

38th National Games 2025 Uttarakhand**8th to 12th February 2025****12-02-2025**

2/8/25 - 2/12/25

Athletics**Event # 1 MENS 100m Run**

& NATIONAL RECORD: M. HOBLIDHAR SERVICES 10.23 2023

% GAMES RECORD: AMLAN BORGOHAIN ASSAM 10.28 2022

RESULTS OF FINALS

1	ANIMESH KUJUR	427	02/06/03	ODISHA	0.5m/s ne	10.28 %
2	PRANAV GURAV	402	03/07/01	MAHARASHTRA	0.5m/s ne	10.32
3	AMLAN BORGOHAIN	119	25/04/98	ASSAM	0.5m/s ne	10.43
4	RAGUL KUMAR G	617	22/03/00	TAMIL NADU	0.5m/s ne	10.45
5	MANIKANTA HOBLIDHAR	554	11/29/01	SSCB	0.5m/s ne	10.46
6	DONDAPATI MRUTY JAYR	433	12/01/05	ODISHA	0.5m/s ne	10.54
7	HARJIT SINGH	547	28/08/97	SSCB	0.5m/s ne	10.64
8	TAMILARASU S	622	20/05/02	TAMIL NADU	0.5m/s ne	10.67

Event # 2 MENS 200m Run

& NATIONAL RECORD: AMLAN BORGOHAIN ASSAM 20.52 2022

% GAMES RECORD: AMLAN BORGOHAIN ASSAM 20.55 2022

RESULTS OF FINALS

1	ANIMESH KUJUR	427	02/06/03	ODISHA	+1.2m/s n	20.58
2	RAGUL KUMAR G	617	22/03/00	TAMIL NADU	+1.2m/s n	21.06
3	NITHIN B	615	12/04/99	TAMIL NADU	+1.2m/s n	21.07
4	LOVEPREET SINGH	552	27/11/99	SSCB	+1.2m/s n	21.48
5	JAY SHAH PRADEEP	397	11/10/97	MAHARASHTRA	+1.2m/s n	21.56
6	PRATIK MAHARANA	439	08/06/07	ODISHA	+1.2m/s n	21.89
7	PRAKHAR SHRAMA	719	01/09/99	UTTARAKHAND	+1.2m/s n	22.25
	DONDAPATI MRUTY JAYR	433	12/01/05	ODISHA		DQ

TR 17.3.3

Event # 3 MENS 400m Run

& NATIONAL RECORD: MANA YAHYA KERALA 45.21 2019

% GAMES RECORD: V. AJMAL SERVICES 46.29 2022

RESULTS OF FINALS

1	BAPI HANSDA	430	26/07/06	ODISHA		46.82
2	VIKRANT PANCHAL	245	30/01/00	HARYANA		46.92
3	MANU T S	314	17/10/01	KERALA		47.08
4	ASTIK PRADHAN	429	23/04/06	ODISHA		47.28
5	RINCE JOSEPH	569	31/08/02	SSCB		47.66
6	RASHID .	359	08/01/01	MADHYA PRADESH		47.91
7	SAHIL MALIK	727	19/04/06	UTTARAKHAND		48.86
	ATUL .	210	07/24/03	HARYANA		DNS

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Athletics**Event # 4 MENS 800m Run**

&NATIONAL RECORD:J.JOHNSON KERALA 1:45.65 2018

%GAMES RECORD:M.AFSAL P SERVICES 1:46.30 2022

RESULTS OF FINALS

1	MOHAMMED AFSAL P	556	03/02/96	SSCB	1:49.13
2	ANU KUMAR	715	02/11/02	UTTARAKHAND	1:49.19
3	PRAKASH GADADE	564	31/07/02	SSCB	1:49.58
4	SHYAM MILAN BIND	369	05/08/04	MADHYA PRADESH	1:49.98
5	BEJOY J	324	23/03/06	KERALA	1:50.01
6	RIJOY J	334	21/12/03	KERALA	1:50.85
7	MANJEET RAMESHWAR	230	07/07/02	HARYANA	1:50.93
8	GURMAN SINGH	546	27/08/97	SSCB	1:52.55

Event # 5 MENS 1500m Run

&NATIONAL RECORD:J.JOHNSON KERALA 3:35.24 2019

%GAMES RECORD:PARVEJ KHAN SERVICES 3:40.89 2022

1	YOONUS SHAH	583	10/05/01	SSCB	3:46.48
2	RITESH OHRE	366	31/12/03	MADHYA PRADESH	3:46.64
3	RAM SINGH	725	10/06/02	UTTARAKHAND	3:50.24
4	KARTIK KARKERA	398	17/03/97	MAHARASHTRA	3:51.34
5	ABHISHEK SINGH THAKU	360	04/07/00	MADHYA PRADESH	3:52.57
6	SAKIR .	238	05/10/05	HARYANA	3:59.20
7	ASHOK DANDASENA	428	05/07/94	ODISHA	4:05.08
	PRINCE KUMAR	678	02/25/00	UTTAR PRADESH	DNS
	AHSAN .	668	15/03/03	UTTAR PRADESH	DNF
	RAHUL BALODA	568	05/06/99	SSCB	DNF
	MEHEDI HASSAN	555	01/01/04	SSCB	DNF
	HARSHDEEP SINGH	473	28/09/01	PUNJAB	DNF
	VIKASH .	244	01/01/04	HARYANA	DNF
	RITIK DEOL	152	10/02/05	DELHI	DNS

Event # 6 MENS 5000m Run

& NATIONAL RECORD:GULVEER SINGH UP 13:11.82 2024

%GAMES RECORD:G.LAKSHMANAN SERVICES 13:50.05 2015

1	SAWAN BARWAL	250	02/18/98	HIMACHAL PRADESH	13:45.93 %
2	GAGAN SINGH	224	21/12/03	HARYANA	14:00.04
3	SUNIL DAWAR	370	02/08/01	MADHYA PRADESH	14:01.33
4	HARMANJOT SINGH	363	10/10/95	MADHYA PRADESH	14:03.00
5	PUNEET YADAV	234	19/12/02	HARYANA	14:21.95
6	VINOD SINGH	371	20/07/05	MADHYA PRADESH	14:45.49
7	WEDE T. MERO	416	05/01/97	NAGALAND	15:31.59
8	RAHUL PAL	723	08/11/05	UTTARAKHAND	15:45.75
	LOVEPREET SINGH.	553	13/01/99	SSCB	DNF
	NARESH CHOPRA	514	05/12/04	RAJASTHAN	DNF
	KIRAN MATRE	399	05/08/01	MAHARASHTRA	DNF
	TINKU KUMAR ARYAN	122	11/02/03	BIHAR	DNF

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Athletics**Event # 7 MENS 10000m Run****& NATIONAL RECORD: GULVEER SINGH UP 27:14.88 2024****%GAMES RECORD: G.SINGH SERVICES 28:54.29 2022**

1	SAWAN BARWAL	250	02/18/98	HIMACHAL PRADESH	28:49.93 %
2	KIRAN MATRE	399	05/08/01	MAHARASHTRA	29:04.76
3	VINOD SINGH	371	20/07/05	MADHYA PRADESH	29:43.60
4	ARUN .	222	07/01/06	HARYANA	29:57.38
5	ROHIT ..	237	05/03/98	HARYANA	30:14.47
6	GAURAV BHOSALE	396	16/09/05	MAHARASHTRA	30:19.29
7	SUNIL KUMAR	577	10/03/97	SSCB	30:37.84
8	MOHIT CHOUDHARY	639	01/04/06	TELANGANA	30:52.97
9	ARUN RATHOD	393	27/03/00	MAHARASHTRA	33:02.13
10	RAJAT PAL	724	10/07/05	UTTARAKHAND	34:31.77
	DIVBYANSHU KUMAR	671	12/19/04	UTTAR PRADESH	DNS
	DHARMENDER .	510	07/20/99	RAJASTHAN	DNS
	VIVEK KUMAR YADAV	169	07/05/06	GUJARAT	DNF
	VIVEK CHAND	168	03/09/05	GUJARAT	DNF

Event # 8 MENS 110m Hurdles**& NATIONAL RECORD: T.ASHOK SHIRSE MAHARASHTRA 13.41 2024****%GAMES RECORD: T.ASHOK S MAHARASHTRA 13.71 2023****RESULTS OF FINALS**

1	TEJAS ASHOK SHIRSE	408	04/06/02	MAHARASHTRA	0.5m/s ne	13.65 %
2	MANAV RAJANARAYANAN	613	07/06/00	TAMIL NADU	0.5m/s ne	14.03
3	MUHAMMED LAZAN VK	332	01/06/02	KERALA	0.5m/s ne	14.23
4	HARMANJEET SINGH	148	20/04/02	DELHI	0.5m/s ne	14.29
5	RAHIL SAKHER V P	315	23/11/04	KERALA	0.5m/s ne	14.63
6	TARUNDEEP SINGH BHATI	579	06/09/94	SSCB	0.5m/s ne	14.72
	SIDDHANTH THINGALAYA	407	03/01/91	MAHARASHTRA		DNF
	RONALD BABU	367	09/04/98	MADHYA PRADESH		DQ

Event # 9 MENS 400m Hurdles**& NATIONAL RECORD: A. DHARUN TAMILNADU 48.80 2019****%GAMES RECORD: S.KUMAR T SERVICES 49.49 2022****RESULTS OF FINALS**

1	RUCHIT MORI	167	24/08/01	GUJARAT	50.97
2	HARDEEP .	470	27/06/03	PUNJAB	51.02
3	ROHAN KAMBLE	403	15/02/02	MAHARASHTRA	51.77
4	DHAVAL UTEKAR	541	06/10/00	SSCB	51.83
5	KARNA BAG	740	10/07/04	WEST BENGAL	53.94
6	MANOOP M	329	22/08/01	KERALA	54.32
	NIKHIL BHARDWAJ	558	24/05/96	SSCB	DQ
					TR 22.6.1
	NARENDER AMAN	231	28/11/99	HARYANA	DQ

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Athletics**Event # 10 MENS 3000m Steeplechase****& NATIONAL RECORD: A.SABLE MAHARASHTRA 8:09.01 2024****% GAMES RECORD: S.JOLIYA JB GUJARAT 8:37.15 2023**

1	SUMIT KUMAR	576	07/04/00	SSCB	8:46.26
2	ROHIT VERMA	570	20/10/98	SSCB	8:49.01
3	SHANKAR LAL SWAMI	240	05/07/96	HARYANA	8:49.39
4	SHARUK KHAN	684	25/07/06	UTTAR PRADESH	8:49.44
5	SIDDHANT PUJARI	406	22/12/01	MAHARASHTRA	9:03.54
6	DHULADEV BABAN	394	22/02/03	MAHARASHTRA	9:13.56
7	GAURAV YADAV	741	04/08/04	MADHYA PRADESH	9:14.28
8	RANVIR KUMAR SINGH	166	04/07/05	GUJARAT	9:15.34
9	ANKIT PRASAD	146	27/12/04	DELHI	9:36.53
10	ANKIT RAJESH	221	10/10/97	HARYANA	9:36.85
11	VIKAS KUMAR	528	08/12/04	RAJASTHAN	9:37.50
12	PURAN RAI	532	28/02/95	SIKKIM	9:50.40
	SURAJ PAL	687	20/05/02	UTTAR PRADESH	DNF
	SOURABH ANTIL	574	29/12/01	SSCB	DNF
	SUMIT RATHEE	243	22/09/06	HARYANA	DNF

Event # 11 MENS High Jump**HEIGHTS: 1.90, 1.95, 2.00, 2.05, 2.08, 2.11, 2.14, 2.18, 2.20, 2.22, 2.24, 2.26, 2.28****& NATIONAL RECORD: TEJASWIN SHANKAR DELHI 2.29 2018****% GAMES RECORD: SANIL KUSHARE SERVICES 2.27 2022**

1	AADARSH RAM J	609	27/09/97	TAMIL NADU	2.14m
	---	---	---	---	O XO XO XXX
2	SWADHIN KUMAR MAJHI	440	10/04/00	ODISHA	2.11m
	---	---	---	---	O O O XO XXO XXX
3	SUDEEP .	283	29/04/04	KARNATAKA	2.08m
	---	---	---	---	XO O XO O XXX
4	JESSE SANDESH	281	22/10/95	KARNATAKA	2.08m
	---	---	---	---	O O O XO XXX
5	JOMON JOY	327	19/10/03	KERALA	2.08m
	---	---	---	---	O O O XXO XXX
6	BHARTHI VISWANATHAN	538	20/05/94	SSCB	2.05m
	---	---	---	---	O O XXX
7	ABHAY GURAV	534	03/05/00	SSCB	2.05m
	O	XXO O XXO XXX			
8	ROHIT .	236	08/03/00	HARYANA	2.00m
	O	XO XO XXX			
9	GURJEET SINGH	225	05/01/00	HARYANA	1.95m
	---	---	---	---	O --- XXX
10	KAUSTABHA JAISWAL	364	28/01/00	MADHYA PRADESH	1.95m
	XXO	XO XXX			
11	PRIYANSHU MANDAL	722	25/06/04	UTTARAKHAND	1.95m
	O	XXO XXX			

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Athletics**Event # 12 MENS Pole Vault****HEIGHTS: 4.30, 4.50, 4.60, 4.70, 4.80, 4.90, 5.00, 5.05, 5.10, 5.15, 5.20, 5.25, 5.32, 5.40, 5.41, 5.45, 5.50****& NATIONAL RECORD:S. SIVA TAMILNADU 5.31 2022****% GAMES RECORD:S. SIVA SERVICES 5.31 2022**

1	DEV KUMAR MEENA	362	07/05/05	MADHYA PRADESH	5.32m &%
	---	---	---	XO --- O --- XO O --- XXO O XXX	
2	REEGAN G	618	08/08/01	TAMIL NADU	5.00m
	---	---	---	O --- O O XX- X	
3	KULDEEP KUMAR	673	12/03/05	UTTAR PRADESH	5.00m
	---	---	---	O --- O XO --- XX- X	
4	AVNEESH KUMAR	666	01/07/01	UTTAR PRADESH	5.00m
	---	O O XO O XXO XXO XXX			
5	RAMRATAN .	520	01/05/05	RAJASTHAN	4.90m
	---	---	XO XO XO XXO XXX		
6	GOWTHAM M	611	25/09/02	TAMIL NADU	4.70m
	---	---	O XXX		
	HARIHARAN R	603	31/07/03	TAMIL NADU	NM
	---	---	XXX		
	ANSHU PATEL	361	03/05/05	MADHYA PRADESH	NM
	---	---	XXX		
	SIDHARTH A K	337	27/08/00	KERALA	NM
	---	---	XXX		
	LAKSHAY .	229	17/10/01	HARYANA	NM
	---	---	---	XXX	

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Athletics**Event # 13 MENS Long Jump**

&NATIONAL RECORD:J.ALDWIN TAMILNADU 8.42 2023

% GAMES RECORD:JESWIN ALDRIN TAMILNADU 8.26 2022

1	SHAHNAVAZ KHAN	683	02/02/08	UTTAR PRADESH	+0.8m/s	7.70m
	7.54, 7.52, 7.65, 7.70, 7.66, 7.70					
2	SRIRAM V	621	13/10/01	TAMIL NADU	-0.3m/s	7.59m
	F, 7.04, 6.88, 6.71, 7.59, 7.45					
3	ANURAG C V	321	23/01/04	KERALA	+0.4m/s	7.56m
	6.07, 7.29, 7.46, 7.17, 7.56, 7.46					
4	JITHIN ARJUNAN R C	604	11/12/07	TAMIL NADU	+0.1m/s	7.53m
	7.23, 7.45, 7.31, 7.28, 7.06, 7.53					
5	ARYA S	278	31/12/01	KARNATAKA	+0.7m/s	7.38m
	7.16, 7.24, 7.29, 7.13, 7.28, 7.38					
6	AMAN SINGH	249	18/05/03	HIMACHAL PRADESH	+0.3m/s	7.34m
	7.05, 7.26, 7.07, 2.35, 7.34, 7.17					
7	AMITRA GHOSH	739	05/08/03	WEST BENGAL	+0.4m/s	7.25m
	7.08, 7.16, 7.16, F, 7.21, 7.25					
8	KRISHNA SHARMA	365	02/08/99	MADHYA PRADESH	+0.0m/s	7.20m
	6.78, 6.86, 6.85, 7.01, 6.96, 7.20					
9	PRANAV CHAUDHARY	720	17/05/08	UTTARAKHAND	-0.2m/s	6.44m
	6.44, F, 3.74					
10	ABDUL FATHAH	341	13/02/99	LAKSHADWEEP	+0.2m/s	6.34m
	6.34, 6.21, 6.14					
11	JAGROOP SINGH	475	18/08/98	PUNJAB	-1.0m/s	4.21m
	F, 4.21, -					
	ADITYA KUMAR SINGH	667	12/26/02	UTTAR PRADESH		DNS
	SWAMINATHAN R	608	07/04/96	TAMIL NADU		DNS

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Athletics**Event # 14 MENS Triple Jump**

&NATIONAL RECORD:P.CHITHRAVEL TAMILNADU 17.37 2023

% GAMES RECORD:AB ARUN SERVICES 16.79 2023

1	PRAVEEN CHITHRAVEL	616	05/06/01	TAMIL NADU	+0.9m/s	16.50m
	16.04, 16.07, 16.25, 16.50, 16.37, 15.95					
2	MOHAMMED SALAHUDDI	614	24/03/94	TAMIL NADU	+0.7m/s	16.01m
	F, 15.32, 16.01, F, 15.67, F					
3	MOHAMMED MUHASSIN	331	06/08/05	KERALA	-2.5m/s	15.57m
	15.41, F, 15.57, F, F, F					
4	SEBASTIAN V S	336	04/10/03	KERALA	-1.5m/s	15.48m
	15.24, F, F, 15.48, F, 15.13					
5	VIMAL MUKESH T	582	25/03/96	SSCB	-2.1m/s	15.38m
	14.66, 15.37, F, 15.38, F, 15.05					
6	VIVEK GUPTA	392	23/04/05	MAHARASHTRA	-0.4m/s	15.15m
	15.15, F, 15.12, 14.75, 14.60, 15.15					
7	KARTHIK UNNIKRISHNAN	549	03/06/93	SSCB	+0.7m/s	15.12m
	14.63, 15.12, F, 13.61, 14.94, F					
8	RAHUL .	483	31/10/98	PUNJAB	-0.2m/s	14.61m
	13.85, F, 14.61, F, F, F					
9	PUNEET KUMAR	566	02/02/94	SSCB	-0.3m/s	14.26m
	F, 14.26, F					
10	BHUPINDRA BISHT	716	13/10/05	UTTARAKHAND	+0.2m/s	14.00m
	14.00, 13.94, F					
	SELVA PRABHU T	606	28/12/04	TAMIL NADU		DNS
	DNS					
	NARPINDER SINGH	480	06/11/02	PUNJAB		DNS
	-, -, -					

Event # 15 MENS Shot Put

&NATIONAL RECORD:T.S TOOR PUNJAB 21.77 2023

%GAMES RECORD:T.S TOOR SERVICES 20.75 2022

1	TAJINDERPAL SINGH TOO	488	13/11/94	PUNJAB		19.74m
	19.74, 19.40, 19.58, F, F, 19.63					
2	SAMARDEEP SINGH GILL	368	03/01/01	MADHYA PRADESH		19.38m
	19.38, F, F, 19.04, F, F					
3	PRABHKIRPAL SINGH	482	12/07/97	PUNJAB		19.04m
	18.69, 19.04, 18.15, F, F, F					
4	ANIKET .	714	05/11/01	UTTARAKHAND		17.94m
	17.24, 17.64, 17.44, 17.48, 17.88, 17.94					
5	SANYAM SANJAY	239	05/10/03	HARYANA		17.83m
	17.09, F, F, 17.83, 17.62, F					
6	ARYAN TYAGI	669	14/08/01	UTTAR PRADESH		17.74m
	16.75, 17.74, F, 17.34, 17.51, F					
7	DHANVIR SINGH	539	28/12/02	SSCB		17.66m
	17.66, F, F, F, F, F					
8	AMANDEEP SINGH DHALI	464	16/05/02	PUNJAB		17.12m
	17.12, F, F, 16.85, 16.71, F					
	VANAM SHARMA	527	13/04/98	RAJASTHAN		DNS
	DNS					
	ASISH BHALOTHIA	223	11/11/99	HARYANA		DNS
	DNS					

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Athletics**Event # 16 MENS Discus Throw****& NATIONAL RECORD:VIKAS GOWDA KARNATAKA 66.28 2012****%GAMES RECORD:K.BATTH PUNJAB 59.32 2022**

1	GAGANDEEP SINGH	542	20/05/95	SSCB	55.01m
	F, 54.20, F, 53.32, 54.19, 55.01				
2	NIRBHAY SINGH	233	20/11/96	HARYANA	54.07m
	54.01, 53.62, 54.07, 53.06, F, 52.24				
3	ALEX P THANKACHAN	319	21/03/00	KERALA	52.79m
	50.50, F, 51.95, F, 52.79, 51.29				
4	ABHIMANYU .	220	18-12-01	HARYANA	51.54m
	51.00, 50.36, 51.54, 50.62, 50.82, F				
5	SHUBHKARMAN SINGH	487	05/10/03	PUNJAB	51.46m
	F, 51.33, 51.46, F, 50.60, 49.81				
6	PRAVEEN KUMAR NEHRA	516	09/11/98	RAJASTHAN	51.19m
	50.91, F, 51.19, F, F, 49.15				
7	BHANU SHARMA	509	19/10/96	RAJASTHAN	51.18m
	51.18, F, F, F, 50.28, 48.97				
8	OINAM ALSON SINGH	410	22/01/02	MANIPUR	51.10m
	50.43, F, 50.86, 49.59, 48.98, 51.10				
9	NAGENDRA ANNAPPA NAI	282	18/11/02	KARNATAKA	49.91m
	49.80, 49.91, F				
10	PRAVEEN KUMAR-2	565	02/02/96	SSCB	48.91m
	48.52, 48.91, F				
11	AMIT KUMAR	144	17/04/98	DELHI	48.31m
	47.76, 47.37, 48.31				
12	SATYAM SINGH	728	27/12/00	UTTARAKHAND	46.69m
	45.88, 46.69, 46.17				

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Athletics**Event # 17 MENS Hammer Throw****& NATIONAL RECORD: N.KUMAR RAJASTHAN 70.73 2016****% GAMES RECORD: DAMNEET SINGH PUNJAB 67.62 2022**

1	TARANVEER SINGH BAINS	578	01/10/96	SSCB	66.64m
	62.25, 63.28, 65.56, 65.98, 66.64, 66.30				
2	DAMNEET SINGH	467	10/03/00	PUNJAB	64.71m
	F, 64.71, 64.30, 63.73, 62.65, F				
3	PRAVEEN KUMAR	515	14/12/00	RAJASTHAN	64.42m
	62.46, 64.42, 63.21, F, 63.89, 63.22				
4	MOHAMMAD SHAHBAN	676	16/04/04	UTTAR PRADESH	64.16m
	58.06, 61.42, 61.84, 64.16, 63.24, F				
5	GURDEV SINGH	468	14/08/01	PUNJAB	62.71m
	54.59, 56.61, 60.62, F, F, 62.71				
6	NIRAJ KUMAR	560	17/09/90	SSCB	62.56m
	61.16, F, 62.56, 62.08, F, 59.76				
7	MUKUL .	677	13/11/01	UTTAR PRADESH	59.65m
	F, F, 56.88, 57.18, 58.73, 59.65				
8	BAJINDER SINGH	466	10/01/90	PUNJAB	58.10m
	F, 56.81, F, F, 58.10, F				
9	SHIV KUMAR	729	02/07/86	UTTARAKHAND	55.99m
	55.31, 55.99, F				
	MD NADEEM	675	20/04/04	UTTAR PRADESH	DNS
	DNS				
	ASHISH JAKHAR	537	05/01/99	SSCB	DNS
	DNS				
	DEVANG .	147	20/12/03	DELHI	DNS
	DNS				

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Athletics**Event # 18 MENS Javelin Throw****& NATIONAL RECORD: NEERAJ CHOPRA HARYANA 89.94 2022****% GAMES RECORD: RAJENDER SINGH D HARYANA 82.23 2015**

1	SACHIN YADAV	682	25/10/99	UTTAR PRADESH	84.39m %
	65.96, 76.43, 78.72, 81.26, 84.39, 77.99				
2	ROHIT YADAV	681	06/06/01	UTTAR PRADESH	80.47m
	F, 79.20, 79.04, 80.47, 80.40, 77.33				
3	VIKASH SHARMA	732	23/04/03	UTTARAKHAND	79.33m
	65.55, 74.63, 75.49, 73.80, F, 79.33				
4	SHIVPAL SINGH	686	07/06/95	UTTAR PRADESH	76.56m
	F, 69.73, 72.44, 76.56, 71.96, 71.22				
5	SHIVAM LOHAKARE	535	14/09/04	SSCB	76.45m
	68.89, F, 75.01, 75.23, 76.45, 74.85				
6	BIBIN ANTONY	325	04/05/94	KERALA	74.70m
	74.70, 72.38, 71.86, 72.93, 72.65, 73.01				
7	PARMOD .	563	03/12/99	SSCB	73.71m
	70.29, F, 72.36, 71.55, 73.71, 69.44				
8	UTTAM PATIL	581	01/11/94	SSCB	71.88m
	71.88, F, 70.50, 71.56, 71.29, F				
9	SAGAR SAGAR	216	01/06/02	HARYANA	68.80m
	F, 58.33, 68.80				
	ANUJ KALERA	508	28/11/01	RAJASTHAN	DNS
	DNS				
	SARBJEET SINGH	486	03/09/94	PUNJAB	DNS
	DNS				

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Athletics**Event # 19 MENS 20Km Race Walk****FINALS**

&NATIONAL RECORD:A.SINGH PUNJAB 1:19:38.00 2024

%GAMES RECORD:G.SINGH JHARKHAND 1:23:26.00 2011

RESULTS OF FINALS

1	SERVIN SEBASTIAN	573	11/26/99	SSCB	1:21:23.00 %
2	SURAJ PANWAR	731	02/04/01	UTTARAKHAND	1:21:34.00 %
3	AMANJOT SINGH	465	19/03/99	PUNJAB	1:21:42.00 %
4	PARAMJEET SINGH BI	562	03/03/02	SSCB	1:22:02.00 %
5	RAM BABOO	679	20/03/99	UTTAR PRADESH	1:22:26.00 %
6	MUKESH NITHARWAL	513	04/06/00	RAJASTHAN	1:22:52.00 %
7	SACHIN SINGH BOHR	726	22/03/03	UTTARAKHAND	1:24:51.00
8	HARDEEP .	226	22/09/98	HARYANA	1:26:23.00
9	SAHIL .	485	09/04/02	PUNJAB	1:26:24.00
10	RAHUL .	235	07/01/00	HARYANA	1:29:09.00
	SANJAY KUMAR	523	20/02/01	RAJASTHAN	DNS
	AMIT KUAMR	128	12/07/06	CHHATTISGARH	DNF
	ARSHPREET SINGH	536	22/11/00	SSCB	DNS
	AKSHDEEP SINGH	463	22/11/99	PUNJAB	DNS
	SANABAM DAMEN SI	411	15/10/89	MANIPUR	DQ
					TR 54.7.5
	EKNATH TURAMBEK	395	08/01/98	MAHARASHTRA	DNS
	DHANANJAY YADAV	670	05/07/98	UTTAR PRADESH	DQ
					TR 54.7.5

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Athletics**Event # 20 MENS 4x100m Relay****& NATIONAL RECORD:NATIONAL TEAM T 38.89 2010****% GAMES RECORD:SERVICES TEAM 39.94 2011**

1	ODISHA C			ODISHA			39.47 %
	437	LALU PRASAD BHOI	21-09-2003		ANIMESH KUJUR	02-06-2003	
	433	D MRUTY JAYRAM	12-01-2005		A MALLICK	14-11-1992	
2	TAMIL NADU G			TAMIL NADU			40.08
	622	TAMILARASU S	20-05-2002		RAGUL KUMAR G	22-03-2000	
	620	SIVA KUMAR B	13-10-1994		M RAJANARAYANAN	07-06-2000	
3	KERALA B			KERALA			40.73
	333	MUKUNDAN A D	30-11-2000		AJITH JOHN	16-06-2000	
	318	A POULOSE	05-02-2001		MANEESH M	06-02-1993	
4	RAJASTHAN E			RAJASTHAN			41.83
	506	ANKIT CHOUHAN	24-06-2002		SHARUP KHAN	10-12-2001	
	512	JAYSON CORDEIRO	05-11-2003		VIVEK KACHOTIYA	09-08-2001	
5	PUNJAB D			PUNJAB			41.90
	469	GURPREET SINGH	22-01-2003		HARMANPREET SINGH	19-01-1997	
	479	MOHIT .	02-12-2003		RAMANDEEP SINGH	07-01-1998	
6	JHARKHAND A			JHARKHAND			42.17
	253	CHHOTU KR MANDAL	31-08-2002		SHIV KR SORENG	23-01-2005	
	254	RAM CHANDRA SANGA	12-03-2003		SADANAND KUMAR	05-10-2003	
7	UTTARAKHAND H			UTTARAKHAND			42.24
	711	ABHISHEK SAINI	04-11-2005		713 AHIL ALI	10-12-2007	
	718	PANKAJ .	07-01-2008		712 ADITYA RAJ SINGH	20-02-2003	
				SSCB			DNF
	559	NIKHIL PATIL	21-06-2002		547 HARJIT SINGH	28-08-1997	
	554	M HOBLIDHAR	29-11-2001		545 GURINDERVIR SINGH	24-12-2000	

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Athletics**Event # 21 MENS 4x400m Relay****& NATIONAL RECORD:NATIONAL TEAM T 2:59.05 2023****% GAMES RECORD:HARYANA STATE TEAM 3:06.58 2022**

1	TAMIL NADU C			TAMIL NADU		3:10.61
	630	04-01-2006		627 AKASH BABU	14-11-1997	
	632	30-01-2004		628 ASWIN KRISHNA	09-10-2001	
2	UTTARAKHANI			UTTARAKHAND		3:10.85
	721 PRAVESH ROSHWAL	01-09-2001		719 PRAKHAR SHRAMA	01-09-1999	
	727 SAHIL MALIK	19-04-2006		715 ANU KUMAR	02-11-2002	
3	SSCB F			SSCB		3:10.90
	540 NOWAJIS SHAIKH	20-12-1998		580 THOMAS MATHEW	17-12-1998	
	557 SHUBHAM DESHMUKH	29-07-1996		569 RINCE JOSEPH	31-08-2002	
4	PUNJAB D			PUNJAB		3:10.93
	474 JAGMEET SINGH	28-12-1996		470 HARDEEP .	27-06-2003	
	477 LOVEPREET SINGH	28-07-2003		476 JASHANPREET SINGH	04-07-2000	
5	HARYANA A			HARYANA		3:11.44
	212 DEEPAK ..	23-12-2002		211 DEEPAK .	10-01-2000	
	214 GAURAV .	18-12-2006		245 VIKRANT PANCHAL	30-01-2000	
6	KERALA B			KERALA		3:13.58
	316 ADIL N	09-09-2005		334 RIJOY J	21-12-2003	
	330 MOHAMMED BASIL P	04-02-2004		322 ARJUN PRADEEP	22-06-2006	
7	RAJASTHAN E			RAJASTHAN		3:18.73
	517 RAHUL .	08-07-2003		525 SOURABH TAK	13-05-2005	
	518 RAHUL GITHALA	31-10-2003		511 GAJENDRA SINGH	24-03-2007	
	ODISHA C			ODISHA		DNF
	429 ASTIK PRADHAN	23-04-2006		431 BHIMA SARDAR	27-12-2003	
	432 DEBASIS PATTNAIK	27-10-1997		430 BAPI HANSDA	26-07-2006	

Event # 22 WOMENS 100m Run**& NATIONAL RECORD:DUTEE CHAND ODISHA 11.17 2021****%GAMES RECORD:A.SUSEENDRAN TAMILNADU 11.41 2022****RESULTS OF FINALS**

1	SUDESHNA SHIVANKAR	390	09/09/03	MAHARASHTRA	-0.9m/s s	11.76
2	NITHYA GANDHE	637	10/11/99	TELANGANA	-0.9m/s s	11.79
3	GIRIDHARANI R	591	07/07/01	TAMIL NADU	-0.9m/s s	11.88
4	TAMANNA .	204	29/09/04	HARYANA	-0.9m/s s	11.99
5	NEOLE ANNA CORNELIO	266	02/02/05	KARNATAKA	-0.9m/s s	12.19
6	SRABANI NANDA	424	07/05/91	ODISHA	-0.9m/s s	12.27
7	TEENA PAREEK	504	04/04/02	RAJASTHAN	-0.9m/s s	12.68
	SAKSHI CHAVAN	161	01/18/05	GUJARAT		DNS

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Athletics**Event # 23 WOMENS 200m Run**

& NATIONAL RECORD:SARASWATI SAHA WB 22.82 2002

%GAMES RECORD:A.SUSEENDRAN TAMILNADU 23.06 2022

RESULTS OF FINALS

1	JYOTHI YARRAJI	106	08/28/99	ANDHRA PRADESH	1.0m/s nw	23.35
2	UNNATHI AIYAPPA	274	06/05/05	KARNATAKA	1.0m/s nw	23.70
3	NITHYA GANDHE	637	10/11/99	TELANGANA	1.0m/s nw	23.76
4	MADHUMITA DEB	350	04/01/02	MADHYA PRADESH	1.0m/s nw	23.79
5	SUDESHNA SHIVANKAR	390	09/09/03	MAHARASHTRA	1.0m/s nw	24.48
6	SRABANI NANDA	424	07/05/91	ODISHA	1.0m/s nw	25.00
7	KANISHKA MANCHANDA	698	23/10/05	UTTARAKHAND	1.0m/s nw	25.46
	SAMRITI JAMWAL	248	04/12/03	HIMACHAL PRADESH		DQ

Event # 24 WOMENS 400m Run

& NATIONAL RECORD:HIMA DAS ASSAM 50.79 2018

%GAMES RECORD:A.MISHRA MAHARASHTRA 52.50 2022

1	AISHWARYA MISHRA	372	16/08/97	MAHARASHTRA		51.12 %
2	VITHYA RAMRAJ	602	20/09/98	TAMIL NADU		54.43
3	DEVYANIBA ZALA	157	15/03/02	GUJARAT		54.44
4	SNEHA K	311	19/05/99	KERALA		56.32
5	PRACHI .	653	20/12/96	UTTAR PRADESH		56.49
6	PRIYA THAKUR	247	11/09/00	HIMACHAL PRADESH		58.07

Event # 25 WOMENS 800m Run

& NATIONAL RECORD:TINTU LUKA KERALA 1:59.17 2010

%GAMES RECORD:CHANDA KM DELHI 2:01.58 2022

RESULTS OF FINALS

1	CHANDA KM	132	16/08/01	DELHI		2:00.82 %
2	TWINKLE CHAUDHARY	461	17/10/95	PUNJAB		2:03.46
3	AMANDEEP KAUR	444	09/07/03	PUNJAB		2:04.76
4	POOJA .	189	17/06/02	HARYANA		2:07.56
5	DEEKSHA KM	347	01/01/99	MADHYA PRADESH		2:11.02
6	PRISCILLA DANIEL	303	01/07/02	KERALA		2:13.81
7	LAXMIPRIYA KISAN	420	10/04/05	ODISHA		2:16.23
8	ARPITHA E B	260	22/07/01	KARNATAKA		2:22.96

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Athletics**Event # 26 WOMENS 1500m Run****& NATIONAL RECORD:KM DEEKSHA MP 4:04.78 2024****% GAMES RECORD:KC ROSAKUTTY KARNATAKA 4:14.46 1997**

1	CHANDA KM	132	16/08/01	DELHI	4:17.74
2	DEEKSHA KM	347	01/01/99	MADHYA PRADESH	4:21.92
3	AMANDEEP KAUR	444	09/07/03	PUNJAB	4:22.75
4	THOTA SANKEERTHANA	127	17/07/03	CHHATTISGARH	4:23.94
5	MUSKAN .	185	10/06/08	HARYANA	4:29.89
6	KAJAL RANGANATH KA	158	26/01/01	GUJARAT	4:35.14
7	NEHA PANWAR	651	01/07/03	UTTAR PRADESH	4:35.69
8	MANJU CHOUDHARI	495	13/12/05	RAJASTHAN	4:39.20
9	CHANCHAL JAKHAD	173	26/10/05	HARYANA	4:40.37
10	SAPNA PATEL	154	10/03/99	GOA	5:04.68
11	ANJALI .	689	10/03/99	UTTARAKHAND	5:13.41
	VINEETA GURJAR	665	09/27/05	UTTAR PRADESH	DNS
	AKSHANA .	343	01/06/03	MADHYA PRADESH	DNS

Event # 27 WOMENS 5000m Run**& NATIONAL RECORD:PARUL CHAUDHARY UP 15:10.35 2023****% GAMES RECORD:OP JAISHA KERALA 15:31.37 2015**

1	ANKITA .	691	05/02/02	UTTARAKHAND	15:56.03
2	SANJIVANI JADHAV	388	12/07/96	MAHARASHTRA	15:59.12
3	POONAM SONUNE	382	04/04/00	MAHARASHTRA	16:53.52
4	RINKEE PAWARA	385	01/09/02	MAHARASHTRA	16:56.41
5	BUSHRA KHAN GAURI	346	26/07/04	MADHYA PRADESH	17:20.47
6	CHANDRA KALA SHARMA	531	28/12/05	SIKKIM	17:25.94
7	SONAM PARMAR	355	20/08/06	MADHYA PRADESH	18:18.30
8	TSUCHOI T	415	28/09/99	NAGALAND	18:37.06
	LILI DAS	736	03/18/98	WEST BENGAL	DNS
	SUNITA DEVI	662	12/04/05	UTTAR PRADESH	DNF
	KIRAN .	181	04/01/01	HARYANA	DNS
	SHRADDHA KATHIRIYA	162	20/12/01	GUJARAT	DNF
	SONAM .	140	18/12/04	DELHI	DNF

Event # 28 WOMENS 10000m Run**& NATIONAL RECORD:P.SREEDHARAN KERALA 31:50.47 2010****% GAMES RECORD:OP JAISHA KERALA 33:08.55 2015**

1	SANJIVANI JADHAV	388	12/07/96	MAHARASHTRA	33:33.47
2	ANKITA .	691	05/02/02	UTTARAKHAND	34:31.03
3	SONIYA .	708	25/07/00	UTTARAKHAND	35:45.19
4	KAVITA YADAV	645	08/11/98	UTTAR PRADESH	35:53.65
5	JYOTI .	177	09/02/03	HARYANA	36:01.87
6	REEBA ANNA GEORGE	304	07/08/96	KERALA	37:34.73
7	SVATI PAL	124	16/07/04	CHANDIGARH	38:22.89
8	SUCHIKA .	502	02/02/02	RAJASTHAN	38:28.66
	AMRITA PATEL	641	03/08/01	UTTAR PRADESH	DNS
	LATIKA TALWAR	494	01/12/04	RAJASTHAN	DNS
	SONIKA .	202	06/12/99	HARYANA	DNS

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Athletics**Event # 29 WOMENS 100m Hurdles**

& NATIONAL RECORD: JYOTHI YARRAJI AP 12.78 2023

% GAMES RECORD: JYOTHI YARRAJI AP 13.22 2023

RESULTS OF FINALS

1	JYOTHI YARRAJI	106	08/28/99	ANDHRA PRADESH	+0.5m/s n	13.10 %
2	MOUMITA MONDAL	737	12/09/01	WEST BENGAL	+0.5m/s n	13.36
3	NITHYA RAMRAJ	597	20/09/98	TAMIL NADU	+0.5m/s n	13.60
4	PRAGYAN PRASANT SAHU	422	12/19/99	ODISHA	+0.5m/s n	13.63
5	NANDHINI KONGAN	596	13/07/99	TAMIL NADU	+0.5m/s n	14.20
6	SABITA TOPPO	423	06/04/05	ODISHA	+0.5m/s n	14.31
7	ALIZA AFTAB MULLA	373	28/02/06	MAHARASHTRA	+0.5m/s n	14.37
8	KANIMOZHI C	593	08/11/97	TAMIL NADU	+0.5m/s n	14.52

Event # 30 WOMENS 400m Hurdles

& NATIONAL RECORD: V RAMRAJ TAMILNADU 55.42 2023

% GAMES RECORD: VITHYA RAMRAJ TAMILNADU 56.57 2022

RESULTS OF FINALS

1	VITHYA RAMRAJ	602	20/09/98	TAMIL NADU		58.11
2	SHREEVARTHANI S K	601	18/04/05	TAMIL NADU		59.86
3	NEHA DHABALE	381	06/08/03	MAHARASHTRA		1:00.52
4	PRAJNA K	269	25/07/01	KARNATAKA		1:00.61
5	DEEKSHITA RAMAK GOW	262	04/28/03	KARNATAKA		1:00.86
6	ANU RAGHAVAN	292	20/04/93	KERALA		1:00.90
7	DELNA PHILIP	295	17/05/01	KERALA		1:03.91
8	ANUSHKA DATTATRAY	374	04/05/05	MAHARASHTRA		1:04.99

Event # 31 WOMENS 3000m Steeplechase

& NATIONAL RECORD: PARUL CHAUDHARY UP 9:15.31 2023

% GAMES RECORD: L.BABAR MAHARASHTRA 9:42.63 2015

1	ANKITA .	691	05/02/02	UTTARAKHAND		9:53.63
2	MANJU YADAV	352	20/12/02	MADHYA PRADESH		10:15.70
3	REBI PAL	656	12/12/01	UTTAR PRADESH		10:37.15
4	KOMAL JAGADALE	379	26/01/99	MAHARASHTRA		10:47.35
5	RIYA DOHATARE	386	11/12/01	MAHARASHTRA		10:49.40
6	VANDANA MORI	163	31/08/02	GUJARAT		10:59.30
7	MANJU CHOUDHARI	495	13/12/05	RAJASTHAN		11:20.69
8	MANEESHA .	351	04/12/01	MADHYA PRADESH		11:29.57
9	EKTA DEY	348	09/21/05	MADHYA PRADESH		11:57.22
	PARUL CHAUDHARY	652	04/15/95	UTTAR PRADESH		DNS
	BABLI VERMA	643	25/09/02	UTTAR PRADESH		DNS
	BHAGWATI DEORA	490	17/06/03	RAJASTHAN		DNS
	SUSMITA TIGGA	425	25/12/03	ODISHA		DNF
	PRITI LAMBA	195	18/12/95	HARYANA		DNS
	SONAM .	140	18/12/04	DELHI		DNF

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Athletics**Event # 32 WOMENS High Jump****HEIGHTS: 1.55, 1.60, 1.65, 1.68, 1.71, 1.74, 1.77, 1.79, 1.81, 1.84, 1.87, 1.91****& NATIONAL RECORD: S.KUMARI KARNATAKA 1.92 2012****% GAMES RECORD: SWAPNA BARMAN WB 1.83 2022**

1	POOJA ...	191	21/02/07	HARYANA	1.84m %
	---	---	O	---	XO O O O O O XXX
2	GOBIKA K	592	06/08/02	TAMIL NADU	1.79m
	---	---	---	---	XO XO XO O XXX
3	ABHINAYA S SHETTY	258	16/06/99	KARNATAKA	1.77m
	---	---	O	O O O O XXX	
3	REKHA .	197	24/01/99	HARYANA	1.77m
	---	---	---	O O O O XXX	
5	KHYATI MATHUR	646	02/09/03	UTTAR PRADESH	1.77m
	---	---	XO	O O O O XXX	
6	ATHIRA SOMARAJ	293	26/10/98	KERALA	1.77m
	O O O O XO	O XXO XXX			
7	PRACHI .	193	02/04/07	HARYANA	1.74m
	O O O O O O	XXX			
8	MANSHI .	647	03/09/02	UTTAR PRADESH	1.71m
	---	---	O O O XXX		
9	PAYAL JAMOD	160	21/12/03	GUJARAT	1.71m
	O O O XO	O XXX			
10	PALLAVI S PATIL	267	12/09/02	KARNATAKA	1.71m
	---	O O XXO	O XXX		
11	POOJA RAWAT	704	01/01/03	UTTARAKHAND	1.60m
	XO O XXX				
	ANGEL P DEVASIA	289	06/02/94	KERALA	DNS
	DNS				

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Athletics**Event # 33 WOMENS Pole Vault****HEIGHTS: 2.90, 3.10, 3.30, 3.40, 3.50, 3.60, 3.70, 3.75, 3.80, 3.85, 3.90, 3.95, 4.00, 4.05, 4.10, 4.15, 4.20, 4.25****& NATIONAL RECORD: ROSY MEENA P TAMILNADU 4.21 2022****% GAMES RECORD: R. PAULRAJ TAMILNADU 4.20 2022**

1	PAVITHRA VENKATESH	598	08/12/01	TAMIL NADU	3.95m
	---	---	---	XX- O --- XXX	
2	BARANICA ELANGO VAN	588	03/02/97	TAMIL NADU	3.90m
	---	---	---	O --- O --- XXX	
3	MARIYA JAISON	300	23/09/97	KERALA	3.90m
	---	---	---	O O O --- O --- XO --- XX- X	
4	VANSHIKA GHANGHAS	209	08/10/05	HARYANA	3.80m
	---	---	---	O O --- O --- XXX	
5	KRISHNA RACHAN	298	24/05/94	KERALA	3.80m
	---	---	---	O --- XO --- XXX	
6	SINDHUSHREE G	273	23/10/00	KARNATAKA	3.70m
	---	---	---	O O --- XXX	
7	BABITA PATEL	344	12/08/00	MADHYA PRADESH	3.50m
	---	---	---	O O XXO XXX	
8	NITIKA AKARE	354	31/12/05	MADHYA PRADESH	3.40m
	---	---	---	O XXX	
9	BHAVYA JAIN	345	23/03/05	MADHYA PRADESH	3.40m
	---	---	---	XXO XXO O XXX	
10	ROSY MEENA PAULRAJ	600	28/10/97	TAMIL NADU	3.10m
	---	---	---	O XXX	
	NIDHI .	187	20/02/04	HARYANA	NM
	---	---	---	X-- XX	

Event # 34 WOMENS Long Jump**& NATIONAL RECORD: ANJU B GEORGE KERALA 6.83 2004****% GAMES RECORD: ANJU B GEORGE TAMILNADU 6.61 2001**

1	MOUMITA MONDAL	737	12/09/01	WEST BENGAL	+0.2m/s	6.21m
	5.96, -, 6.00, 6.06, 6.21, 5.89					
2	SANDRA BABU	307	03/07/01	KERALA	+1.4m/s	6.12m
	F, F, 6.12, F, 1.71, 1.74					
3	DEEPANSHI SINGH	644	03/04/01	UTTAR PRADESH	+2.1m/s	6.11m
	5.91, 5.70, F, 6.11, 6.02, F					
4	AMBRIKA NARZARY	117	14/01/02	ASSAM	+0.5m/s	6.03m
	F, 5.64, 5.87, 5.87, F, 6.03					
5	SINCHANA M S	272	28/02/03	KARNATAKA	+1.3m/s	5.96m
	5.82, F, 5.55, 5.96, 5.72, 5.62					
6	PUNITHA R	599	13/04/00	TAMIL NADU	+1.3m/s	5.83m
	5.75, 1.92, 5.34, 5.63, 5.81, 5.83					
7	BHAGWATI BISHT	692	02/12/03	UTTARAKHAND	+1.8m/s	5.26m
	F, F, F, 5.18, 5.26, F					
	BABISHA P	587	12/26/01	TAMIL NADU		DNS
	ANCY SOJANE	533	03/01/01	SSCB		DNS

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Athletics**Event # 35 WOMENS Triple Jump****& NATIONAL RECORD:MAYOOKHA JOHNY KERALA 14.11 2011****% GAMES RECORD:ANJU B GEORGE TAMILNADU 13.67 2002**

1	NIHARIKA VASHISHT	454	17/10/95	PUNJAB	+0.4m/s	13.37m
	13.06, 13.17, F, 13.37, F, 12.87					
2	SHEENA N V	308	22/11/92	KERALA	+1.2m/s	13.19m
	13.03, 12.97, 12.73, F, 13.18, 13.19					
3	SANDRA BABU	307	03/07/01	KERALA	+0.7m/s	13.12m
	12.84, F, F, 13.12, 12.32, -					
4	POORVA SAWANT	383	23/01/03	MAHARASHTRA	+0.9m/s	13.06m
	12.99, F, F, 13.06, 12.69, F					
5	MALLALA ANUSHA	110	07/10/02	ANDHRA PRADESH	+3.1m/s	12.99m
	12.52, 12.99, 12.71, 12.39, 12.50, 12.66					
6	PAVITHRA G	268	10/03/00	KARNATAKA	+0.4m/s	12.86m
	12.70, 12.86, 12.62, 12.76, 12.59, 12.47					
7	MERYMUKTA SORENG	421	01/11/04	ODISHA	+1.0m/s	11.59m
	F, 11.59, -, -, -, -					
	SONAM KM	661	15/05/98	UTTAR PRADESH		DNS
	DNS					
	AISHWARYA R	585	03/01/00	TAMIL NADU		DNS
	DNS					
	GAYATHRY SIVAKUMAR	296	26/02/01	KERALA		DNS
	-, -, -, -, -, -					

Event # 36 WOMENS Shot Put**& NATIONAL RECORD:A.KHATUA MAHARASHTRA 18.41 2024****% GAMES RECORD:KIRAN BALIYAN UP 17.14 2022**

1	JASMINE KAUR	449	15/09/03	PUNJAB		15.97m
	15.23, 15.17, 15.76, 15.78, 15.63, 15.97					
2	VIDHI .	664	27/12/04	UTTAR PRADESH		15.46m
	15.01, 15.05, 14.82, 15.46, 15.43, 15.27					
3	SRISHTI VIG	141	15/07/95	DELHI		15.46m
	14.50, 14.80, 15.46, 14.47, 15.05, F					
4	KACHNAR CHAUDHARY	491	17/05/99	RAJASTHAN		15.43m
	F, 14.98, F, 15.43, F, F					
5	SHIKSHA .	201	12/12/02	HARYANA		15.22m
	14.49, 14.71, 14.76, 14.71, 14.85, 15.22					
6	AMBIKA V	259	13/04/00	KARNATAKA		14.86m
	14.86, F, 14.68, 14.65, F, F					
7	SIMRANJEET KAUR	139	26/01/03	DELHI		14.53m
	13.76, 14.53, 14.37, F, 14.15, 14.18					
8	KAVITA KUMARI	492	10/01/02	RAJASTHAN		13.40m
	12.13, 13.09, 13.00, 12.86, 12.89, 13.40					
9	ANJALI .	170	08/02/03	HARYANA		12.82m
	12.82, 12.74, F					
10	VARADHI SACHDEVA	710	03/01/05	UTTARAKHAND		11.00m
	10.56, 11.00, 10.93					

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Athletics**Event # 37 WOMENS Discus Throw****& NATIONAL RECORD: K. KAUR PUNJAB 66.59 2021****% GAMES RECORD: HARWANT KAUR PUNJAB 55.45 2001**

1	SEEMA .	200	25/02/99	HARYANA	52.70m
	52.58, F, F, 52.70, 51.14, 52.62				
2	BHAVANA YADAV	131	09/04/99	DELHI	51.82m
	48.65, 46.85, 47.78, 51.82, F, F				
3	AMANAT KAMBOJ	443	18/11/07	PUNJAB	49.94m
	45.74, F, 49.41, 49.94, F, F				
4	MUKESH KUMARI	497	01/01/97	RAJASTHAN	49.60m
	48.49, 49.60, 48.55, F, 47.79, F				
5	SANYA YADAV	199	09/08/03	HARYANA	49.49m
	48.72, 47.14, F, F, 49.49, 49.02				
6	NEETIKA VERMA	650	03/04/01	UTTAR PRADESH	48.28m
	F, 47.64, 46.47, F, 48.28, 45.24				
7	NIDHI RANI	188	03/01/97	HARYANA	48.15m
	45.35, 47.56, 48.15, 46.38, 47.97, 46.70				
8	NIKITA KUMARI	500	26/07/06	RAJASTHAN	46.32m
	44.34, F, F, F, F, 46.32				
	NEETU KUMARI	499	01/02/04	RAJASTHAN	DNS
	GURVEER KAUR	447	19/10/95	PUNJAB	NM
	F, F, F				

Event # 38 WOMENS Hammer Throw**& NATIONAL RECORD: SARITA SINGH UP 65.25 2017****% GAMES RECORD: TANYA CHAUDHARY UP 62.47 2023**

1	ANUSHKA YADAV	642	04/05/08	UTTAR PRADESH	62.89m %
	F, 57.23, 59.73, F, 57.85, 62.89				
2	TANYA CHAUDHARY	663	21/09/03	UTTAR PRADESH	59.74m
	F, 50.96, 53.22, 58.43, 57.58, 59.74				
3	NANDNI .	649	02/05/08	UTTAR PRADESH	58.89m
	56.81, 54.09, 56.39, 56.86, 58.89, 58.58				
4	KULVINDER KAUR	493	15/02/98	RAJASTHAN	57.05m
	F, 51.69, 55.27, 55.15, F, 57.05				
5	DIVYA SHANDILYA	419	05/07/98	ODISHA	57.03m
	F, 55.49, 55.97, 57.03, 56.13, 53.98				
6	ANMOL KAUR	445	04/01/92	PUNJAB	55.43m
	F, 52.16, 53.22, F, 55.14, 55.43				
7	MANPREET KAUR	453	19/08/98	PUNJAB	55.23m
	52.16, F, 53.99, 53.98, 55.23, F				
8	VARSHA .	142	07/02/99	DELHI	53.32m
	52.02, 50.10, F, 50.77, 53.32, 47.90				
9	MAYA .	496	20/02/01	RAJASTHAN	50.32m
	F, 50.32, F				
10	SARABJIT KAUR	460	12/04/84	PUNJAB	49.51m
	48.05, F, 49.51				
11	REKHA ARYA	705	30/12/97	UTTARAKHAND	41.58m
	41.58, F, 41.13				

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Athletics**Event # 39 WOMENS Javelin Throw****& NATIONAL RECORD: ANNU RANI UP 63.82 2022****% GAMES RECORD: SUMAN DEVI UP 56.53 2015**

1	JYOTI RAKESH	180	01/04/02	HARYANA	55.55m
	49.71, 55.55, F, 53.52, 55.43, 53.38				
2	KARISHMA S SANIL	264	04/06/00	KARNATAKA	55.55m
	55.55, 54.80, 51.78, 51.40, 52.38, 49.24				
3	RAMYASHREE JAIN	270	18/11/04	KARNATAKA	54.85m
	47.13, 54.83, 54.85, F, 47.29, 52.25				
4	DEEPIKA .	174	21/11/05	HARYANA	48.87m
	F, 47.70, 48.87, 43.04, 47.08, 46.02				
5	UMA CHOUDHARY	505	04/10/99	RAJASTHAN	48.58m
	45.32, 48.58, F, 44.73, 47.56, 46.41				
6	ANJANI KUMARI	120	01/01/00	BIHAR	48.55m
	47.21, 43.23, 47.99, 46.65, 45.09, 48.55				
7	RASHMI K	111	24/11/93	ANDHRA PRADESH	46.19m
	46.19, F, -, -, -, -				
8	SALONI .	659	11/12/98	UTTAR PRADESH	45.29m
	F, 42.55, 44.58, 45.29, 44.74, 43.42				
9	POONAM .	192	22/04/07	HARYANA	43.50m
	39.05, 43.50, 39.11				
	SHAKSHI SHARMA	660	02/09/02	UTTAR PRADESH	DNS

Event # 40 WOMENS 10Km Race Walk**& NATIONAL RECORD: P.GOSWAMI UP 43:38.83 2022****% GAMES RECORD: Y BALA DEVI MANIPUR 51:56.00 1999**

1	RAVINA .	196	21/05/97	HARYANA	45:52.00 %
2	SHALINI .	707	08/10/02	UTTARAKHAND	46:12.00 %
3	MUNITA PRAJAPATI	648	15/01/02	UTTAR PRADESH	46:23.00 %
4	MOKAVI MUTHURATHINA	595	07/09/02	TAMIL NADU	47:12.00 %
5	PAYAL .	703	05/05/99	UTTARAKHAND	47:36.00 %
6	RESHMA PATEL	657	15/09/04	UTTAR PRADESH	48:16.00 %
7	MANSI NEGI	701	03/05/03	UTTARAKHAND	48:32.00 %
8	SEJAL SINGH	389	12/08/03	MAHARASHTRA	49:33.00 %
9	MONIKA .	184	17/01/02	HARYANA	51:45.00 %
	PRIYANKA GOSWAMI	654	10/03/96	UTTAR PRADESH	DNS
	POOJA KUMAWAT	501	02/12/99	RAJASTHAN	DNF
	MUFEEDA MM	342	04/10/06	LAKSHADWEEP	DNF

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Athletics**Event # 41 WOMENS 4x100m Relay****& NATIONAL RECORD:NATIONAL TEAM T 43.37 2021****% GAMES RECORD:KERALA TEAM 45.26 2015**

1	KARNATAKA A			KARNATAKA		45.99
	265 KEERTHANA S	24-09-2002		266 N CORNELIO	02-02-2005	
	285 JYOTHIKA .	29-09-2002		274 UNNATHI AIYAPPA	06-05-2005	
2	KERALA B			KERALA		47.04
	312 SREENA NARAYANAN	17-02-2005		294 BHAVIKA V S	12-08-2002	
	299 MAHITHAMOL AL	29-03-2001		301 MEGHA S	05-05-2005	
3	TELANGANA G			TELANGANA		47.58
	637 NITHYA GANDHE	10-11-1999		634 M AKUMADUPULA	07-02-2004	
	635 MALOTH SINDHU	19-02-2006		633 AGASARA NANDINI	08-07-2003	
4	MADHYA PRADESH C			MADHYA PRADESH		47.61
	350 MADHUMITA DEB	04-01-2002		356 TWINKLE PUNDIR	10-12-1992	
	349 INDU PRASAD	07-05-1992		358 VIJAYA KUMARI	15-04-1999	
	UTTARAKHAND H			UTTARAKHAND		DQ
					TR 24.19	
	696 JASKIRAN .	29-06-2007		700 KSHITI KUMAR	06-01-2006	
	706 SANJEEVNI RAWAT	07-11-2009		698 KANISHKA MANCHAN	23-10-2005	
	TAMIL NADU F			TAMIL NADU		DQ
					TR 24.19	
	597 NITHYA RAMRAJ	20-09-1998		626 KIRUTHIKA .	27-02-2004	
	596 NANDHINI KONGAN	13-07-1999		591 GIRIDHARANI R	07-07-2001	
	ODISHA E			ODISHA		DQ
					TR 24.7	
	424 SRABANI NANDA	07-05-1991		418 BONITA LAKRA	11-09-1994	
	417 BINATI BEHERA	05-05-1999		422 P SAHU	19-12-1999	
	MAHARASHTRA D			MAHARASHTRA		DNF
	377 GAURAVI NAIK	16-02-2006		391 TRISHA NAIR	10-01-2005	
	378 ISHA RAMTEKE	17-03-2006		390 SUDESHNA SHIVANKA	09-09-2003	

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Athletics

Event # 42 WOMENS 4x400m Relay

& NATIONAL RECORD:NATIONAL TEAM T 3:26.89 2004

% GAMES RECORD:TAMILNADU TEAM 3:35.32 2022

1	PUNJAB F			PUNJAB			3:41.77
	457	RAMNDEEP KAUR	24-06-1989	461	TWINKLE CHAUDHAR	17-10-1995	
	451	KIRANPAL KAUR	02-05-1992	458	RASHDEEP KAUR	01-02-2002	
2	KARNATAKA D			KARNATAKA			3:43.89
	262	D GOWDA	28-04-2003	260	ARPITHA E B	22-07-2001	
	285	JYOTHIKA .	29-09-2002	269	PRAJNA K	25-07-2001	
3	HARYANA C			HARYANA			3:45.83
	206	TAMANNA ...	15-05-2006	172	ASHA .	13-10-2005	
	175	DRISHTI .	15-07-2006	183	MANISHA .	24-05-2002	
4	KERALA E			KERALA			3:48.57
	288	ANASWARA K	23-02-2000	305	RESHMA G	09-05-2001	
	302	NIVEDYA J S	24-05-2006	287	ABHIRAMI P V	12-05-2006	
5	DELHI B			DELHI			4:00.84
	134	HARSHITA GOSWAMI	08-06-2006	140	SONAM .	18-12-2004	
	133	HARSHIKA .	22-11-2005	130	ASTHA MALLICK	21-07-2005	
6	UTTARAKHAND H			UTTARAKH			4:12.03
	709	TANISHA BHATT	22-12-2006	693		25-03-2006	
	699	KOMAL BISHT	27-06-2008	690		01-04-2002	
	TAMIL NADU G			TAMIL NAD			DQ
						TR 17.2.3	
	590	DHIVYA J	31-01-1998	624		20-06-2006	
	601	SHREEVARTHANI S K	18-04-2005	602		20-09-1998	
	ANDHRA PRADESH A			ANDHRA PF			DQ
						TR 24.20	
	113	SWATHI RONGALI	07-08-2000	110		07-10-2002	
	112	SIREESHA M	06-05-2003	106		28-08-1999	

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Athletics

Event # 43 WOMENS Heptathlon

GAMES RECORD: JJ SHOBHA AP 5888 2002

NATIONAL RECORD: JJ SHOBHA AP 6211 2004

Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	Day One	Long Jump	Javelin Throw	800m Run	Day Two
1 Agasara Nandini (633) TELANGANA	5601	13.76 1013	1.60 736	13.12 735	24.61 923	3407	6.06 868	32.79 530	2:22.05 796	2194
2 Pooja .. (190) HARYANA	4999	15.29 804	1.63 771	11.35 618	26.66 740	2933	5.41 674	41.83 702	2:30.21 690	2066
3 Deepika S (589) TAMIL NADU	4939	15.06 834	1.60 736	10.57 567	25.81 814	2951	5.73 768	30.81 492	2:27.25 728	1988
4 Tanushree . (503) RAJASTHAN	4748	15.29 804	1.66 806	9.49 496	26.85 724	2830	5.24 626	36.66 603	2:30.30 689	1918
5 NEETA KUMARI (742) RAJASTHAN	4623	15.40 790	1.60 736	9.83 518	26.66 740	2784	5.02 565	33.42 542	2:26.88 732	1839
6 Bidisha Kundu (735) WEST BENGAL	4455	15.00 842	1.63 771	8.59 438	25.40 850	2901	5.03 567	24.56 374	2:36.55 613	1554
7 JASKIRAN . (696) UTTARAKHAND	3714	15.74 746	1.33 439	8.08 405	27.17 698	2288	4.68 474	21.98 326	2:35.49 626	1426
8 Nishi Kumari (121) BIHAR	3600	15.45 783	1.54 666	10.20 543	DQ 0	1992	5.43 680	29.09 459	2:49.50 469	1608
Sonu Kumari (203) HARYANA		DNF 0	1.30 409	DNS 0	DNS 0	409	DNS 0	DNS 0	DNS 0	

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Athletics

Event # 43 WOMENS Heptathlon

GAMES RECORD: JJ SHOBHA AP 5888 2002

NATIONAL RECORD: JJ SHOBHA AP 6211 2004

Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	Day One	Long Jump	Javelin Throw	800m Run	Day Two
Tanu . (207) HARYANA		DNF	1.30	DNS	DNS	409	DNS	DNS	DNS	
		0	409	0	0		0	0	0	

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Athletics

Event # 51 MENS Decathlon

GAMES RECORD: T.SHANKAR DELH 7199 2023

NATIONAL RECORD: T.SHANKAR DELH 7666 2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	Thowfeeq N KERALA	#	11.37	7.09	11.44	1.87	49.90		15.20	35.52	4.20	53.90	5:10.04	
	1 338 6915		780	835	572	687	819	3693	825	574	673	647	503	3222
2	Yaman Deep Sharma RAJASTHAN	#	11.46	6.53	11.54	1.93	51.71		15.61	36.93	4.50	55.36	5:10.06	
	2 530 6831		761	704	579	740	737	3521	777	602	760	668	503	3310
3	Rohit Roman Andhra Pradesh	#	11.60	6.65	11.83	1.84	51.25		15.61	35.88	4.20	56.89	5:01.30	
	3 114 6753		732	732	596	661	758	3479	777	581	673	691	552	3274
4	Gokul K R SSCB	#	11.45	6.60	11.43	1.81	52.66		16.45	35.21	4.20	41.34	5:14.00	
	4 543 6255		763	720	572	636	696	3387	683	568	673	462	482	2868
5	Kamal Dhankhar HARYANA	#	12.11	6.01	12.00	1.87	52.22		16.42	36.43	3.80	54.67	5:10.95	
	5 227 6222		629	589	606	687	715	3226	686	592	562	658	498	2996
6	Kamal Singh UTTAR PRADESH	#	12.05	6.39	11.76	1.81	53.75		16.81	36.73	4.00	53.13	5:21.78	
	6 672 6127		641	673	592	636	650	3192	644	598	617	635	441	2935
7	Jashbir Nayak ODISHA	#	11.56	6.61	11.40	1.87	DQ		15.81	37.89	4.10	59.55	4:57.73	
	7 436 6045		740	723	570	687	0	2720	754	622	645	731	573	3325
	Kushal Kumar Mohite SSCB	#	11.22	6.45	11.41	1.87	49.46		14.49	33.08	3.30	58.12	DNS	
	999 551 0		812	686	571	687	840	3596	912	525	431	710	0	2578
	Navjor Singh PUNJAB	#	12.38	5.41	10.20	DNS	DNS		DNS	DNS	DNS	DNS	DNS	
	999 481 0		578	463	498	0	0	1539	0	0	0	0	0	
	Stalin Joes S SSCB	#	DNF	DNS	NM	DNS	DNS		DNS	DNS	DNS	DNS	DNS	
	999 575 0		0	0	0	0	0		0	0	0	0	0	

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Athletics

Event # 51 MENS Decathlon

GAMES RECORD: T.SHANKAR DELH 7199 2023

NATIONAL RECORD: T.SHANKAR DELH 7666 2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	Logesh Kumar A S	#	12.02	4.35	12.37	DNS	DNS		DNS	DNS	DNS	DNS	DNS	
	TAMIL NADU							1540						
999	612	0	647	264	629	0	0		0	0	0	0	0	

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Athletics

Event # 62 MIXED 4x400m Mix Gender Rel RELAY

NATIONAL RECORD:NATIONAL TEAM 3:12.87 2024

% GAMES RECORD:HARYANA TEAM 3:19.29 2022

1	KERALA B			KERALA			3:25.35
	314	MANU T S	17-10-2001	311	SNEHA K	19-05-1999	
	324	BEJOY J	23-03-2006	291	ANSA BABU	09-04-1998	
2	MAHARASHTRA C			MAHARASHTRA			3:25.66
	405	SHYAMRAO	09-09-1992	380	MANSI BHAREKAR	28-01-2008	
	401	NIKHIL DHAKE	04-11-2005	372	AISHWARYA MISHRA	16-08-1997	
3	PUNJAB D			PUNJAB			3:26.35
	477	LOVEPREET SINGH	28-07-2003	461	TWINKLE CHAUDHARY	17-10-1995	
	474	JAGMEET SINGH	28-12-1996	451	KIRANPAL KAUR	02-05-1992	
4	HARYANA A			HARYANA			3:30.26
	212	DEEPAK ..	23-12-2002	175	DRISHTI .	15-07-2006	
	245	VIKRANT PANCHAL	30-01-2000	183	MANISHA .	24-05-2002	
	UTTARAKHAND H			UTTARAKHAND			DQ
						TR-24.20	
	733	VISHU .	02-02-2006	709	TANISHA BHATT	22-12-2006	
	730	SUNNY YADAV	06-07-2004	694	GOURI KOTIYAL	01-07-2001	
	UTTAR PRADESH G			UTTAR PRADESH			DNS
	TAMIL NADU F			TAMIL NADU		TR-24.20	DQ
	631	RAGUL BALAJI	25-01-2003	624	DHESIKA .	20-06-2006	
	628	ASWIN KRISHNA	09-10-2001	602	VITHYA RAMRAJ	20-09-1998	
	RAJASTHAN E			RAJASTHAN			DQ
						TR-24.20	
	518	RAHUL GITHALA	31-10-2003	526	USHA .	25-09-2004	
	511	GAJENDRA SINGH	24-03-2007	519	RAMA TANWAR	08-07-2003	