRAT	+0.0m/s	11.90
	AMARJEET KUMAR	166		BIHAR		DQ

Heat-4							
1	ANUROOP JOHN	425	15/02/91	KERALA		+0.0m/s	10.78
2	PRAVEEN MUTHU KUMARAN	724	15/12/93	TAMILNADU		+0.0m/s	10.98
3	MAJGUL RASUL	260	20/12/93	GUJRAT		+0.0m/s	11.14
4	MEWA SINGH .	598	04/02/90	PUNJAB		+0.0m/s	11.19
5	SHANU CHOPRA .	218	07/09/91	DELHI		+0.0m/s	11.25
6	RITESH ANAND .	333	/ / /	JHARKHAND		+0.0m/s	11.55
7	N MOHD SAMEER	110	03/06/95	ANDAMAN & NICOBAR		+0.0m/s	11.89
	KRISHNAKUMAR RANE	491		MAHARASTRA			DNS
Heat-5							
1	GAURANG AMBRE	475	01/04/95	MAHARASTRA		+0.0m/s	10.73
2	ADITYAVARDHAN SINGH	648	24/02/96	RAJASTHAN		+0.0m/s	10.74
3	SHALIN PATEL .	857	19/12/93	GUJRAT		+0.0m/s	10.88
4	BHASKARYA BHARALI	225	18/11/94	DELHI		+0.0m/s	10.92
5	SHAFIKUL MONDAL	841	08/07/96	WEST BENGAL		+0.0m/s	10.99
6	B. SURYANARAYANA	131	15/06/94	ANDHRA PRADESH		+0.0m/s	11.20
7	AMISH KHAMKAR	229	15/06/95	GOA		+0.0m/s	11.23
	SWAPNIL MANKAR	145	09/12/94	ASSAM			DNS
Heat-6							
1	JITHESH KUMAR	525	03/11/91	MANIPUR		+0.0m/s	10.85
2	MANISH .	284	17/09/93	HARYANA		+0.0m/s	10.87
3	JATINDER SINGH .	595	24/08/91	PUNJAB		+0.0m/s	10.94
4	M.VELLADURAI PANDIAN	742	06/02/91	TELANGANA		+0.0m/s	11.03
5	WAYNE PEPPIN .	717	02/09/83	TAMILNADU		+0.0m/s	11.14
6	SHASHANK SHINDE	187	08/07/94	CHHATTISGARH		+0.0m/s	11.20
7	M. ABDUL KADHAR	563	15/06/97	PUDUCHERRY		+0.0m/s	11.60
	GANESH.S .	357	12/06/91	KARNATAKA			DQ
Event # 2 MENS 200m							
TIME=17:45 HRS							
02.07.2016							
# N.R.:DHARAMBIR SINGH WUHAN 20.66 7-6-2015							
% M.R.:ANIL P.KUMAR KER 20.80 JUL 2000							
FINAL							
1	DHARMBIR .	282	10/12/90	HARYANA		+0.0m/s	20.90
2	SANJEET .	291	26/01/95	HARYANA		+0.0m/s	21.04
3	MANIKANDA ARUMUGAM	719	05/07/89	TAMILNADU		+0.0m/s	21.69
4	GANESH.S .	357	12/06/91	KARNATAKA		+0.0m/s	21.90
5	GAURANG AMBRE	475	01/04/95	MAHARASTRA		+0.0m/s	21.97
6	RENGARAJ .	707	08/09/91	TAMILNADU		+0.0m/s	22.11
7	PAUL JOSEPH	427	24/06/92	KERALA		+0.0m/s	22.15
8	HITESH DESHWAL	632	01/02/92	RAJASTHAN			DNF
Semi Final-1							
1	DHARMBIR .	282	10/12/90	HARYANA		+0.0m/s	21.10
2	MANIKANDA ARUMUGAM	719	05/07/89	TAMILNADU		+0.0m/s	21.88
3	GAURANG AMBRE	475	01/04/95	MAHARASTRA		+0.0m/s	22.03
4	REJAUL MOLLA .	838	31/12/98	WEST BENGAL		+0.0m/s	22.54
5	MANEESH M	434	06/02/93	KERALA		+0.0m/s	22.58
6	SHASHANK SHINDE	187	08/07/94	CHHATTISGARH		+0.0m/s	22.70
7	MOHD JABIR	102	09/06/94	ANDAMAN & NICOBAR		+0.0m/s	26.02
	AKASH PATEL .	243	13/07/93	GUJRAT			DNS
Semi Final-2							
1	SANJEET .	291	26/01/95	HARYANA		+0.0m/s	21.58
2	GANESH.S .	357	12/06/91	KARNATAKA		+0.0m/s	22.08
3	MAJGUL RASUL	260	20/12/93	GUJRAT		+0.0m/s	22.60
4	NITHIN .	705		TAMILNADU		+0.0m/s	22.71
5	SANDEEP KUMAR .	312	14/07/93	HIMACHAL PRADESH		+0.0m/s	22.72
6	JATINDER SINGH .	595	24/08/91	PUNJAB		+0.0m/s	22.78
7	ATIKUR RAHAMAN	843	09/05/92	WEST BENGAL		+0.0m/s	22.92
8	SHAH KEYUR .	251	01/05/96	GUJRAT		+0.0m/s	23.41
Semi Final-3							
1	HITESH DESHWAL	632	01/02/92	RAJASTHAN		+0.0m/s	21.96
2	PAUL JOSEPH	427	24/06/92	KERALA		+0.0m/s	22.02
3	RENGARAJ .	707	08/09/91	TAMILNADU		+0.0m/s	22.13
4	AMISH KHAMKAR	229	15/06/95	GOA		+0.0m/s	22.75
5	BABASAHEB MANDLIK	485	/ / /	MAHARASTRA		+0.0m/s	22.75
6	MOHNISH POOJARY	314	22/09/95	HIMACHAL PRADESH		+0.0m/s	23.07
	SEWA SINGH .	611	05/02/95	PUNJAB			DNS
	RITESH ANAND .	333	/ / /	JHARKHAND			DNS
Heat-1							
1	DHARMBIR .	282	10/12/90	HARYANA		+0.0m/s	21.08
2	GANESH.S .	357	12/06/91	KARNATAKA		+0.0m/s	21.90

3	GAURANG AMBRE	475	01/04/95	MAHARASTRA	+0.0m/s	22.01
4	MANEESH M	434	06/02/93	KERALA	+0.0m/s	22.32
5	AMISH KHAMKAR	229	15/06/95	GOA	+0.0m/s	22.54
6	SEWA SINGH .	611	05/02/95	PUNJAB	+0.0m/s	23.29
7	SHAH KEYUR .	251	01/05/96	GUJRAT	+0.0m/s	23.37
Heat-2						
1	PAUL JOSEPH	427	24/06/92	KERALA	+0.0m/s	22.09
2	BABASAHEB MANDLIK	485	/ /	MAHARASTRA	+0.0m/s	22.61
3	MOHNISH POOJARY	314	22/09/95	HIMACHAL PRADESH	+0.0m/s	22.99
4	AKASH PATEL .	243	13/07/93	GUJRAT	+0.0m/s	23.45
5	ABID HUSSAIN	320	05/03/98	JAMMU & KASHMIR	+0.0m/s	24.66
	M.VELLADURAI PANDIAN	742	06/02/91	TELANGANA		DNS
	MANIKANTA .	121		ANDHRA PRADESH		DNS
Heat-3						
1	SHASHANK SHINDE	187	08/07/94	CHHATTISGARH	+0.0m/s	22.88
2	REJAUL MOLLA .	838	31/12/98	WEST BENGAL	+0.0m/s	22.97
3	RITESH ANAND .	333	/ /	JHARKHAND	+0.0m/s	23.48
4	K.P. MAMMU	107	25/12/73	ANDAMAN & NICOBAR	+0.0m/s	24.92
5	V. BALAKUMARAN .	561	28/03/98	PUDUCHERRY	+0.0m/s	25.14
	ASHWIN.M.J .	355	25/05/96	KARNATAKA		DNS
	SATNAM SINGH	542	27/03/91	MANIPUR		DNS
Heat-4						
1	HITESH DESHWAL	632	01/02/92	RAJASTHAN	+0.0m/s	22.03
2	RENGARAJ .	707	08/09/91	TAMILNADU	+0.0m/s	22.23
3	ATIKUR RAHAMAN	843	09/05/92	WEST BENGAL	+0.0m/s	22.48
4	MAJGUL RASUL	260	20/12/93	GUJRAT	+0.0m/s	22.53
5	AJAY KALMOO	186	20/10/95	CHHATTISGARH	+0.0m/s	23.77
6	N MOHD SAMEER	110	03/06/95	ANDAMAN & NICOBAR	+0.0m/s	24.72
	NARINDER SINGH .	599	15/07/96	PUNJAB		DQ
Heat-5						
1	NITHIN .	705		TAMILNADU	+0.0m/s	22.54
2	SANDEEP KUMAR .	312	14/07/93	HIMACHAL PRADESH	+0.0m/s	22.76
3	JATINDER SINGH .	595	24/08/91	PUNJAB	+0.0m/s	23.94
	SANJAY.V .	362		KARNATAKA		DNS
	GURMEET SINGH	801	01/12/99	UTTAR PRADESH		DNS
	SHANU CHOPRA .	218	07/09/91	DELHI		DNS
Heat-6						
1	SANJEET .	291	26/01/95	HARYANA	+0.0m/s	21.36
2	MANIKANDA ARUMUGAM	719	05/07/89	TAMILNADU	+0.0m/s	21.53
3	MOHD JABIR	102	09/06/94	ANDAMAN & NICOBAR	+0.0m/s	25.70
	ADITYAVARDHAN SINGH	648	24/02/96	RAJASTHAN		DNS
	M.D. ABDUL NAJEEB QURESHI	741	25/02/88	TELANGANA		DNS
	M. ALKEN .	508	16/04/97	MANIPUR		DNS
	SWAPNIL MANKAR	145	09/12/94	ASSAM		DNS
Event # 3 MENS 400m						
TIME= 18:15 HRS						
01.07.2016						
# N.R.:AROKYA RAJIV NEW DELHI 45.47 2016						
% M.R.:PARAMJIT SINGH PUN 45.56 JUL 2000						
FINAL						
1	PANKAJ MALIK	183	03/07/98	CHANDIGARH		47.40
2	NOAH NIRMAL TOM	440	13/11/94	KERALA		47.47
3	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA		47.67
4	SOUVIK SOMANTA	858	/ /	AFI		47.99
5	MOHAN JOSE .	701	18/01/95	TAMILNADU		48.45
6	VIKAS SINGH	497	01/05/90	MAHARASTRA		48.57
7	ASHWIN.M.J .	355	25/05/96	KARNATAKA		49.71
	AKASH PARMAR	302	25/07/96	HARYANA		DNS
Semi Final-1						
1	AKASH PARMAR	302	25/07/96	HARYANA		47.93
2	MOHAN JOSE .	701	18/01/95	TAMILNADU		48.46
3	KAMBERDEEP SINGH	618	12/06/95	PUNJAB		48.98
4	THARUN .	363		KARNATAKA		49.19
5	HARSH PANWAR	859	/ /	AFI		49.49
6	SUMIT .	220	25/02/92	DELHI		51.60
7	SHAH KEYUR .	251	01/05/96	GUJRAT		51.81
8	ABHINAV KUNDAL	325	14/12/99	JAMMU & KASHMIR		52.02
Semi Final-2						
1	NOAH NIRMAL TOM	440	13/11/94	KERALA		47.79
2	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA		47.89

3	PANKAJ MALIK	183	03/07/98	CHANDIGARH		48.23
4	VIKAS SINGH	497	01/05/90	MAHARASTRA		48.80
5	MOHAMMED SHERSHAD. P	538	04/09/94	MANIPUR		49.04
6	NARINDER SINGH .	599	15/07/96	PUNJAB		50.05
7	D.BHARATHA REDDY	128	18/03/96	ANDHRA PRADESH		52.08
8	DANISH YOUSUF	327	18/04/89	JAMMU & KASHMIR		55.43
Semi Final-3						
1	SOUVIK SOMANTA	858	/ /	AFI		48.30
2	ASHWIN.M.J .	355	25/05/96	KARNATAKA		49.05
3	DEEPU NANU	486		MAHARASTRA		49.42
4	VIJAY SINGH	309	03/06/97	HARYANA		49.63
5	JAGMEET SINGH .	593	28/12/96	PUNJAB		50.36
6	OM PRAKASH GURJAR	633	06/09/94	RAJASTHAN		50.45
7	K.THIRUPATHI .	846	/ /	TELANGANA		51.64
	AKHIL P H	441	21/04/93	KERALA		DNS
Heat-1						
1	NOAH NIRMAL TOM	440	13/11/94	KERALA		48.64
2	VIKAS SINGH	497	01/05/90	MAHARASTRA		48.94
3	PANKAJ MALIK	183	03/07/98	CHANDIGARH		49.73
4	DANISH YOUSUF	327	18/04/89	JAMMU & KASHMIR		54.09
5	S. MANIKANDAN .	558	27/05/95	PUDUCHERRY		58.70
	DHARUN .	696	31/12/96	TAMILNADU		DNS
	AJAY .	280	05/11/96	HARYANA		DNS
	EUSUP ALI	141	01/01/90	ASSAM		DNS
Heat-2						
1	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA		49.36
2	MOHAMMED SHERSHAD. P	538	04/09/94	MANIPUR		50.25
3	KAMBERDEEP SINGH	618	12/06/95	PUNJAB		51.03
4	SUMIT .	220	25/02/92	DELHI		52.47
5	SHAH KEYUR .	251	01/05/96	GUJRAT		52.73
6	G KALI DAS	103	25/01/93	ANDAMAN & NICOBAR		1:00.53
	PARVEEN KUMAR	782	02/02/94	UTTAR PRADESH		DNS
	AROKIARAJIV .	691	22/05/91	TAMILNADU		DNS
Heat-3						
1	AKASH PARMAR	302	25/07/96	HARYANA		48.20
2	MOHAN JOSE .	701	18/01/95	TAMILNADU		48.74
3	ASHWIN.M.J .	355	25/05/96	KARNATAKA		49.30
4	NARINDER SINGH .	599	15/07/96	PUNJAB		49.94
5	SUNIL YASHODHAR SHETTY	173	29/09/85	BIHAR		55.57
6	S. PAWAN KUMAR	104	10/04/98	ANDAMAN & NICOBAR		58.44
	SAJAL MANDAL	226	01/12/98	DELHI		DNS
	K.RAMULU .	845	/ /	TELANGANA		DNS
Heat-4						
1	SOUVIK SOMANTA	858	/ /	AFI		49.15
2	JAGMEET SINGH .	593	28/12/96	PUNJAB		50.16
3	OM PRAKASH GURJAR	633	06/09/94	RAJASTHAN		51.04
4	ABHINAV KUNDAL	325	14/12/99	JAMMU & KASHMIR		51.77
5	RAHUL CHATTHA	772	23/02/95	UTTAR PRADESH		52.84
6	MOHD JABIR	102	09/06/94	ANDAMAN & NICOBAR		1:00.11
	SACHIN ROBY	446	27/04/92	KERALA		DNS
	VIKAS SINGH	544	05/01/96	MANIPUR		DNS
Heat-5						
1	VIJAY SINGH	309	03/06/97	HARYANA		49.23
2	THARUN .	363		KARNATAKA		49.34
3	HARSH PANWAR	859	/ /	AFI		49.39
4	DEEPU NANU	486		MAHARASTRA		49.40
5	AKHIL P H	441	21/04/93	KERALA		49.67
6	K.THIRUPATHI .	846	/ /	TELANGANA		50.58
7	D.BHARATHA REDDY	128	18/03/96	ANDHRA PRADESH		51.18
	PARMOD RAGHAV	211	14/04/99	DELHI		DNS
Event # 4 MENS 800m						
TIME= 18:30 HRS						
29.06.2016						
# N.R.:SRIRAM SINGH MONTREAL 1:45.77 27/07/76						
% M.R.:PANKAJ DIMRI UTT 1:46.26 6/8/2010						
FINAL						
1	JINSON JOHNSON	426	15/03/91	KERALA		1:46.43
2	MANJIT SINGH .	597	09/01/89	PUNJAB		1:48.61
3	BHARATH.K.A. .	356	08/09/92	KARNATAKA		1:50.10
4	AMOJ JACOB .	200	02/05/98	DELHI		1:51.54
5	TWINLE TOMY .	252	16/11/95	GUJRAT		1:55.57

6	MANDEEP GOYAT	143	20/12/95	ASSAM		1:56.01
	SAJEESH JOSEPH	428	14/01/87	KERALA		DNF
	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA		DNF
Heat-1						
1	JINSON JOHNSON	426	15/03/91	KERALA		1:53.86
2	AMOJ JACOB .	200	02/05/98	DELHI		1:54.12
3	TWINLE TOMY .	252	16/11/95	GUJRAT		1:54.27
4	MANOJ KUMAR	299	15/11/92	HARYANA		1:55.02
5	AMEESH. NA	531	26/04/88	MANIPUR		1:55.52
6	MANJIT SINGH	153	08/07/97	ASSAM		1:56.07
7	BENYAMIN DANIEL	720	28/12/92	TAMILNADU		1:56.12
8	NIKHIL ARORA .	601	01/12/96	PUNJAB		1:59.26
9	ABDUL AZIZ	101	04/03/98	ANDAMAN & NICOBAR		2:08.61
10	K.THIRUPATHI .	846	/ /	TELANGANA		2:14.54
	DEEPAK KUMAR	780	26/08/99	UTTAR PRADESH		DNS
Heat-2						
1	MANJIT SINGH .	597	09/01/89	PUNJAB		1:54.61
2	BHARATH.K.A. .	356	08/09/92	KARNATAKA		1:54.73
3	MOHAN YADAV	181	01/08/92	BIHAR		1:54.88
4	SHIJU. R	536	05/02/89	MANIPUR		1:55.41
5	K.RAMULU .	845	/ /	TELANGANA		1:57.36
6	AJAY PROJA	151	09/09/91	ASSAM		1:59.81
7	G KALI DAS	103	25/01/93	ANDAMAN & NICOBAR		2:21.20
	SACHIN ROBY	446	27/04/92	KERALA		DNS
	ASHISH KUMAR	298	06/07/94	HARYANA		DNS
	RAJ KUMAR	639	05/01/98	RAJASTHAN		DNS
Heat-3						
1	MANDEEP GOYAT	143	20/12/95	ASSAM		1:51.59
2	SAJEESH JOSEPH	428	14/01/87	KERALA		1:52.70
3	NAGARJ KUDUBHAVI	368	06/01/90	KARNATAKA		1:53.89
4	NITIN CHANDRAN .	210	04/12/92	DELHI		1:54.29
5	MD. SAKIL .	837	10/05/93	WEST BENGAL		1:54.34
6	JAYARAJ .	698	17/10/98	TAMILNADU		1:55.73
7	MAHAMMED AFSAL.P	512	02/03/96	MANIPUR		1:55.80
8	SHEJO VARGHESE	808	16/07/96	UTTAR PRADESH		1:56.93
9	JASHANDEEP SINGH	617	30/03/94	PUNJAB		1:59.88
10	BASKAR RAO	109	01/01/95	ANDAMAN & NICOBAR		2:14.10
Event # 5 MENS 1500m						
TIME= 18:05 HRS						
02.07.2016						
# N.R.:BAHADUR PRASAD CHENNAI 3:38.00 23/12/95						
% M.R.:BAHADUR PRASAD DEL 3:40.10 DEC 1995						
FINAL						
1	SIDDHANT ADHIKAR	139	19/10/92	ASSAM		3:54.64
2	SANDEEP .	290	05/12/85	HARYANA		3:54.94
3	RAHUL .	213	01/12/96	DELHI		3:56.01
4	RAJENDER SINGH .	740	26/11/94	TELANGANA		3:57.10
5	KULDEEP .	507	20/05/91	MANIPUR		3:57.12
6	RAHUL P R	442	19/02/96	KERALA		3:57.73
7	BIR SINGH .	203	20/07/90	DELHI		3:58.19
8	SONY SINGH	543	04/03/88	MANIPUR		4:00.79
9	RAKESH KUMAR SWAMI	655	01/07/94	RAJASTHAN		4:02.89
10	TWINLE TOMY .	252	16/11/95	GUJRAT		4:03.14
11	PRANJAL GOGOI	142	01/07/89	ASSAM		4:03.24
	HARSHAD MHATRE	146	09/08/97	ASSAM		DNS
Heat-1						
1	SANDEEP .	290	05/12/85	HARYANA		4:01.00
2	RAHUL .	213	01/12/96	DELHI		4:01.05
3	SIDDHANT ADHIKAR	139	19/10/92	ASSAM		4:01.07
4	KULDEEP .	507	20/05/91	MANIPUR		4:01.27
5	SONY SINGH	543	04/03/88	MANIPUR		4:01.41
6	RAKESH KUMAR SWAMI	655	01/07/94	RAJASTHAN		4:02.65
7	TWINLE TOMY .	252	16/11/95	GUJRAT		4:05.06
8	SEHAJDEEP SINGH .	610	17/07/96	PUNJAB		4:07.85
9	SHEJO VARGHESE	808	16/07/96	UTTAR PRADESH		4:12.39
10	JAYARAJ .	698	17/10/98	TAMILNADU		4:12.63
11	GIRACH IMRAN .	246	05/08/96	GUJRAT		4:45.44
12	ABDUL AZIZ	101	04/03/98	ANDAMAN & NICOBAR		4:52.90
	JINSON JOHNSON	426	15/03/91	KERALA		DNS
	SACHIN .	217	08/11/96	DELHI		DNS
Heat-2						
1	PRANJAL GOGOI	142	01/07/89	ASSAM		4:04.31
2	RAJENDER SINGH .	740	26/11/94	TELANGANA		4:04.62

3	BIR SINGH .	203	20/07/90	DELHI		4:04.65
4	RAHUL P R	442	19/02/96	KERALA		4:04.89
5	HARSHAD MHATRE	146	09/08/97	ASSAM		4:04.99
6	RAJENDER YADAV .	215	/ /	DELHI		4:05.37
7	ARUN KUMAR	778	27/07/96	UTTAR PRADESH		4:06.05
8	ASHAWIN MER .	244	13/04/92	GUJRAT		4:44.87
9	BASKAR RAO	109	01/01/95	ANDAMAN & NICOBAR		4:47.82
10	V. THAMIZHVANAN .	562	04/11/95	PUDUCHERRY		5:06.16
	AJITH. G	515	08/08/94	MANIPUR		DNS
	AJAY KUMAR SAROJ	797	01/05/97	UTTAR PRADESH		DNS
	JASDEV SINGH	650	13/03/93	RAJASTHAN		DNS
	SAJEESH JOSEPH	428	14/01/87	KERALA		DNS
Event # 6 MENS 5000m						
TIME= 6:15 HRS						
28.06.2016						
# N.R.:BAHADUR PRASAD BIRMINGHAM 13:29.70 25/06/92						
% M.R.:SURENDER SINGH UTT 13:51.31 OCT-2009						
1	LAKSHMANAN .	700	05/06/90	TAMILNADU		14:06.04
2	SURESH KUMAR PATEL	795	01/07/91	UTTAR PRADESH		14:11.45
3	YUNUS MOHAMMAD	789	09/09/88	UTTAR PRADESH		14:24.07
4	RAHUL .	213	01/12/96	DELHI		14:36.71
5	MAN SINGH	822	20/06/89	UTTRAKHAND		14:43.23
6	BIPIN KUMAR PATEL	144	12/12/96	ASSAM		14:58.10
7	SUBHANKAR GHOSH	840	15/10/90	WEST BENGAL		14:58.92
8	ALBIN SUNNY .	198	02/01/94	DELHI		15:02.64
9	RAKASH KUMAR .	311	29/01/90	HIMACHAL PRADESH		15:18.34
10	VIKASH KUMAR	433	05/06/94	KERALA		15:21.45
11	ARJUN TUDU .	331		JHARKHAND		15:41.02
12	PINTU KUMAR YADAV	334		JHARKHAND		15:41.68
13	UDAY KUMAR MEHTA	169	02/06/93	BIHAR		16:07.94
14	VISHNU MOHANAN	529	11/10/91	MANIPUR		16:19.43
15	PUKALARASAN .	706	25/06/96	TAMILNADU		16:28.69
16	VIPIN KUMAR	527	11/09/96	MANIPUR		18:24.85
Event # 7 MENS 10000m						
TIME=6:30 HRS						
02.07.2016						
# N.R.:SURENDER SINGH VIGO-SPAIN 28:02.89 12.07.08						
% M.R.:SURENDER SINGH UTT 29:06.17 SEP 2007						
1	LAKSHMANAN .	700	05/06/90	TAMILNADU		29:38.49
2	KHETA RAM .	862	/ /	RAJASTHAN		29:57.54
3	GOPI T	861	/ /	UTTRAKHAND		30:37.69
4	PRADEEP SINGH CHAUDHARY	818	06/06/90	UTTRAKHAND		30:40.05
5	MURLI GAVIT .	247	08/01/97	GUJRAT		30:47.06
6	NITENDRA SINGH RAWAT	860	/ /	UTTRAKHAND		30:54.41
7	ABISHEK PAL	147	15/07/97	ASSAM		30:56.55
8	VASHUDEV NISHAD	790	12/02/93	UTTAR PRADESH		31:08.44
9	PRAMOD KUMAR	526	15/05/89	MANIPUR		31:18.35
10	V.L. DANGI	514	05/05/81	MANIPUR		31:30.98
11	SUBHANKAR GHOSH	840	15/10/90	WEST BENGAL		31:35.98
12	KISAN TADVI	498	10/01/98	MAHARAstra		31:53.48
13	KANTILAL KUMBHAR	484		MAHARAstra		31:55.49
14	VIRENDRA PAL	148	15/10/96	ASSAM		32:11.46
15	ARJUN KUMAR	777	03/12/97	UTTAR PRADESH		32:11.50
16	ARJUN TUDU .	331		JHARKHAND		32:14.13
17	TARA CHAND .	313	27/08/86	HIMACHAL PRADESH		32:24.26
18	SACHIN .	217	08/11/96	DELHI		32:55.94
19	NIKIL KUMAR .	703	29/04/93	TAMILNADU		33:24.99
20	SHABIR S	447	23/07/96	KERALA		33:37.81
21	KARTHICK .	699	31/10/95	TAMILNADU		33:40.06
22	BIJAY J	423	25/09/94	KERALA		33:53.01
23	SUNIL KUMAR	324	07/02/93	JAMMU & KASHMIR		36:41.23
	PINTU KUMAR YADAV	334		JHARKHAND		DNF
	RAKASH KUMAR .	311	29/01/90	HIMACHAL PRADESH		DNF
	YUNUS MOHAMMAD	789	09/09/88	UTTAR PRADESH		DNF
	CHHINDER SINGH .	585	22/10/89	PUNJAB		DNF
	RAHIL RAJ M R	445	10/11/94	KERALA		DNF
	MOHAMMAD YUNUS	500		MAHARAstra		DNF
	JITENDER .	206	15/06/96	DELHI		DNS
	AMIT KHANDURI .	199	06/09/97	DELHI		DNS
	UDAY KUMAR MEHTA	169	02/06/93	BIHAR		DNS

Event # 8 MENS 3000m Steeplechase						
TIME= 19:15 HRS						
29.06.2016						
# N.R.:GOPAL SAINI TOKYO 8:30.88 5/6/1981						
% M.R.:RAMA CHANDRAN KER 8:42.58 12-6-2011						
1	NAVEEN .	286	20/01/88	HARYANA		8:44.33
2	RAMESH KUMAR BISHNOI	476	10/07/85	MAHARASTRA		8:56.17
3	KARAMVIR .	283	24/04/85	HARYANA		9:00.79
4	DURGA BAHADUR BUDHA	817	02/06/92	UTTRAKHAND		9:06.59
5	SHANKAR LAL SWAMI	656	07/05/96	RAJASTHAN		9:13.58
6	VICKY TOMAR .	221	10/04/97	DELHI		9:15.30
7	MANJU .	208	01/06/85	DELHI		9:25.50
8	ASWIN ANTONY	416	10/04/99	KERALA		9:47.64
9	RAMAN YADAV	452	10/10/92	KERALA		9:56.78
10	AKASH S	537	16/06/94	MANIPUR		10:14.28
11	TAJPREET SINGH .	613	15/05/96	PUNJAB		10:22.43
12	SANDEEP SINGH .	609	28/08/95	PUNJAB		10:51.10
	HARI BIKASH SINGH	152	15/08/97	ASSAM		DNF
	R. RAMACHANDRAN	726	07/02/86	TAMILNADU		DNS
	NARESH PAWAR	150	24/04/85	ASSAM		DNS
	VIPIN KUMAR	527	11/09/96	MANIPUR		DNS
	VIKASH KUMAR	433	05/06/94	KERALA		DNS
	IMMANUVEL. V	546	17/05/91	MANIPUR		DNS
	KULDEEP --	768	09/04/98	UTTAR PRADESH		DNS
Event # 9 MENS 110m Hurdles						
TIME= 17:15 HRS						
30.06.2016						
# N.R.:SIDHANT THINGALIYA CLERMONT 13.59 2016						
% M.R.:SIDHANTH THINGALYA MAH 13.81 7.8.2010						
1	SREEKANTH D	420	09/05/96	KERALA	+0.0m/s	14.54
2	K.PREM KUMAR .	738	23/08/90	TELANGANA	+0.0m/s	14.60
3	AKSHAY R	444	30/08/97	KERALA	+0.0m/s	15.29
4	SATYAJIT SAREN	844	21/11/95	WEST BENGAL	+0.0m/s	15.33
5	DEBASISH DEBNATH	839	19/01/88	WEST BENGAL	+0.0m/s	15.67
6	AMARANATH .M.D	365	08/04/97	KARNATAKA	+0.0m/s	16.41
	D.PREM KUMAR .	118	20/01/90	ANDHRA PRADESH		DNF
	PINTO MATHEW	439	10/05/92	KERALA		DNS
Event # 10 MENS 400m Hurdles						
TIME=20:00 HRS HRS						
01.07.2016						
# N.R.:JOSEPH G.ABRAHAM OSAKA 49.51 26.08.07						
% M.R.:JOSEPH G.ABRAHAM KER 49.91 OCT-2009						
FINAL						
1	JITHIN PAUL	443	13/03/90	KERALA		50.41
2	JABIR M P	436	06/08/96	KERALA		51.34
3	SANTHOSH KUMAR	721	01/01/98	TAMILNADU		51.71
4	JASDEEP SINGH ..	614	19/02/92	PUNJAB		52.83
5	BINU JOSE	517	14/05/91	MANIPUR		54.03
6	AMAL MANOHAR	438	10/12/94	KERALA		54.72
7	ANMOL .	582	13/02/94	PUNJAB		54.74
	DURGESH KUMAR PAL	786	20/04/94	UTTAR PRADESH		DNF
Heat-1						
1	BINU JOSE	517	14/05/91	MANIPUR		54.55
2	AMAL MANOHAR	438	10/12/94	KERALA		54.75
3	ANMOL .	582	13/02/94	PUNJAB		54.82
4	SATHISH .	708	01/09/94	TAMILNADU		54.93
5	GULABSINGH VASAVE	231	11/02/92	GOA		58.60
6	SAJAL MANDAL	226	01/12/98	DELHI		59.23
	PRATEEK PANDEY	792	01/10/98	UTTAR PRADESH		DNS
	AMAL MANOHAR	256	12/10/94	GUJRAT		DNS
Heat-2						
1	JITHIN PAUL	443	13/03/90	KERALA		52.16
2	SANTHOSH KUMAR	721	01/01/98	TAMILNADU		53.11
3	NIKHIL BHARDWAJ .	602	24/05/96	PUNJAB		54.97
4	JAGADEESH CHANDRA	367	03/05/94	KARNATAKA		55.31
5	M. ALKEN .	508	16/04/97	MANIPUR		57.96
6	BANTY CHAUDHARY	773	05/03/96	UTTAR PRADESH		59.68
7	PARMOD RAGHAV	211	14/04/99	DELHI		1:01.07
	NIGAM PANKAJ .	248	30/12/93	GUJRAT		DNF

Heat-3							
1	DURGESH KUMAR PAL	786	20/04/94	UTTAR PRADESH			51.45
2	JABIR M P	436	06/08/96	KERALA			51.83
3	JASDEEP SINGH ..	614	19/02/92	PUNJAB			53.40
4	NAGABHUSHAN .C.P	364	19/06/95	KARNATAKA			55.16
5	YADAV PRADEEP	259	15/08/95	GUJRAT			1:04.48
	KARTHIK. K	519	15/05/95	MANIPUR			DNS
	D.PREM KUMAR .	118	20/01/90	ANDHRA PRADESH			DNS
Event # 11 MENS High Jump							
TIME= 17:00 HRS							
01.07.2016							
S-1.85P-1.80,2m,1.85-5-2.05-32.17-2							
# N.R.:HARI SHANKER ROY SINGAPORE 2.25 28.09.04							
% M.R.:HARI SHANKER ROY WB 2.22 SEP 2007							
1	AJAY KUMAR	297	07/03/96	HARYANA			2.17m
2	RITESH KUMAR	784	15/05/90	UTTAR PRADESH			2.17m
3	JAGDEEP SINGH .	591	30/10/92	PUNJAB			2.17m
4	SARVESH KHUSARE	483	17/06/95	MAHARASTRA			2.17m
5	MANU FRANCIS	421	11/04/98	KERALA			2.08m
6	RAHUL.. .	214	24/10/95	DELHI			2.05m
7	AADARSHRAM .	690	27/09/97	TAMILNADU			2.05m
8	VINITH .	716	08/11/95	TAMILNADU			2.00m
8	ARUN PRASANTH .	116	23/03/91	ANDHRA PRADESH			2.00m
10	SANDEEP KUMAR	369	05/07/93	KARNATAKA			2.00m
11	ABHIMANU SINGH	174	20/07/95	BIHAR			1.95m
12	S. VEERAMANI .	559	28/08/94	PUDUCHERRY			1.90m
Event # 12 MENS Pole Vault							
TIME= 17:00 HRS							
28.06.2016							
S-4mP-3.90,4.40m,4-10-4.70-5cm							
# N.R.:K.P. BIMIN NEW DELHI 5.13 2012							
% M.R.:GAJANAN UPADHAYA JHAR 5.05 SEP 2007							
1	SIVA .	709	05/06/96	TAMILNADU			4.90m
2	PARVEEN KUMAR .	604	10/10/92	PUNJAB			4.80m
3	BIMIN K P	431	01/04/85	KERALA			4.70m
4	THANGA VASANTH	728	18/06/93	TAMILNADU			4.70m
5	KUNWAR GYANENDRA SINGH	775	30/06/97	UTTAR PRADESH			4.60m
6	SONU .	293	19/07/96	HARYANA			4.50m
7	PRADHYUMN .	212	01/08/94	DELHI			4.50m
8	JESSAN K.G.	520	03/01/98	MANIPUR			4.50m
9	DHARMARAJ .	695	24/11/93	TAMILNADU			4.50m
10	ANOOP C B	419	03/02/90	KERALA			4.50m
	P.BALAKRISHNA .	360	23/03/90	KARNATAKA			NM
	BINEESH JACOB	424	17/03/86	KERALA			NM
	DEEPAK .	506	05/08/96	MANIPUR			NM
	MANJEET .	509	07/01/92	MANIPUR			NM
	SUMIT KUMAR	641	10/02/94	RAJASTHAN			NM
	JITENDER. ...	224	12/12/92	DELHI			DNS
Event # 13 MENS Long Jump							
TIME=17:30 HRS							
01.07.2016							
# N.R.:K.PREM KUMAR TN 8.09 AUG-2013							
% M.R.:K.PREM KUMAR TN 8.00 2013							
1	YUGANT SHEKHAR SINGH	799	02/10/97	UTTAR PRADESH		+0.0m/s	7.74m
	7.64, 7.57, 7.74, 7.66, NM, 7.56						
2	MUHAMMED ANEES	254	12/03/95	GUJRAT		+0.0m/s	7.64m
	7.32, 7.40, 7.37, NM, 7.44, 7.64						
3	SHAMSHEER .S.E	366	06/10/86	KARNATAKA		+0.0m/s	7.49m
	7.27, 7.40, 7.37, 7.47, NM, 7.49						
4	ELAKKIYADASAN .	697	31/01/95	TAMILNADU		+0.0m/s	7.47m
5	SWAMINATHAN .	712	07/04/96	TAMILNADU		+0.0m/s	7.33m
6	WAYNE PEPPIN .	717	02/09/83	TAMILNADU		+0.0m/s	7.16m
7	SUDHIR .	294	14/07/90	HARYANA		+0.0m/s	7.15m
8	SAHIL MAHABALI	301	27/12/97	HARYANA		+0.0m/s	7.12m
9	AMAR SHINDE	493	28/10/96	MAHARASTRA		+0.0m/s	6.77m
10	JOGARANA NAVGHAN	257	14/11/92	GUJRAT		+0.0m/s	6.41m
11	A.P. FAZLUL RAHMAN	108	12/07/95	ANDAMAN & NICOBAR		+0.0m/s	5.96m

Event # 14 MENS Triple Jump							
TIME= 17:00 HRS							
29.06.2016							
# N.R.:ARPINDER SINGH LUCKNOW 17.17 2014							
% M.R.:ARPINDER SINGH PUN 17.17 2014							
1	RENJITH MAHESWARY	437	30/01/86	KERALA	+0.0m/s	16.56m	
16.17, 15.49, 15.51, 16.08, 16.49, 16.56							
2	RAKESH BABU A V	417	20/03/90	KERALA	+0.0m/s	16.20m	
15.96, NM, 15.72, 15.82, 16.20, NM							
3	BHEESHM SINGH	539	01/11/91	MANIPUR	+0.0m/s	16.16m	
16.03, 15.97, 16.16, NM, NM, NM							
4	KARTHIK .	359		KARNATAKA	+0.0m/s	16.08m	
5	ARPINDER SINGH .	583	30/12/92	PUNJAB	+0.0m/s	15.98m	
6	D.ARIVUSELVAM .	117	28/05/91	ANDHRA PRADESH	+0.0m/s	15.94m	
7	MOHAMMED SALAHUDDIN	727	24/03/94	TAMILNADU	+0.0m/s	15.88m	
8	SREEJITHMON K	429	16/10/89	KERALA	+0.5m/s	15.34m	
9	BIBIN DEV D	513	30/05/89	MANIPUR	-0.2m/s	15.03m	
10	VIMAL MUKESH .	715	25/03/96	TAMILNADU	+0.0m/s	14.74m	
11	KAMAL MANN	788	08/09/96	UTTAR PRADESH	+0.0m/s	14.62m	
12	RANJIT SINGH .	608	10/05/93	PUNJAB	+0.0m/s	14.43m	
13	RAMDEO TIGGA .	332		JHARKHAND	+0.0m/s	14.35m	
14	RAHUL BORSE	477	01/06/91	MAHARASTRA	+0.0m/s	14.07m	
15	SAURABH --	769	06/07/86	UTTAR PRADESH	+0.0m/s	14.06m	
16	DEEPANKAR .	281	24/11/94	HARYANA	+0.0m/s	13.81m	
	NISHIL JADHAV .	249	03/07/94	GUJRAT		NM	
Event # 15 MENS Discus Throw							
TIME=17:00 HRS							
29.06.2016							
# N.R.:VIKAS GOWDA Norman 66.28 12-4-2012							
% M.R.:ANIL KUMAR HAR 59.70 JUL 2000							
1	KIRPAL SINGH .	596	19/05/92	PUNJAB		59.74m *NMR	
59.37, 58.52, 59.74, 58.51, 59.17, 59.62							
2	BALJINDER SINGH .	584	23/07/89	PUNJAB		54.08m	
47.71, 50.54, 54.08, 52.03, 52.38, 51.31							
3	DHARAM RAJ YADAV	810	26/01/91	UTTAR PRADESH		53.64m	
53.64, NM, NM, NM, NM, 51.35							
4	PARABHJOT SINGH .	603	05/05/92	PUNJAB		52.74m	
5	RASHPAL SINGH .	216	04/02/86	DELHI		50.89m	
6	ABHISHEK CHAUDHARY	164	25/01/93	BIHAR		49.69m	
7	MONTY DHANKAR .	209	25/12/94	DELHI		49.24m	
8	VIKAS..	295	22/10/91	HARYANA		47.94m	
9	ASHISH RATHI .	202	21/10/94	DELHI		47.22m	
10	ANSHU RAI	796	03/08/89	UTTAR PRADESH		45.28m	
11	MANOJ KUMAR MAHARANA	550	25/12/92	ODISHA		44.28m	
12	GOVIND SINGH	540	05/05/91	MANIPUR		39.06m	
	ANISH LAKRA	105	01/06/99	ANDAMAN & NICOBAR		NM	
	ABHILASH SAKSHENA	261	07/05/93	GUJRAT		NM	
Event # 16 MENS Hammer Throw							
TIME= 18:30 HRS							
29.06.2016							
# N.R.:RAKESH KUMAR YADAV BANGLORE 70.16 17/07/03							
% M.R.:CHANDRODAYA N.SINGH UP 69.38 2014							
1	NIRAJ KUMAR	637	17/09/90	RAJASTHAN		70.73m *NR	
NM, 61.59, 68.04, NM, 70.73, 67.17							
2	KAUSHAL SINGH	803	16/11/88	UTTAR PRADESH		65.16m	
59.96, 62.56, 62.45, 63.81, NM, 65.16							
3	RANJEET SINGH	178	16/02/90	BIHAR		62.01m	
59.05, 59.16, NM, 58.86, 60.85, 62.01							
4	KAPIL MAAN	642	02/01/95	RAJASTHAN		57.68m	
5	SHIV KUMAR	819	02/07/86	UTTRAKHAND		56.82m	
6	RAHUL KUMAR	638	07/12/96	RAJASTHAN		56.77m	
7	ARJUN TOMAR .	201		DELHI		54.08m	
8	GOVIND SINGH .	815	26/04/93	UTTRAKHAND		49.48m	
9	NIRMAL RAJ .	704	05/05/96	TAMILNADU		47.93m	
10	MURALIDHARAN .	702	18/04/95	TAMILNADU		45.99m	
11	RANJAN KHADE	482		MAHARASTRA		44.19m	
12	V.BHAVANI PRASAD	126	03/04/84	ANDHRA PRADESH		39.82m	
13	SONU SINGH	230	08/12/98	GOA		37.95m	
	VIKRAN RAINA	490		MAHARASTRA		DNS	
	AMAR SINGH RANA	303	08/07/94	HARYANA		DNS	
	SHIVAM YADAV	499		MAHARASTRA		DNS	
	GURJODH SINGH .	587	05/04/85	PUNJAB		DNS	
	VIVEK YADAV .	223	13/10/96	DELHI		DNS	
	VIKRANTA --	770	30/12/99	UTTAR PRADESH		DNS	
	VIKAS CHAUDHARY	774	10/04/93	UTTAR PRADESH		DNS	

Event # 17 MENS Javelin Throw						
TIME= 15:30 HRS						
02.07.2016						
# N.R.:NEERAJ CHOPRA GUWAHATI 82.23 2016						
% M.R.:JAGDISH BISHNOI PUN 79.67 JUL 2000						
FINAL						
1	AMIT KUMAR .	115	18/09/92	ANDHRA PRADESH		79.14m
79.14, 75.85, 75.58, NM, NM, NM						
2	RAVINDER SINGH KHERA	616	19/03/86	PUNJAB		78.11m
72.24, 74.41, 70.67, 75.55, 73.78, 78.11						
3	VIPIN KASANA	776	04/08/87	UTTAR PRADESH		77.94m
77.42, 75.34, 72.16, 73.32, 77.45, 77.94						
4	RAJINDER SINGH	863	/ / /	HARYANA		76.65m
5	ABHISHEK SINGH .	197	20/05/95	DELHI		76.35m
6	DEVINDER SINGH KANG	615	18/12/88	PUNJAB		75.99m
7	SAMARJEET SINGH	653	11/07/88	RAJASTHAN		73.04m
8	AMRENDRA SINGH	800	15/08/91	UTTAR PRADESH		72.73m
9	DHARMENDRA KUMAR	635	12/10/93	RAJASTHAN		66.70m
10	ANIMESH MUKHERJEE	842	05/08/92	WEST BENGAL		66.69m
11	ASHUTOSH KUMAR SINGH	175	20/02/92	BIHAR		65.00m
	JAGMOHAN SINGH .	205	20/08/84	DELHI		NM
QUALIFY ROUND						
1	AMIT KUMAR .	115	18/09/92	ANDHRA PRADESH		72.64m
2	RAJINDER SINGH	863	/ / /	HARYANA		71.75m
3	DEVINDER SINGH KANG	615	18/12/88	PUNJAB		70.55m
4	ANIMESH MUKHERJEE	842	05/08/92	WEST BENGAL		69.94m
5	RAVINDER SINGH KHERA	616	19/03/86	PUNJAB		69.84m
6	ABHISHEK SINGH .	197	20/05/95	DELHI		69.04m
7	JAGMOHAN SINGH .	205	20/08/84	DELHI		68.70m
8	AMRENDRA SINGH	800	15/08/91	UTTAR PRADESH		67.96m
9	DHARMENDRA KUMAR	635	12/10/93	RAJASTHAN		67.49m
10	VIPIN KASANA	776	04/08/87	UTTAR PRADESH		66.90m
11	ASHUTOSH KUMAR SINGH	175	20/02/92	BIHAR		66.73m
12	SAMARJEET SINGH	653	11/07/88	RAJASTHAN		66.64m
13	ARUN BABY	418	30/04/93	KERALA		66.61m
14	ABHISHEK DRALL .	196	11/05/98	DELHI		65.55m
15	CHINMAYA RANJAN JENA	555	14/11/95	ODISHA		64.54m
16	AJAY KUMAR	634	11/01/93	RAJASTHAN		64.35m
17	KRISHNA NAND TRIPATHI	806	17/07/89	UTTAR PRADESH		63.88m
18	MAYANK SHARMA	306	20/12/95	HARYANA		63.56m
19	PARVINDER KUMAR	300	08/03/95	HARYANA		62.72m
20	DINESH KUMAR RAO	820	07/02/88	UTTRAKHAND		60.64m
21	UTTAM PATIL	488	01/11/94	MAHARASTRA		60.61m
22	MANJEET SINGH	496		MAHARASTRA		60.58m
23	SATHYA NARAYANAN	725	20/07/90	TAMILNADU		60.52m
24	DHARANI .	694	07/02/95	TAMILNADU		51.41m
Event # 18 MENS Shot Put						
TIME= 18:10 HRS						
29.06.2016						
#N.R.:O.PRAKASH Szombathely-Hungary 20.69 12-05-2012						
% M.R.:INDERJEET SINGH HARYANA 20.44 10/07/2015						
1	INDERJEET SINGH	308	19/04/88	HARYANA		19.28m
18.75, 18.83, 18.54, NM, 19.28, 19.26						
2	TAJINDERPAL SINGH TOOR	620	13/11/94	PUNJAB		19.21m
18.31, 18.72, 19.21, NM, 18.91, 18.52						
3	JASDEEP SINGH .	594	10/06/90	PUNJAB		18.48m
17.95, 17.58, 18.48, 18.33, 18.23, 18.30						
4	OM PARKASH .	288	11/01/87	HARYANA		18.39m
5	SATISH .	292	06/12/92	HARYANA		16.71m
6	ALFIN .	354		KARNATAKA		16.61m
7	GAGANDEEP SINGH	184	23/03/90	CHANDIGARH		16.53m
8	AKSHAY .	631	28/12/98	RAJASTHAN		15.84m
9	MANOJ KUMAR MAHARANA	550	25/12/92	ODISHA		13.25m
10	G.SRIKANTH .	119	16/12/89	ANDHRA PRADESH		10.03m
	ABHILASH SAKSHENA	261	07/05/93	GUJRAT		DNS
Event # 19 MENS 4x100m Relay						
TIME= 20:00 HRS						
30.06.2016						
# N.R.:INDIAN NATIONAL TEAM DELHI 38.89 12-10-2010						
% M.R.:KERALA TEAM KER 40.49 2013						
FINAL						
1	TAMILNADU					40.72
693	R.SWAMINATHAN .	31/03/1994	713	TAMILVANAN .	28/08/1991	
719	MANIKANDA ARUMUGAM	05/07/1989	724	P MUTHU KUMARAN	15/12/1993	

2	KERALA						41.12
420	SREEKANTH D	09/05/1996	453	MOHAMMED YASIN C H	01/04/1994		
427	PAUL JOSEPH	24/06/1992	425	ANUROOP JOHN	15/02/1991		
3	MANIPUR						41.35
542	SATNAM SINGH	27/03/1991	534	RAHUL G PILLAI	04/04/1990		
525	JITHESH KUMAR	03/11/1991	532	SHAMEERMON NA	20/10/1983		
4	PUNJAB						41.42
605	RAGHUVEER SINGH .	09/05/1996	598	MEWA SINGH .	04/02/1990		
590	INDERJEET SINGH .	04/10/1991	595	JATINDER SINGH .	24/08/1991		
5	TELANGANA						41.62
739	P. SARVESH .	28/01/1988	742	M PANDIAN	06/02/1991		
737	C.H. SUDHAKAR .	18/05/1997	741	M NAJEEB QURESHI	25/02/1988		
6	WEST BENGAL						42.49
838	REJAUL MOLLA .	31/12/1998	844	SATYAJIT SAREN	21/11/1995		
843	ATIKUR RAHAMAN	09/05/1992	841	SHAFIKUL MONDAL	08/07/1996		
7	ANDHRA PRADESH						43.04
125	H.M. MANIKANTA	23/03/1993	127	L.JANARDHANA RAO	28/12/1995		
131	B. SURYANARAYANA	15/06/1994	121	MANIKANTA .			
	KARNATAKA						DNS
355	ASHWIN.M.J .	25/05/1996	361	RADESH.M.G. .			
353	AIYAPPA.K.M .	03/09/1991	357	GANESH.S .	12/06/1991		
Heat-1							
1	MANIPUR						42.21
542	SATNAM SINGH	27/03/1991	525	JITHESH KUMAR	03/11/1991		
532	SHAMEERMON NA	20/10/1983	534	RAHUL G PILLAI	04/04/1990		
2	KERALA						42.37
430	ASWIN K P	16/09/1996	453	MOHAMMED YASIN C H	01/04/1994		
427	PAUL JOSEPH	24/06/1992	425	ANUROOP JOHN	15/02/1991		
3	KARNATAKA						42.80
355	ASHWIN.M.J .	25/05/1996	361	RADESH.M.G. .			
353	AIYAPPA.K.M .	03/09/1991	357	GANESH.S .	12/06/1991		
4	TELANGANA						43.15
739	P. SARVESH .	28/01/1988	738	K.PREM KUMAR .	23/08/1990		
742	M PANDIAN	06/02/1991	737	C.H. SUDHAKAR .	18/05/1997		
5	WEST BENGAL						43.46
838	REJAUL MOLLA .	31/12/1998	844	SATYAJIT SAREN	21/11/1995		
843	ATIKUR RAHAMAN	09/05/1992	841	SHAFIKUL MONDAL	08/07/1996		
	HARYANA						DNS
	MAHARASTRA						DNS
Heat-2							
1	TAMILNADU						41.86
693	R.SWAMINATHAN .	31/03/1994	713	TAMILVANAN .	28/08/1991		
719	MANIKANDA ARUMUGAM	05/07/1989	724	P MUTHU KUMARAN	15/12/1993		
2	PUNJAB						43.01
605	RAGHUVEER SINGH .	09/05/1996	598	MEWA SINGH .	04/02/1990		
590	INDERJEET SINGH .	04/10/1991	595	JATINDER SINGH .	24/08/1991		
3	ANDHRA PRADESH						43.83
125	H.M. MANIKANTA	23/03/1993	127	L.JANARDHANA RAO	28/12/1995		
131	B. SURYANARAYANA	15/06/1994	121	MANIKANTA .			
4	PUDUCHERRY						47.10
562	V. THAMIZHVANAN .	04/11/1995	561	V. BALAKUMARAN .	28/03/1998		
558	S. MANIKANDAN .	27/05/1995	563	M. ABDUL KADHAR	15/06/1997		
5	JAMMU & KASHMIR						47.56
322	JAI KUMAR	07/01/1989	323	SHABIR KUMAR	23/10/1985		
320	ABID HUSSAIN	05/03/1998	321	SHOWKAT AHMAD KHAN	02/05/1993		
	GUJRAT						DNS
	BIHAR			BIHAR			DNS
Event # 20 MENS 4x400m Relay							
TIME=18:15 HRS							
02.07.2016							
# N.R.:INDIAN NATIONAL TEAM ERZURUM 3:02.17 2016							
% M.R.:KERALA TEAM KER 3:09.29 NOV-2006							
1	TAMILNADU						3:12.90
721	SANTHOSH KUMAR	01/01/1998	708	SATHISH .	01/09/1994		
707	RENGARAJ .	08/09/1991	701	MOHAN JOSE .	18/01/1995		
2	KERALA						3:15.24
438	AMAL MANOHAR	10/12/1994	434	MANEESH M	06/02/1993		
441	AKHIL P H	21/04/1993	436	JABIR M P	06/08/1996		
3	PUNJAB						3:16.50
618	KAMBERDEEP SINGH	12/06/1995	593	JAGMEET SINGH .	28/12/1996		
586	GURDEEP SINGH .	12/04/1987	599	NARINDER SINGH .	15/07/1996		
4	ANDHRA PRADESH						3:19.48
903	JIDHIN GEORGE .		128	D.BHARATHA REDDY	18/03/1996		
120	HARSHPANWAR .	03/10/1989	130	HARVENDER SINGH	07/03/1994		

5	JAMMU & KASHMIR						3:30.54
327	DANISH YOUSUF	18/04/1989	325	ABHINAV KUNDAL	14/12/1999		
326	AMRISH SHARMA	24/09/1981	322	JAI KUMAR	07/01/1989		
6	PUDUCHERRY						3:47.91
556	E. SOUNDARRAJAN .	30/05/1996	560	S. VELMURUGAN .	01/11/1996		
562	V. THAMIZHVANAN .	04/11/1995	558	S. MANIKANDAN .	27/05/1995		
7	ANDAMAN & NICOBAR						3:50.49
109	BASKAR RAO	01/01/1995	102	MOHD JABIR	09/06/1994		
103	G KALI DAS	25/01/1993	104	S. PAWAN KUMAR	10/04/1998		
Event # 21 MENS 20K Walk							
TIME= 6:00 HRS							
30.06.2016							
# N.R.:DEVNDER SINGH NOMI 1:20.21 2016							
% M.R.:BABU BHAI GUJ 1:25:09.36 SEP 2007							
1	BABHUBHAI PANUCHA	258	08/10/78	GUJRAT			1:31:26.0
2	SAGAR JOSHI .	250	18/06/87	GUJRAT			1:31:30.0
3	GAURAV KUMAR	524	08/12/95	MANIPUR			1:31:39.0
4	YUMNAM BICKEY MEITEI	228	18/11/96	GOA			1:32:22.0
5	SURINDER SINGH .	612	07/04/88	PUNJAB			1:33:51.0
6	MANI RAM PATEL	794	16/09/91	UTTAR PRADESH			1:34:00.0
7	Y. KHAMBA SINGH	545	06/12/93	MANIPUR			1:37:06.0
8	SARAVANA KUMAR	722	28/10/93	TAMILNADU			1:38:15.0
9	RAJESH KUMAR .	607	29/10/93	PUNJAB			1:38:35.0
10	MAHENDRA PRATAP SINGH	176	08/07/97	BIHAR			1:43:28.0
11	RAJANPREET SING .	606	02/11/98	PUNJAB			1:49:27.0
	RHYTHU BINDUJI	132	07/03/92	ASSAM			DQ
	S. DAMEN SINGH	541	15/10/89	MANIPUR			DNF
	JITENDRA SINGH	651	20/03/89	RAJASTHAN			DNF
	KARAN RATHEE	304	27/01/94	HARYANA			DNF
	SURAJ S	448	21/03/92	KERALA			DNF
	CHANDAN SINGH	821	08/06/87	UTTRAKHAND			DNS
	NEERAJ .	287	15/08/94	HARYANA			DNS
	DHANANJAY YADAV	809	07/05/98	UTTAR PRADESH			DNS
Event # 43 MENS Decathlon							
# N.R.:BHARTINDER SINGH BANGLORE 7658 12-6-2011							
% M.R.:BHARTINDER SINGH HAR 7658 12-6-2011							
1	ANKIT SAINI	305	24/05/95	HARYANA			6807pts
	11.40,6.68,10.86,1.98,50.00,15.95,35.77,4.00,51.93,4:52.06						
2	DAYA RAM	645	07/05/85	RAJASTHAN			6669pts
	11.63,6.46,13.22,1.79,54.73,15.28,42.20,4.20,55.63,5:15.02						
3	NARENDER .	285	04/08/94	HARYANA			6637pts
	11.58,6.43,12.04,1.83,52.33,16.36,38.09,4.30,58.76,5:09.42						
4	MUHAMMED HAFSEER P P	422	30/07/96	KERALA			6572pts
5	INDRAJIT SINGH	495	03/08/91	MAHARASTRA			6330pts
6	NAVJOR SINGH .	600	05/05/94	PUNJAB			6155pts
7	THEIVENDRAN .	714	26/07/94	TAMILNADU			6151pts
8	SONU KUMAR .	219	05/04/95	DELHI			6015pts
9	GUARPEET SINGH	494	/ /	MAHARASTRA			6008pts
10	DHARMENDER SINGH	307	18/12/93	HARYANA			5556pts
11	VIVEK P.S. .	253	01/01/93	GUJRAT			5438pts
12	VIKASH .	222	25/12/91	DELHI			5384pts
13	GURLAL SINGH .	588	10/12/94	PUNJAB			5356pts
	RANEESH V V	451	25/03/87	KERALA			DNF
	SUREN .	710	16/06/93	TAMILNADU			DNF
	DURAI MURUGAN	723	14/08/94	TAMILNADU			DNF
	ASHOK KUMAR	779	10/04/88	UTTAR PRADESH			DNF
	MUKESH KUMAR BAJPAI	771	01/06/84	UTTAR PRADESH			DNF
	NARENDRA KUMAR	636	12/01/88	RAJASTHAN			DNF
Event # 22 WOMENS 100m							
TIME= 19:05 HRS							
30.06.2016							
# N.R.:DUTEE CHAND NEW DELHI 11.33 2016							
% M.R.:SARADHA NARAYANA TN 11.39 2014							
FINAL							
1	REENA GEORGE .	339	15/10/93	KARNATAKA		+0.0m/s	11.99
2	ARCHANA .	659	09/06/94	TAMILNADU		+0.0m/s	12.15
3	RUCHA PATIL	469	14/10/90	MAHARASTRA		+0.0m/s	12.30
4	SHRADDHA GHULE	462	06/03/91	MAHARASTRA		+0.0m/s	12.33
5	RUMA SARKAR .	826	10/04/95	WEST BENGAL		+0.0m/s	12.35
6	BHAGYASHREE SHIRKE	473		MAHARASTRA		+0.0m/s	12.42
7	RAJASHREE MONDAL	833	30/11/94	WEST BENGAL		+0.0m/s	12.54
8	G. NITHYA .	731	10/11/99	TELANGANA		+0.0m/s	12.67
Heat-1							
1	REENA GEORGE .	339	15/10/93	KARNATAKA		+0.1m/s	11.99

2	BHAGYASHREE SHIRKE	473		MAHARASTRA	+0.1m/s	12.30
3	SHRADDHA GHULE	462	06/03/91	MAHARASTRA	+0.1m/s	12.30
4	RAJASHREE MONDAL	833	30/11/94	WEST BENGAL	+0.1m/s	12.43
5	SHILBI A P	371	16/05/96	KERALA	+0.1m/s	12.51
6	SUNANDA SARKAR	160	21/07/94	BIHAR	+0.1m/s	12.66
7	A. HARIKA DEVI .	729	20/12/93	TELANGANA	+0.1m/s	12.69
8	MANDEEP KOUR	316	21/10/89	JAMMU & KASHMIR	+0.1m/s	14.24
	TAMIL SELVI .	683	14/09/99	TAMILNADU		DNS
	Heat-2					
1	RUMA SARKAR .	826	10/04/95	WEST BENGAL	+0.1m/s	12.34
2	G. NITHYA .	731	10/11/99	TELANGANA	+0.1m/s	12.55
3	PRAJNA. S.PRAKASH	348	03/04/93	KARNATAKA	+0.1m/s	12.59
4	ARTHI .	660	01/04/92	TAMILNADU	+0.1m/s	12.83
5	B. BHAVANI YADAV	114	19/12/98	ANDHRA PRADESH	+0.1m/s	13.21
6	VASHALE DEVI .	852	17/05/97	ANDAMAN & NICOBAR	+0.1m/s	15.22
	STUTI SINGH	763	17/07/96	UTTAR PRADESH		DNS
	SINI S	406	18/10/89	KERALA		DNS
	Heat-3					
1	RUCHA PATIL	469	14/10/90	MAHARASTRA	+0.0m/s	12.20
2	ARCHANA .	659	09/06/94	TAMILNADU	+0.0m/s	12.32
3	GARGI GANGWAR	754	07/01/95	UTTAR PRADESH	+0.0m/s	13.18
4	S. SUJATHA .	733	21/05/98	TELANGANA	+0.0m/s	13.34
5	NISHA SHARMA	317	06/03/88	JAMMU & KASHMIR	+0.0m/s	13.40
6	BIRSHI BAY .	849	25/11/89	ANDAMAN & NICOBAR	+0.0m/s	14.67
	SANTINI V.S. .	238	06/10/89	GUJRAT		DQ
	H.M.JYOTHI .	337	07/01/83	KARNATAKA		DNS
	Event # 23 WOMENS 200m					
	TIME=17:30 HRS					
	02.07.2016					
	# N.R.:SARASWATI SAHA LUDHIANA 22.82 28/08/02					
	% M.R.:RACHITA MISTRY MAH 23.10 JUL 2000					
	FINAL					
1	SANTINI V.S. .	238	06/10/89	GUJRAT	+0.0m/s	23.88
2	REENA GEORGE .	339	15/10/93	KARNATAKA	+0.0m/s	24.25
3	ARCHANA .	659	09/06/94	TAMILNADU	+0.0m/s	24.74
4	SONIYA BAISHYA .	827	31/12/95	WEST BENGAL	+0.0m/s	24.91
5	VIJAYA KUMARI.G.K	345	08/05/96	KARNATAKA	+0.0m/s	25.13
6	RUCHA PATIL	469	14/10/90	MAHARASTRA	+0.0m/s	25.14
7	CHANDRA LEKHA	685	28/03/97	TAMILNADU	+0.0m/s	25.25
8	RANGA K	379	24/04/95	KERALA	+0.0m/s	25.79
	Heat-1					
1	REENA GEORGE .	339	15/10/93	KARNATAKA	+0.0m/s	24.48
2	CHANDRA LEKHA	685	28/03/97	TAMILNADU	+0.0m/s	25.26
3	RANGA K	379	24/04/95	KERALA	+0.0m/s	25.31
4	MANPREET KAUR..	580	02/02/95	PUNJAB	+0.0m/s	25.83
5	L. BHANU CHANDRIKA	736	26/10/99	TELANGANA	+0.0m/s	27.98
6	BIRSHI BAY .	849	25/11/89	ANDAMAN & NICOBAR	+0.0m/s	31.03
	DIPTI CHUTIA	133	12/12/88	ASSAM		DNS
	SHABHYA PATEL	759	08/08/96	UTTAR PRADESH		DNS
	Heat-2					
1	SONIYA BAISHYA .	827	31/12/95	WEST BENGAL	+0.0m/s	25.19
2	RUCHA PATIL	469	14/10/90	MAHARASTRA	+0.0m/s	25.35
3	NEELU YADAV .	571	07/10/95	PUNJAB	+0.0m/s	25.45
4	A. HARIKA DEVI .	729	20/12/93	TELANGANA	+0.0m/s	26.12
5	SAYANA P O	401	11/03/98	KERALA	+0.0m/s	26.67
6	GARGI GANGWAR	754	07/01/95	UTTAR PRADESH	+0.0m/s	27.72
7	SUSHILA .	851	30/07/91	ANDAMAN & NICOBAR	+0.0m/s	34.28
	H.M.JYOTHI .	337	07/01/83	KARNATAKA		DNS
	Heat-3					
1	SANTINI V.S. .	238	06/10/89	GUJRAT	+0.0m/s	24.39
2	ARCHANA .	659	09/06/94	TAMILNADU	+0.0m/s	24.67
3	VIJAYA KUMARI.G.K	345	08/05/96	KARNATAKA	+0.0m/s	24.80
4	AKSHAYA IYAR	455	03/05/96	MAHARASTRA	+0.0m/s	25.39
5	RAJASHREE MONDAL	833	30/11/94	WEST BENGAL	+0.0m/s	26.30
6	G. NITHYA .	731	10/11/99	TELANGANA	+0.0m/s	26.81
7	VASHALE DEVI .	852	17/05/97	ANDAMAN & NICOBAR	+0.0m/s	33.72
	SUNANDA SARKAR	160	21/07/94	BIHAR		DNS

Event # 24 WOMENS 400m						
TIME= 18:30 HRS						
01.07.2016						
# N.R.:MANJIT KAUR CHENNAI 51.05 16/06/04						
% M.R.:M.R. POOVAMMA KAR 51.73 2014						
FINAL						
1	NIRMALA .	266	15/07/95	HARYANA		51.48 *NMR
2	JISNA MATHEW	393	07/01/99	KERALA		53.14
3	SOWNDHARYA P.N.	681	22/11/94	TAMILNADU		53.85
4	NITHYA SHREE.A	351	01/08/94	KARNATAKA		54.76
5	SANTOSH KUMARI	276	15/01/90	HARYANA		54.82
6	LIKSY JOSEPH .	234	17/02/90	GUJRAT		56.09
7	SHAHARBANA SIDHIQUE T P	409	03/09/97	KERALA		56.66
8	TWINKLE CHAUDHARY	576	17/10/95	PUNJAB		58.39
Heat-1						
1	SANTOSH KUMARI	276	15/01/90	HARYANA		54.04
2	SOWNDHARYA P.N.	681	22/11/94	TAMILNADU		54.53
3	LIKSY JOSEPH .	234	17/02/90	GUJRAT		56.14
4	TWINKLE CHAUDHARY	576	17/10/95	PUNJAB		58.62
5	SMRUTHIMOL V RAJENDRAN	414	07/08/96	KERALA		59.98
6	P. KAVYA .	732	22/08/98	TELANGANA		1:00.32
7	PRIYANKA DAS .	847	23/02/01	ANDAMAN & NICOBAR		1:15.75
Heat-2						
1	NIRMALA .	266	15/07/95	HARYANA		52.35
2	JISNA MATHEW	393	07/01/99	KERALA		54.58
3	NITHYA SHREE.A	351	01/08/94	KARNATAKA		56.00
4	SHAHARBANA SIDHIQUE T P	409	03/09/97	KERALA		57.57
5	NEELU YADAV .	571	07/10/95	PUNJAB		58.71
6	VANDANA KUMARI	157	10/01/93	BIHAR		59.68
7	B. JYOTHI .	730	27/05/98	TELANGANA		1:02.87
8	PHOOL KUMARI .	848	25/11/94	ANDAMAN & NICOBAR		1:13.58
Event # 25 WOMENS 800m						
TIME= 18:20 HRS						
29.06.2016						
# N.R.:TINTU LUKA BRUSSLES 1:59.17 04-09-2010						
% M.R.:ROZA KUTTY KAR 2:00.49 Dec-1997						
1	GOMATHI .	664	08/02/89	TAMILNADU		2:06.28
2	SINI A MARKOSE	370	24/06/83	KERALA		2:07.61
3	ARCHANA ADHAV	454	14/07/95	MAHARASTRA		2:08.44
4	ABITHA MARY MANUEL	392	24/11/98	KERALA		2:09.00
5	SUGANDHA KUMARI	830	10/12/95	WEST BENGAL		2:09.44
6	VIJAYA LAXMI	756	15/07/94	UTTAR PRADESH		2:14.66
7	SHALU CHAUDHARY .	191	27/01/94	DELHI		2:15.36
8	SHRUTHI.K.C. .	341	08/10/91	KARNATAKA		2:19.33
9	YOGITA GAWALI	461	01/01/97	MAHARASTRA		2:20.33
Event # 26 WOMENS 1500m						
TIME= 17:55 HRS						
02.07.2016						
# N.R.:SUNITA RANI BUSAN 4:06.03 10.10.02						
% M.R.:SINIMOL PAULOSE JHAR 4:10.51 2/11/2006						
1	GOMATHI .	664	08/02/89	TAMILNADU		4:22.42
2	CHITRA P U	403	09/06/95	KERALA		4:24.47
3	SUGANDHA KUMARI	830	10/12/95	WEST BENGAL		4:25.54
4	SINI A MARKOSE	370	24/06/83	KERALA		4:27.80
5	PRATIMA TUDU	836	13/07/87	WEST BENGAL		4:46.89
6	NANDINI GUPTA	755	04/11/97	UTTAR PRADESH		4:58.82
	NAVEEN KUMARI	274	01/04/93	HARYANA		DNF
	ARCHANA ADHAV	454	14/07/95	MAHARASTRA		DNF
	ADESH .	263	14/02/93	HARYANA		DNF
	PHOOL KUMARI .	848	25/11/94	ANDAMAN & NICOBAR		DNS
	SHRUTHI.K.C. .	341	08/10/91	KARNATAKA		DNS
Event # 27 WOMENS 5000m						
TIME= 6:00 HRS						
02.07.2016						
#N.R.:P.SRIDHARAN GUANGZHOU 15:15.89 26-11-2010						
% M.R.:O.P. JAISHA PUN 15:57.05 2014						
1	L. SURYA .	671	07/07/90	TAMILNADU		15:59.6
2	SWATI GADHAVE	460		MAHARASTRA		16:08.3
3	SANJIVANI JADHAV	465	12/07/96	MAHARASTRA		16:47.8
4	SUDHA PAL	757	03/05/97	UTTAR PRADESH		18:02.3

5	DIMPLE SINGH .	748	12/07/95	UTTAR PRADESH		18:04.4
6	THIPPAVVA SANNAKKI	350	15/06/89	KARNATAKA		18:26.9
7	KM. MAMTA .	502	17/01/96	MANIPUR		18:33.7
8	KHUSHBU KUMARI	156	15/01/95	BIHAR		18:51.9
	DALJEET KAUR	272	12/12/94	HARYANA		DNF
	JOTHI .	666	04/01/97	TAMILNADU		DNF
	CHITRA P U	403	09/06/95	KERALA		DNF
	KULJIT KAUR .	567	04/10/95	PUNJAB		DNF
	SHOBHA RANA	813	01/12/94	UTTRAKHAND		DNS
	PHOOLAN PAL	136	05/01/96	ASSAM		DNS
	RUPALI B PATHARE	137	05/03/89	ASSAM		DNS
Event # 28 WOMENS 10000m						
TIME= 5:30 HRS						
28.06.2016						
#N.R.:P.SRIDHARAN GUANGZHOU 31:50.47 21-11-2010						
% M.R.:PREEJA SRIDHARAN KER 32:36.53 Aug-2010						
1	L. SURYA .	671	07/07/90	TAMILNADU		33:27.01
2	SWATI GADHAVE	460		MAHARASTRA		33:45.40
3	SANJIVANI JADHAV	465	12/07/96	MAHARASTRA		33:54.77
4	SUDHA PAL	757	03/05/97	UTTAR PRADESH		38:18.16
5	THIPPAVVA SANNAKKI	350	15/06/89	KARNATAKA		38:48.50
6	KM. MAMTA .	502	17/01/96	MANIPUR		40:00.88
7	NEETHU U	412	08/02/96	KERALA		41:04.56
8	GEETHU MOHANAN	394	26/03/97	KERALA		41:35.00
Event # 29 WOMENS 3000m Steeplechase						
TIME= 18:55 HRS						
29.06.2016						
# N.R.:SUDHA SINGH SHANGHAI 9:26.55 2016						
% M.R.:SUDHA SINGH UP 9:45.60 2013						
1	PARUL CHAUDHARY	750	15/04/95	UTTAR PRADESH		10:46.92
2	NANDINI GUPTA	755	04/11/97	UTTAR PRADESH		11:08.92
3	ANGEL JAMES	373	14/03/96	KERALA		11:13.21
4	MONIKA RAUT	470	28/06/90	MAHARASTRA		11:20.09
5	KHUSHBU KUMARI	156	15/01/95	BIHAR		11:41.63
6	VIJAYA LAXMI	756	15/07/94	UTTAR PRADESH		11:59.85
7	AISHWARYA KALYANKAR	466	15/12/96	MAHARASTRA		12:07.41
8	SAFEEDA M P	390	05/10/94	KERALA		12:31.42
Event # 30 WOMENS 100m Hurdles						
TIME= 17:00 HRS						
30.06.2016						
# N.R.:ANURADHA BISWAL NEW DELHI 13.38 8/9/2002						
% M.R.:ANURADHA BISWAL ORI 13.44 JUL 2000						
FINAL						
1	SUGINA M	388	22/08/93	KERALA	+0.0m/s	14.17
2	DHANALAKSHMI .	662	31/08/95	TAMILNADU	+0.0m/s	14.28
3	KEERTHANA .	661	21/08/94	TAMILNADU	+0.0m/s	14.33
4	DIBI SEBASTIAN	407	13/09/97	KERALA	+0.0m/s	14.33
5	ROKIA KHATUN	829	15/07/96	WEST BENGAL	+0.0m/s	14.41
6	ANKITA GOSAVI	464	13/05/97	MAHARASTRA	+0.0m/s	14.43
7	JYOTHI KRISHNA	385	09/07/92	KERALA	+0.0m/s	14.76
8	PUJA KOLEY .	825	31/07/94	WEST BENGAL	+0.0m/s	15.34
Heat-1						
1	SUGINA M	388	22/08/93	KERALA	+0.0m/s	14.50
2	ROKIA KHATUN	829	15/07/96	WEST BENGAL	+0.0m/s	14.64
3	JYOTHI KRISHNA	385	09/07/92	KERALA	+0.0m/s	14.91
4	KEERTHANA .	661	21/08/94	TAMILNADU	+0.0m/s	14.92
5	SARANYA DEVI .	676	18/12/97	TAMILNADU	+0.0m/s	15.40
	PRAJNA. S.PRAKASH	348	03/04/93	KARNATAKA		DNF
	VIBHA --	747	10/08/94	UTTAR PRADESH		DNS
Heat-2						
1	DIBI SEBASTIAN	407	13/09/97	KERALA	+0.0m/s	14.50
2	DHANALAKSHMI .	662	31/08/95	TAMILNADU	+0.0m/s	14.51
3	ANKITA GOSAVI	464	13/05/97	MAHARASTRA	+0.0m/s	14.55
4	PUJA KOLEY .	825	31/07/94	WEST BENGAL	+0.0m/s	15.03
5	PINKI RANI	277	19/08/95	HARYANA	+0.0m/s	15.13
6	Y. JYOTHI .	735	28/08/99	TELANGANA	+0.0m/s	15.51
	JASPREET KAUR .	564	05/07/94	PUNJAB		DNS

Event # 31 WOMENS 400m Hurdles						
TIME=18:00 HRS						
29.06.2016						
# N.R.:P.T. USHA LOS ANGELS 55.42 8/8/1984						
% M.R.:A.C. ASHWINI KAR 57.43 2014						
FINAL						
1	PURNIMA HEMBRAM	549	10/07/93	ODISHA		59.27
2	AYANA THOMAS .	188	20/01/93	DELHI		59.63
3	AARTHI .	657	/ /	TAMILNADU		1:00.60
4	NIKSY JOSEPH .	236	17/02/90	GUJRAT		1:00.75
5	LOGANAYAKI .	672	03/06/97	TAMILNADU		1:01.50
6	DHANALAKSHMI .	662	31/08/95	TAMILNADU		1:06.13
7	SAYANA P O	401	11/03/98	KERALA		1:06.73
8	J AIS RANI SEBASTIAN	405	12/06/95	KERALA		1:07.57
Heat-1						
1	PURNIMA HEMBRAM	549	10/07/93	ODISHA		59.12
2	AYANA THOMAS .	188	20/01/93	DELHI		1:00.82
3	NIKSY JOSEPH .	236	17/02/90	GUJRAT		1:01.36
4	DHANALAKSHMI .	662	31/08/95	TAMILNADU		1:02.30
5	LOGANAYAKI .	672	03/06/97	TAMILNADU		1:02.49
6	ADHEENA P G	399	22/01/93	KERALA		1:05.06
	SANTOSH KUMARI	276	15/01/90	HARYANA		DNF
Heat-2						
1	AARTHI .	657	/ / /	TAMILNADU		1:02.97
2	SAYANA P O	401	11/03/98	KERALA		1:07.02
3	J AIS RANI SEBASTIAN	405	12/06/95	KERALA		1:07.37
4	V. VISHALAKSHI .	734	07/08/98	TELANGANA		1:08.43
5	SARMISTHA MONDAL	158	21/12/90	BIHAR		1:10.31
6	URMILA GORAD	463	/ / /	MAHARASTRA		1:12.30
Event # 32 WOMENS High Jump						
TIME=17:00 HRS						
02.07.2016						
S1.50P1.40,1.55,1.50-5-1.65-3-171-2						
# N.R.:SAHANA KUMARI HYDRABAD 1.92 2012						
% M.R.:SAHANA KUMARI KAR 1.92 2012						
			Wind			
1	SAHANA KUMARI	344	03/06/81	KARNATAKA		1.79m
2	ANGEL P DEVASIA	398	06/12/94	KERALA		1.73m
3	VINOTHA .	684	08/06/96	TAMILNADU		1.60m
4	SHIBANI .	679	18/08/96	TAMILNADU		1.55m
5	KRISHNA REKHA	688	05/06/85	TAMILNADU		1.55m
6	LIBIA SHAJI	408	16/04/97	KERALA		1.55m
7	JUEELY BADHE	456	09/02/97	MAHARASTRA		1.55m
8	POOJA SHINDE	471		MAHARASTRA		1.50m
Event # 33 WOMENS Pole Vault						
TIME= 17:00 HRS						
30.06.2016						
S-2.70P-2.60,3m,2.70-10-3.40-5cm						
# N.R.:V.S. SUREKHA NEW DELHI 4.15 4-11-2014						
% M.R.:KHYATI VAKHARIA KAR 4.00 2013						
1	KHYATHI. S.VAKHARIA	349		KARNATAKA		3.80m
2	KIRANBIR KAUR .	566	16/06/90	PUNJAB		3.40m
3	SINJU PRAKASH M K	404	27/12/93	KERALA		3.40m
4	DIJA K C	381	03/01/91	KERALA		3.30m
5	MELBY T MANUAL	410	04/09/93	KERALA		3.30m
6	RAMYA R. .	237	29/01/90	GUJRAT		3.20m
7	NISHA BANU .	673	24/01/97	TAMILNADU		3.00m
Event # 34 WOMENS Long Jump						
TIME= 18:30 HRS						
28.06.2016						
# N.R.:ANJU B.GEORGE ATHENS 6.83 27/08/04						
% M.R.:MAYOOKHA JOHNY KER 6.63 11-6-2011						
1	NEENA V	413	02/05/91	KERALA	+0.0m/s	6.45m
						5.88, 6.28, 6.18, 6.45, 6.43, 6.29
2	PRAJUSHA M A	389	20/05/87	KERALA	+0.0m/s	6.29m
						6.05, 6.29, NM, 6.26, 6.15, NM
3	SHRADDHA GHULE	462	06/03/91	MAHARASTRA	+0.0m/s	5.98m
						5.86, 5.98, NM, NM, 5.96, NM
4	PRIYANKA KERKETA	329		JHARKHAND	+0.0m/s	5.96m
5	KARTHIKA .	668	02/01/96	TAMILNADU	+0.0m/s	5.89m
6	SOMA KARMAKAR	828	05/03/99	WEST BENGAL	+0.0m/s	5.62m
7	UMA MAHESWARI	687	01/06/95	TAMILNADU	+0.0m/s	5.51m

8	RUBI GOGOI	134	16/09/96	ASSAM	+0.0m/s	5.25m
9	B. BHAVANI YADAV	114	19/12/98	ANDHRA PRADESH	+0.0m/s	5.17m
10	S. SUJATHA .	733	21/05/98	TELANGANA	+0.0m/s	5.15m
11	S.RADHIKA .	113	18/06/96	ANDHRA PRADESH	+0.0m/s	5.12m
12	ASMITA DHAWARE	459	/ /	MAHARASTRA	+0.0m/s	5.01m
13	NARMITA KATOCH	315	26/01/98	JAMMU & KASHMIR	+0.0m/s	4.45m
14	TANJU MONDAL .	855	27/09/95	ANDAMAN & NICOBAR	+0.0m/s	4.06m
15	SASHITA BHENGRA .	856	15/10/00	ANDAMAN & NICOBAR	+0.0m/s	4.00m
Event # 35 WOMENS Triple Jump						
TIME= 18:15 HRS						
30.06.2016						
# N.R.:MAYOOKHA JOHNY INDIA 14.11 2011						
% M.R.:MAYOOKHA JOHNEY KER 13.72 2014						
1	SHILPA CHACKO	372	18/12/92	KERALA	+0.0m/s	13.22m
12.76, 12.99, 13.20, 13.22, 13.14, 13.11						
2	JENIMOL JOY .	232	29/12/95	GUJRAT	+0.0m/s	12.97m
12.85, 12.93, 12.97, NM, NM, 12.43						
3	KARTHIKA .	668	02/01/96	TAMILNADU	+0.0m/s	12.75m
12.67, 12.75, NM, 12.30, NM, 12.75						
4	JOYLINE. M.LOBO	346	11/06/91	KARNATAKA	+0.0m/s	12.61m
Event # 36 WOMENS Discus Throw						
TIME= 18:45 HRS						
01.07.2016						
#N.R.:K.PONIA Maui Island-Hawaii 64.76 5-5-2012						
% M.R.:NEELAM J.SINGH PUN 62.49 JUL 2000						
1	NAVJEET KAUR .	569	06/03/95	PUNJAB		55.07m
52.71, 51.53, 54.26, NM, 55.07, 51.27						
2	SANDEEP KUMARI	275	10/12/92	HARYANA		53.88m
51.52, 53.88, 51.78, NM, NM, 51.76						
3	KAMALPREET KAUR	577	03/04/96	PUNJAB		50.02m
47.04, 50.02, 49.27, 49.70, NM, 47.48						
4	ANUSHI SANJU DESAI	458	16/07/96	MAHARASTRA		42.04m
5	SONAL GOYAL .	192	27/03/98	DELHI		41.81m
6	KARUNIYA M.	669	/ /	TAMILNADU		40.02m
7	K.ANITHA DEVI .	111	02/05/90	ANDHRA PRADESH		38.13m
8	CHETANA .	621	12/07/00	RAJASTHAN		34.47m
9	DEEPA ..	270	02/08/95	HARYANA		28.16m
Event # 37 WOMENS Hammer Throw						
TIME=18:30 HRS						
28.06.2016						
# N.R.:MANJU BALA LUCKNOW 62.74 5-6-2014						
% M.R.:MANJU BALA RAJ 62.74 2014						
1	SARITA PRAKASH SINGH	762	26/10/89	UTTAR PRADESH		61.19m
NM, 61.19, 56.95, 60.35, NM, 60.08						
2	REENA .	269	01/04/94	HARYANA		54.23m
50.57, 54.23, 53.62, NM, 52.03, 53.55						
3	ATHIRA MURALIDHARAN	395	16/01/95	KERALA		48.52m
48.10, NM, 46.23, NM, 48.52, 44.74						
4	SRINITHI .	682	14/01/97	TAMILNADU		45.37m
5	HARSHITHA. W.R	352	19/09/96	KARNATAKA		38.58m
6	VIJAYA LAKSHMI	686	/ /	TAMILNADU		37.67m
7	TUKFI KHAN .	239	22/12/97	GUJRAT		36.77m
8	DEEPA JOSHY	377	25/06/98	KERALA		36.71m
Event # 38 WOMENS Javelin Throw						
TIME=17:15 HRS						
02.07.2016						
# N.R.:ANNU RANI INCHEON 59.53 1-10-2014						
% M.R.:ANNU RANI UP 58.83 2014						
1	ANNU RANI	760	29/08/92	UTTAR PRADESH		59.87m *NR
59.06, 58.78, 56.89, 59.87, NM, 55.98						
2	SUMAN DEVI	752	15/07/85	UTTAR PRADESH		55.88m
52.43, NM, 55.30, 52.48, 55.88, 54.05						
3	KUMARI SARMILA	279	02/03/95	HARYANA		53.80m
43.36, 49.77, 46.92, 46.77, 48.19, 53.80						
4	POONAM RANI	278	10/05/94	HARYANA		52.38m
5	RASHMI.K .	338		KARNATAKA		48.94m
6	SHAHEJAHANI .	340	24/05/91	KARNATAKA		46.99m
	GURPREET KAUR	273	11/05/81	HARYANA		NM

Event # 39 WOMENS Shot Put						
TIME= 18:10 Hrs						
28.06.2016						
# N.R.:HARBANS KAUR MUMBAI 17.43 24/11/97						
% M.R.:HARBANS KAUR TN 16.98 NOV 1998						
1	MANPREET KAUR	578	05/03/96	PUNJAB		16.78m
16.19, NM, 16.01, 16.78, 15.93, 16.60						
2	NAVJEET KAUR .	569	06/03/95	PUNJAB		15.36m
14.57, 15.36, 14.92, NM, NM, NM						
3	SONAL GOYAL .	192	27/03/98	DELHI		13.43m
13.43, 12.95, NM, 12.87, NM, 13.34						
4	UMA.P.S. .	342	15/11/96	KARNATAKA		13.19m
5	RAKHI .	268	10/07/95	HARYANA		12.53m
6	T.ANISHA KALA .	850	20/01/94	ANDAMAN & NICOBAR		6.09m
	MANPREET KAUR...	581	06/07/90	PUNJAB		DNS
Event # 40 WOMENS 4x100m Relay						
TIME= 10:00 HRS						
30.06.2016						
# N.R.:INDIAN NATIONAL TEAM BEIJING 44.03 2016						
% M.R.:KERALA TEAM KER 45.96 JUL 2000						
1	MAHARASTRA					47.26
455	AKSHAYA IYAR	03/05/1996	462	SHRADDHA GHULE	06/03/1991	
473	BHAGYASHREE SHIRKE		469	RUCHA PATIL	14/10/1990	
2	KARNATAKA					47.57
335	APSANA BEGAM .	07/01/1994	348	PRAJNA. S.PRAKASH	03/04/1993	
345	VIJAYA KUMARI.G.K	08/05/1996	339	REENA GEORGE .	15/10/1993	
3	TAMILNADU					47.75
662	DHANALAKSHMI .	31/08/1995	660	ARTHI .	01/04/1992	
685	CHANDRA LEKHA	28/03/1997	659	ARCHANA .	09/06/1994	
4	KERALA					47.91
379	RANGA K	24/04/1995	407	DIBI SEBASTIAN	13/09/1997	
371	SHILBI A P	16/05/1996	388	SUGINA M	22/08/1993	
5	WEST BENGAL					48.43
833	RAJASHREE MONDAL	30/11/1994	825	PUJA KOLEY .	31/07/1994	
829	ROKIA KHATUN	15/07/1996	826	RUMA SARKAR .	10/04/1995	
6	TELANGANA					48.89
733	S. SUJATHA .	21/05/1998	735	Y. JYOTHI .	28/08/1999	
729	A. HARIKA DEVI .	20/12/1993	731	G. NITHYA .	10/11/1999	
7	JAMMU & KASHMIR					54.92
316	MANDEEP KOUR	21/10/1989	317	NISHA SHARMA	06/03/1988	
315	NARMITA KATOCH	26/01/1998	318	INSHA WADOO	01/10/1994	
8	ANDAMAN & NICOBAR					58.96
856	SASHITA BHENGRA .	15/10/2000	852	VASHALE DEVI .	17/05/1997	
847	PRIYANKA DAS .	23/02/2001	849	BIRSHI BAY .	25/11/1989	
Event # 41 WOMENS 4x400m Relay						
TIME=18:25 HRS						
02.07.2016						
#N.R.:I.NATIONAL TEAM ATHENS 3:26.89 27/08/04						
% M.R.:KERALA TEAM KER 3:38.40 2014						
1	KARNATAKA					3:48.29
345	VIJAYA KUMARI.G.K	08/05/1996	335	APSANA BEGAM .	07/01/1994	
339	REENA GEORGE .	15/10/1993	351	NITHYA SHREE.A	01/08/1994	
2	KERALA					3:52.14
414	S V RAJENDRAN	07/08/1996	376	JERIN JOSEPH	03/01/1996	
400	ARUNIMA P M	05/02/1994	409	S SIDHIQUE T P	03/09/1997	
3	TAMILNADU					3:54.27
676	SARANYA DEVI .	18/12/1997	667	KANIMOZHI .	08/11/1997	
672	LOGANAYAKI .	03/06/1997	657	AARTHI .		
4	PUNJAB					3:58.55
580	MANPREET KAUR..	02/02/1995	576	TWINKLE CHAUDHARY	17/10/1995	
570	NAVJOT KAUR .	27/07/1984	571	NEELU YADAV .	07/10/1995	
5	TELANGANA					4:09.16
730	B. JYOTHI .	27/05/1998	736	L. BHANU CHANDRIKA	26/10/1999	

Event # 42 WOMENS 20K Walk						
TIME= 6:00 HRS						
29.06.2016						
# N.R.:KHUSHBIR KAUR TAICANG 1:31:40.00 3-5-2014						
% M.R.:L. DEEPMALA DEVI MAN 1:39:00.60 AUG-1990						
1	SOUMYA .B .	193		DELHI		1:42:55.2
2	PRIYANKA --	745	10/03/96	UTTAR PRADESH		1:45:43.6
3	RANI YADAV .	749	31/07/90	UTTAR PRADESH		1:49:19.7
4	SHANTI KUMARI .	575	15/08/94	PUNJAB		1:51:32.6
5	BHAWANA JAT	627	03/01/96	RAJASTHAN		1:52:38.2
6	ALPHONSA P S	402	16/06/95	KERALA		1:59:36.6
7	PUSHPA...	267	02/05/99	HARYANA		2:00:38.1
8	K. BIBICHA .	501	02/12/89	MANIPUR		2:09:02.5
9	ANUMOL VIJAYAN	415	11/08/96	KERALA		2:09:24.5
10	SARASWATI PATI	554	10/06/86	ODISHA		2:15:18.9
	SANDHYA K J	383	21/05/83	KERALA		DQ
	SUMEDHA YADAV	766	10/07/91	UTTAR PRADESH		DNF
	MARY MARGARAT K.	242	18/01/96	GUJRAT		DNF
	SANTHAYI .	675	/ / /	TAMILNADU		DNF
	RITU YADAV	162	10/07/96	BIHAR		DNS
	BANDANA .	328		JHARKHAND		DNS
	MAJARI JOSHI .	568	01/01/96	PUNJAB		DNS
Event # 54 WOMENS Heptathlon						
# N.R.:J.J. SHOBHA DELHI 6211 17.03.04						
% M.R.:SOMA BISWAS WB 6186 JUL 2000						
1	SINDHU K D	382	20/01/84	KERALA		4441pts
	15.65,1.60,9.33,27.95,4.97,35.60,2:30.08					
2	KANIMOZHI .	667	08/11/97	TAMILNADU		4235pts
	15.17,1.54,8.60,26.12,5.29,20.10,2:38.19					
3	ANILA JOSE	375	10/08/93	KERALA		4189pts
	15.42,1.54,8.73,26.52,5.36,17.44,2:34.65					
4	NAYANA JAMES	374	18/10/95	KERALA		3973pts
5	JAYANTHI .	665	15/07/95	TAMILNADU		3953pts
	PURNIMA HEMBRAM	549	10/07/93	ODISHA		DNF
	SOWMIYA .	680	25/03/96	TAMILNADU		DNF